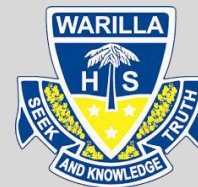


Warilla High School Newsletter

Kalori



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9 June 2014

Issue 2 – Term 2 – Week 7

Principal's Message

It is with much pleasure that I am able to advise you that Mr Ron Ashby had a significant honour bestowed on him last month when he was awarded Life Membership of the NSW Combined High Schools Rugby Union Association. Ron has been an integral part of school boy rugby for well over 2 decades and has helped with the coaching and management of a range of teams. This is a fitting recognition for a very humble person who selflessly promotes others at every opportunity. Congratulations, Ron!

While on a sporting theme, our Open Boys Soccer team have made the final 16 of the state and are being prepared by Head Coach Barry Jones for the "business end" of the season. Given the hype around the World Cup in Brazil, I hope the same intensity, passion and sense of fair play is clearly evident in the games ahead for this team. They have done exceedingly well to make it this far in the competition and I am sure we will all be willing them towards the state trophy.

The June P&C Meeting will see our Careers Transition and Advisory Team provide an insight into the comprehensive manner in which we prepare students for their transition into the senior school, University, TAFE, the world of work and combinations thereof. **I am sure you will be very impressed with the breadth and scope of this teams work and I would ask you to aside time on Tuesday 10 June at 7pm to come along and hear the presentation.**

All staff are in the process of writing reports for semester 1 to provide you with a comprehensive overview of your child's progress and to inform those parent/teacher meetings that will occur later in the year. I would urge you to take the time to comprehensively look at your child's report to ascertain any areas for improvement and the type of support that can be provided from home to complement the structures we have in place here at school. I am certain our combined efforts will ensure learning outcomes are met and that quality results are the norm.

The Department has instituted a new school planning process for 2015-2017. This represents an exciting opportunity under the Government's *Local Schools Local Decisions* policy to develop plans that are contextually relevant to our situation and to establish key measurements to gauge our success as well as assign priorities and personnel to secure the positive outcomes we seek. At this stage, there are several goals in our sights, including:

- Literacy and Numeracy
- Aboriginal Education
- Differentiated Curriculum Options
- Student Well-Being and Engagement
- Organizational Effectiveness

I look forward to involving the entire school community in the formulation of a plan that will take us deeper into a 21st century learning context.

Finally, I would like to thank you for your support of our zero tolerance policy with regard to violence. As you are aware, we have taken a very strong stand on this issue and your support of a school environment that promotes conflict resolution which is non-aggressive is very much appreciated.

With my kind regards
John Hambly

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Deputies Report

Thought we would write something a bit different for this newsletter... here are some thoughts that might inspire a worthwhile conversation at home.

Raising children that thrive with confidence is not always an easy task. Resilience is a modern parenting concept that we all need to understand, as it is a quality that can empower young people to cope for the rest of their lives with the setbacks they may encounter.

Some children are more resilient by nature – their temperament helps them to be mentally tough. They are the ones who get straight back up after a set back or disappointment. Rejection may hurt initially, but it doesn't destroy them. The reassuring thing is that research indicates that resilience can be nurtured and developed.

From a resilience perspective, parents can coach their children through some of their challenging moments and review what they may have learned for the next time. These quiet chats help children to understand what happened and be quite confident in them when they "get it right".

You can promote a lasting sense of resilience in your children by;

1. Having a positive attitude yourself. Your attitude as a parent impacts on their ability to bounce back from some of the difficulties they may face. Make sure you model a "you can do it" for your children when they meet some of life's curve balls.
2. Look for teachable moments. Many kids' learning opportunities are disguised as problems. Make the most of these opportunities so that your child can grow and learn from some of the challenges they face.
3. Make your children active participants in the family. Active participation in a family develops the self-help, problem-solving and independence skills of children, which are necessary for resilience.
4. Build your child's coping skills. There are plenty of strategies you can pass on to your children to help them cope when life doesn't go their way, including acceptance and a healthy sense of humour.

Promoting resilience in children is not a single event, but a continuous process that requires the adults in their lives to be supportive. Have faith in yourself as a parent or carer and in your child's developing ability to cope.... Hope this leads to some great conversations and warm moments in your home!!!!

Deputy Principals
Mr Stanizzo & Ms Brook

NSW Combined High Schools open Rugby League representation

Matthew Jurd of year 12 was selected in the NSW CHS Open Rugby League Team which will compete in a tournament in Darwin after which an Australian Schoolboys touring side will be selected. It is a real honour for Mat to have been selected in this side and I know he will give the National Selectors something to think about when deliberations about the national team are made. In the past, many of the icons of the NRL have used this team as a stepping stone to scale the heights of what is arguably the toughest game of all. These include Craig Young, Steve Morris, Royce Ayliffe, Brian Johnston, Les Boyd..... and the list goes on. For those of you who have had the opportunity to speak with Mat, you will have found a very humble, unassuming young man. We wish him all the very best!

Reforms to P&C Federation

The NSW Parliament has introduced legislation to reform the NSW Federation of Parent and Citizens Associations, which has suspended operation pending Supreme Court action. While these reforms will not affect the day-to-day operation of individual school P&Cs, they will introduce a new executive structure which will ensure the Federation operates as a modern and representative body on behalf of school P&C Associations.

Each school's P&C Association will be asked to vote for councillors and delegates who will represent their electorate at the Federation's Annual General Meeting and councillors who will serve on the Federation's Board of Management. More information will be available on the Department's website at <http://www.schools.nsw.edu.au/gotoschool/a-z/involvement.php>

Coming Events

Week 7A

9 June	<ul style="list-style-type: none"> Public Holiday
10 June	<ul style="list-style-type: none"> P & C Meeting Senior Science Yr 12 excursion to Wollongong Uni.
11 June	<ul style="list-style-type: none"> Senior Science Yr 11 excursion to Mt Annan Botanical Gardens. Yr 11 reports issued.
13 June	<ul style="list-style-type: none"> Yr 12 Good Reports Morning Tea. Vinnies Winter Sleep Out.

Week 8B

17 June	<ul style="list-style-type: none"> Yrs 11 & 12 Parent Teacher Evening.
18 June	<ul style="list-style-type: none"> WHS White Card Training Yrs 10-12
20 June	<ul style="list-style-type: none"> Gold Award Assembly. Yr 12 Advanced Maths Excursion to UOW Maths Day.

Week 9A

23–27 June	<ul style="list-style-type: none"> NAIDOC WEEK
26 June	<ul style="list-style-type: none"> Yr 11 Good Reports Morning Tea.
27 June	<ul style="list-style-type: none"> Yr 7 – 10 Reports issued. Luna Park Reward Day – Gold Pass Students.

Week 1A

14 July	<ul style="list-style-type: none"> STAFF DEVELOPMENT DAY
16 July	<ul style="list-style-type: none"> Subject Selection Yr 10 into 11. Parent Information Evening.

Week 2B

21 July	<ul style="list-style-type: none"> Study Skills Workshop.
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Year 11 2015

Information regarding subject selections for current Yr10 students entering Yr11 in 2015.

Date	Event
Tuesday 24th June	<ul style="list-style-type: none"> *Students will participate in subject talks from Head Teachers, where they will be informed of subjects available and course information. *Students will be provided with a subject selection booklet to allow families to read through information over the holidays.
Wednesday 16th July	<ul style="list-style-type: none"> *Parent information session 7pm. This evening will cover HSC requirements and options for students.
Monday 21st July – Friday 25th July	<ul style="list-style-type: none"> *All year 10 students will be individually interviewed about subject preferences and future pathways. They will be interviewed by Careers Advisors Mrs Hicks and Mr Harrison.
Monday 28th July	<ul style="list-style-type: none"> *Subject selections will open online.
Monday 4th August	<ul style="list-style-type: none"> *Online selections close

Any further information please contact;

Mrs Fallo-Cranney

Head Teacher Teaching & Learning

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Make Online Payments

From late July it will be possible for parents to make online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac. Payments can be made using either a Visa or MasterCard credit or debit card. The payment page is accessed from the front page of the schools website by selecting [\\$ Make a payment](#)

Items that can be paid include voluntary school contributions, subject contributions, excursions, sales to students and creative and practical arts activities (these include band, drama and dance). There is also a category called "Other" this to cover items not covered in the previous headings, "Other" can be used to make a complete payment of a school invoice.

When you access the [\\$ Make a payment](#) you must enter:

- the students name, and
- class and reference number OR
- the students name, and
- date of birth.

These details are entered each time you make a payment as student information is not held within the payment system.

This is a secure payment system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner, these details are not passed back to the school.

You have the ability to check and change any details of the payment before the payment is processed. Receipts can be emailed and/or printed.

Details of the payments are passed daily to the school where they will be receipted against your child's account. As a receipt has been issued from the payment page a further receipt will not be issued by the school.

For any enquiries regarding the Online Payment process please contact Cynthia Souter on 02 4296 3055.

Vaccinations

The students at Warilla High who missed their second dose of vaccinations, due to absence or involvement in other school related activities, as advised in the last newsletter, can be caught up at the September date. Recently (24 May, 2014) the Daily Telegraph had an article which I thought would possibly clarify some details.

"The federal government only provides free vaccines for parents who immunise their children on time and according to a national schedule. ...Parents who get their children vaccinated later have to pay up to \$261 for the standard childhood vaccines. A child would need three hepatitis B vaccines costing \$32 each, a jab for diphtheria, tetanus and whooping cough costing \$66, a polio shot costing \$60 and a measles mumps rubella vaccination costing \$45. Girls who missed free doses of the cervical cancer vaccine at high school face a cost of \$1380 for three shots of the human papillomavirus (HPV) vaccine. ...Eligible children who miss a dose of the cervical cancer vaccine may be able to receive the free HPV vaccine through school, a GP or health clinic."

Mrs Potts
Head Teacher Home Economics

Sport Absences

Sport is an integral part of the school curriculum, and a mandatory subject. As with all subjects, the Board of Studies requires students from Year 7 – 11 to participate in school sport, and complete at least 85% attendance, to successfully meet their requirements in the subject.

We ask that where possible, appointments for students be made out of school time, and if a student must attend appointments, that the permission to leave request is accompanied by an appointment card.

Requests from parents for their children to attend work commitments during school time are unable to be approved as a leave from school.

Parents are reminded that if they need to remove students from school at short notice on any day, that they are required to sign the student out of the school through the front office. This will avoid the student being marked with an unjustified absence.

Miss Vojkovic & Miss Fotheringham
Sports Organiser

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Winter Sleep Out

The Warilla High School SRC have organised for staff and students to participate in the **2014 St Vincent de Paul Winter Sleep Out at Warilla High School on Friday 13th of June 2014**. As a school community we are trying to raise awareness about homelessness and raise money for the St Vincent de Paul Society. The theme of the night will be "Freaky Friday" and students may choose to dress up if they wish. The sleep out will take place in the hall where food, movies and a fun night will be provided, followed by a BBQ breakfast on Saturday. Please see Miss Vojkovic or Mr Neill for more information. Donations welcome.

Miss Vojkovic

Regional Swimming Carnival

Warilla High fielded 27 swimmers for the recent Regional Swimming Carnival at Dapto, on 6 March.

This team were fine representatives of both the school and the Zone displaying excellent team ethics and sportsmanship.

The Southern Illawarra team members were as follows:

Amber Jones, Harlie Singleton, Peter Worth, Ben Hayman, Jack Lees, Quinn Hughes, Brody Elliott, Jovan Ristevski, Rachel Ristovski, Cassidy Graham, Khadijah Hairuddin, Riana Drake, Eden Riza, Lachlan Rye, Shenay Riza, Ella Payne, Luke Hunter, Trent Clarke, Emerson Leighton, Mitchell Williams, Tyler McEwan, Emily Hilton, Cassandra Naydovska, William Orth, Finlay McPhillips and Nicole Papadimas.

There were 13 individual representatives who competed in 28 separate events as well as 8 relay teams representing the school – Boys 12-19: 200 Medley, 12-19: 300 Relay, 13 Years relay, 14 Years Girls: 12-19 300 Relay, 14 Years relay, 17-19 200 Relay and the 12 strong 600 Knockout Relay.

Highlights of the day were Cassie Naydovska's 3 firsts (2nd Age Champion) and the number of swimmers swimming up age groups to ensure that the relay teams competed. Overall Warilla came 18th in the Combined Schools team score. Along with Cassie, Brody Elliott (7th Age Champion) and Tyler McEwan will be representing Warilla High School and the South Coast at the NSWCHS (state) Swimming championships at SOPAC in May. We wish them well.

The School Team which represented Warilla High at the Zone Championships at Dapto were:

Rachel Ristovski, Khadijah Hairuddin, Emily Hilton, Cassidy Graham, Harlie Singleton, Nicole Papadimas, Emerson Leighton, Amber Jones, Shenay Riza, Cassandra Naydovska, Riana Drake, Tyler McEwan, Jovan Ristevski, Jack Lees, Finbar Gittos, Eden Riza, Luke Hunter, Mitchell Williams, Finlay McPhillips, William Orth, Lachlan Rye, Ben Hayman, Peter Worth, Quinn Hughes and Brody Elliott.

Of this group 13 individuals and 8 relay teams qualified to represent Southern Illawarra Zone at the Regional Carnival.

Mrs Clune

Acting Head Teacher PD/H/PE

Warilla High School Athletics and Cross Country Carnival

Despite postponing the initial carnival and continuous rain threatening to put a dampener on our day, we welcomed a gloriously sunny day on Thursday in Week 10 for our Athletics Carnival at Myimbar. The students who were in attendance at the Carnival were fantastic ambassadors for their families and Warilla High School.

We must also send out a huge thank you to the Lake Illawarra Little Athletics Club for their assistance with the running of the carnival. The facilities were excellent and the friendly, helpful volunteers helped make the day a success. Students competed in various traditional and novelty events throughout the day, and the relays to end the day sparked a healthy competition between year groups and staff members!

School teams have been selected to compete at the Zone Cross Country and Athletics Competitions coming up. We would love to send strong teams to the next level of competition and parents are urged to encourage their child to return their permission notes and compete in the zone events.

We have some outstanding results from the carnival with records being broken by a number of students. The age champions are also to be congratulated on their efforts across many events.

Mrs Clune

Acting Head Teacher PD/H/PE

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South Coast School Sport Representatives (Semester One)

Congratulations to:

- Mohammad Gharaibeh - U/15's Boys Tennis
- Casey-Lee Bedford – U/15's Touch
- Erin Dalley – U/15's Touch
- Rosemary Boyland – Swimming
- Kobe McEwan, Jai Marland, Kye Northey, Jovan Ristevski - Swimming
- Tyler McEwan, Levi Kidd, Brodie Elliott, Nathan Lomas – Swimming
- Riana Drake, Montannah Murray, Shenay Riza, Emerson Leighton – Swimming
- Cassidy Graham – Golf
- Jack Kessell – Semi final of NSW All Schools Match Play - Golf
- Taren King, Shakiah Tungai, Chelsea Tasevski – Football (Soccer)
- Samantha Noronha, Natalie Noronha, Kayleigh Darlington, Brooke Johnston, Madeline Goncalves, Rylee Lawrence, Courtney Sopher – Lawn Bowls
- Matthew Jurd – Rugby League + NSW All Schools team
- Jai Field – Touch
- Thomas Riley – Touch
- Patrick Millner, Ryan Noronha, Jye Edwards, Shenay Edwards, Callum Gromek, Trent Clarke, Finlay McPhillips, Luke Hunter, Shayla Szakacs, Kade Szakacs, Kiara Meredith, Teleigha Cook & Montannah Murray – Cross Country



Miss Fotheringham
South Coast School Sport Organiser

Girls Soccer 2014

This year in the **Girls U/15's Bill Turner Trophy** Warilla High School reached the second round. On Monday 15th April Warilla defeated Kiama 3-0. The game was contested with great passion and commitment from such a young team. Piper Rye (Yr 7) volunteered to go in goals and she played above her level of experience with three brilliant saves. From the backline Grace Skarratts and Karlie Zwolsman had a fantastic connection with the midfield where Isabella Del Bao and Cristina Barraza (Yr7) linked up with a played beautiful, "through balls", to Erin Dalley and Casey-Lee Bedford.

In the second round on 21st May Warilla played Shellharbour Anglican College. Casey-lee Bedford was the first goal scorer. We went into half time 1 up feeling confident. The girls had been working really well together and utilising the whole team. Unfortunately in the second half SAC equalised. We had a few chances although SAC scored again. Maggie Dallimore took a penalty right before full time and the keeper pushed it over the cross bar. We went down, gracious in defeat 2-1. I'm very proud of all the students for their sportsmanship and competitiveness right to the final whistle. Well done: Piper Rye, Maddison McInnes, Cassie Stead, Ebony Freeman, Grace Skarratts, Cristina Barraza, Nicole Papadimas, Erin Dalley, Kristen Tzaneros, Melanie Johnston, Casey-Lee Bedford, Macie Dodd, Karlie Zwolsman, Isabella Del Bao & Jessie Purvis.

This year in the **GIRLS ERREA Trophy Knockout** Warilla High School has progressed through to the third round. We moved quickly into the second round due to a forfeit and found ourselves up against Figtree. The girls were very nervous about this match as we have had a rivalry now for a few years. We started the game confidently and scored first, with Taren King through the middle. An equaliser came quickly though. Next to score was Jordan Dawson with her 'left' foot from a nice assist by Taren King. We were now feeling pretty comfortable with a buffer of one goal. Until another goal was scored against us. Now tied up again we go into the second half back at square one, although with a change up in goals Georgia Hilton swapped out with a swollen 'phalange' and Jordan Dawson in. Jordan made a fantastic 'save' and provided some great opportunities for our midfield from goal kicks. She made an awesome high air save and was knocked to the ground. Play was starting to get rough and the pressure was increasing. The ball got through our backline and underneath Jordan. Next save attempt Jordan was injured and had to leave the field. Momentum was with Figtree and another two goals went into the net. But the girls kept on fighting. Taren King just pushed a header through the triangles above the crossbar. Shakiah Tungai, in her new found position as a defender, ensured that no more goals were to be let through. Shakiah found herself again at striker and put one away. Followed by a corner crossed by Taren King and Shakiah finished with a header. It was now 4-4 and time was running out. The pressure was high and a free kick was given at

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the edge of the box. Taren King put it straight into the back of the net. With less than 5 minutes to go all we had to do was hold on to our 5-4 lead. We did it!

We will now play Moss Vale in Week 7. I'm very proud of the girls and I am very excited for our next match! Congratulations so far to the following girls: Taren King, Shakiah Tungai, Jordan Dawson, Chelsea Tasevski, Erin Dalley, Georgia Hilton, Karlie Zwolsman, Shenay Edwards, Cassie Stead, Jessie Purvis, Isabella Del Bao, Chloe Deighton, Ebony Freeman and Cristina Barraza.

Miss Fotheringham
Girls Soccer Coach