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17 December 2018 Issue 2 – Term 4 – Week 10

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Principal's Message

As the school year draws to a close it is reassuring to reflect on 2018 with a sense of real pride and to look forward to 2019 with great optimism. In reflection on the past year, the best showcase of student achievement in this period is our recent *Prize and Presentation* evening which saw the hard work of students in the academic, sporting and creative arts recognised and rewarded. Students excelled in a range of disciplines with some gaining the rare honour of state and national selection.

The evening was further enhanced with the key note speaker-Major General Peter Dunn-outlining what he believed to be the traits of success after a lifetime in the military and State Emergency Services sector. Major-General Dunn was able to distil the chief element of success to his belief in being part of a team; of working in unison and of working towards the collective good rather than individual gain. He has lived this creed and I have no doubt it is the reason he ascended to the position of second in charge of the Australian Armed services. I am reminded of the following Zulu proverb that reflects Major-General Dunn's belief:

"If you want to go faster, go alone. If you want to go further, go together."

I know that the collective efficacy that resides in this school and is the cornerstone of its success will see our teams work in unison in 2019.

On a more mundane note, the executive of the school have been busy planning for 2019. An important aspect of this planning is a self-assessment utilising empirical, qualitative and quantifiable data to benchmark our work against the *School Excellence Framework*. This framework represents a model for exemplary school performance with independent external evaluative teams assessing schools every five years to determine the growth and areas for future development against the three domains of *Teaching, Learning and Leading*. We were externally validated in 2016 and look forward to the next external evaluative cycle.

On the staffing front, I am pleased to announce that Ms Natasha Clarke will be joining our team as HT Well-Being. This portfolio area is singularly important and I look forward to the superior skills set Ms Clarke will bring to the position, and the partnership she will forge with Mrs Cairncross. We still have a staffing appointment pending for the TAS faculty and I anticipate a number of classroom teacher positions to be appointed in the New Year. Likewise, given retirements and separations, there is likely to be at least 2 new HT's joining us in 2019.

Finally, I would like to sincerely thank you for your support of the philosophy and values that drives this school. Without the partnership that exists between home and school little would be accomplished. The fact that we have your support magnifies the learning gains our kids are making and for that I am indebted.

On behalf of the staff of Warilla High School, I would like to wish you a very happy and safe Xmas and New Year break. I very much look forward to working with you again in 2019.

*With my kind regards,
Mr Hambly, Principal*





School Community Charter

 **Collaborative. Respectful. Communication.**

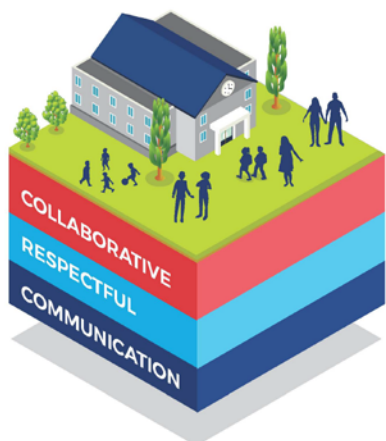
The following School Community Charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure our learning environments are collaborative, supportive and cohesive.

What our schools provide

NSW public schools work to create positive environments for students, staff and the entire school community that support student learning. We strive to ensure that every student is known, valued and cared for.

The best education happens when parents and schools work together.

The School Community Charter aligns with the NSW Department of Education Strategic Plan 2018 – 2022.



Positive environments

It is important that our NSW public schools are positive environments and that parents and carers are kept informed of students' progress and school announcements.

Parents and carers can expect:

- To be welcomed into our schools to work in partnership to promote student learning.
- Communication from school staff will be timely, polite and informative.
- Professional relationships with school staff are based on transparency, honesty and mutual respect.
- To be treated fairly. Tolerance and understanding are promoted as we respect diversity.

We treat each other with respect

We prioritise the wellbeing of all students and staff

Unsafe behaviour is not acceptable in our schools

We work together with the school

Ensuring respectful learning environments for all members of NSW Public Schools communities.



We create
collaborative
learning
environments

We
all play
our part

We work
in partnership
to promote
student
learning

Communicating with our schools

Our staff will find a time to talk to you when they can give you their full attention. Please remember that while our staff are in class or dealing with other matters, they may not be available to answer your questions immediately.

Our schools and communities will make sure that written communication is appropriate, fair and easy to read. We encourage you to use email and social media appropriately to connect with your school and stay up-to-date with up-coming events in the school community.

Our guide for parents, carers and students provides useful information about the complaints process:

education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students

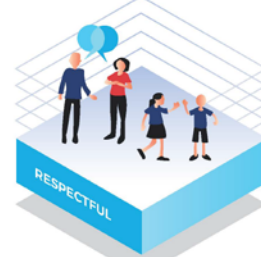
Respectful communication is a right

In all workplaces people have the right to feel respected. Unacceptable and offensive behaviour has no place in our school communities.

To ensure the wellbeing of students, staff and the community in our schools, steps will be taken to address unacceptable behaviour. This may include restricting contact with the school community or, in more serious cases, referral to NSW Police.

Unacceptable behaviour may include but is not limited to:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- Inappropriate and time wasting communication.



**Collaborative.
Respectful.
Communication.**

School Community Charter

education.nsw.gov.au

Deputies Report

It is hard to believe that we are almost at the end of another year, and what a year it has been!!! Our students have excelled themselves in so many ways during this second half of the year, and on Friday of Week 10, they will be issued with their end of year reports, evidence of their hard work.

Congratulations to the many outstanding students who were awarded various medals and certificates last Tuesday at the school's annual Presentation Evening. Well done to the many students involved, as it was a chance to recognise those who have excelled in so many different areas, and their families must be very proud.

With only a matter of days left after reports are issued this will be an opportunity for us to pack up for this year and get ready to do it all again in 2019. Students return to school in January. Years 7, 11 and 12 come back to school on Wednesday 30th and Years 8, 9 and 10 return on Thursday 31st, so make sure you write these dates on the calendar.

After writing about it being almost the end of the year, we still have a few weeks left until then and it is business as usual. Our expectations, both effort and behaviour, are the same as they are for the rest of the year. In particular, I draw your attention to our mobile phone policy that the students have been reminded of at various Year Assemblies. The school's stance is that during school hours student phones are "Off and Away". If a parent/carer needs to get in contact with their child they are requested to do so through the school number (02 4296 3055) and a message will be sent to their student immediately. Please do not ring your student during class time on their phone, as they will have their mobile taken off them and it will not be returned until the end of the day. If a teacher needs students to use the internet for a class activity then they will be clearly informed they can use their phone, or a tablet, to complete the task, and on its completion, it is to be switched off and returned to their bag. With our phone policy, we are teaching our students skills for life. We ask parents and carers to support us by backing us up and communicating with their child through the office during school hours. There was an interesting bit on TV recently talking about our younger people and their heavy dependence on their phones, so much so that it is interfering on them developing the social skills that you would have learnt as a child. We would ask you to help our students mature and work on their independence so it is good to encourage your young person to socialise with their friends rather than being on the phone to home during break times.

Finally, a huge thank you to the many families and students we have dealt with this year, it isn't only students being in trouble that we encounter, sometimes nice things happen when dealing with a Deputy as well. It is important to remember that we are all part of a team. The school, our families and their students are all working together for the ultimate best result for your child. With all of this said we wish you a restful and family-focused holiday. Please make sure your child gets sometime outside and away from computer screens. We would even suggest it would be a good idea to have a few days detoxing your child from social media and encourage them to have a conversation rather than texting someone else. The fine art of having a conversation with someone and looking them in the eyes is something we need to teach our children. However, no matter how you spend the holidays, having conversations or sitting together in pleasant silence, we wish you peace and happiness, and we will be back in January to do it all over again.

Deputy Principals
Ms Brook

Week 10B

17 Dec	• Jamberoo Rewards Excursion
18 Dec	• 12CAFS IRP due • 10PHPA2 Girls BeachWalking Excursion
20 Dec	• Staff Development day
22 Dec	• Staff Development day

2019**Week 1A**

29 Jan	• Staff Development Day
30 Jan	• Years 7, 11 & 12 return
31 Jan	• Years 8, 9 & 10 return

Week 2B

4 – 8 Feb	• BEST START Year 7 weeks 2 - 5 varied classes - Lever
5 Feb	• Core skills Year 7 parent information evening 5:30 pm
6 Feb	• UOW Discovery Day Year 12

Week 3A

11 & 15 Feb	• BEST START Year 7 weeks 2 - 5 varied classes - Lever
13 Feb	• Vaccinations Yr 7&8 catch up
14 Feb	• Swimming Carnival

Week 4B

18 Feb	• School Photos
18 – 22 Feb	• BEST START Year 7 weeks 2 - 5 varied classes – Lever
20 Feb	• SCR Camp • Brainstorm Productions - Year 7 whole year • Year 8 Brainstorm productions- Verbal Combat- Hall, 1.40pm
21 Feb	• SRC Camp
22 Feb	• SRC Camp

Week 5A

25 Feb	• Yr7 CAP Study Skills - Setting Up For Success - Parent Session
25 Feb – 1 Mar	• BEST START Year 7 weeks 2 - 5 varied classes – Lever
27 Feb	• school photos - catch up

IMPORTANT MESSAGES**LATE ARRIVAL – CHANGE OF PROCEDURES**

Up until 9.15am go to the side window of the Library between 'A' block and the Library block. One of the Office Staff will record your information and give you a late slip to get into class. After 9.15am report to the front office. Arriving late 3 times **without a note from parent/guardian** will result in parents being contacted by the school and consequences will apply.

SCHOOL FEES

Invoices for school fees will be sent to parents/guardians by mail during Week 5 of Term 1.

The fridge magnet calendar with 2019 important school dates will also be included.

UPDATING STUDENT DETAILS

If you change your address, phone number, including mobile number, or other contact details could you please let the school know as soon as possible?

PRIVATE PERSONAL PROPERTY

Personal property which is brought to school is the sole responsibility of the individual. The school is not insured to cover loss or damage.

PARKING IN SCHOOL ZONES

Heavy fines are imposed for illegal dropping off or picking up students in school zone hours.

The school car park is for staff parking only and is not to be used for dropping off or picking up students.

RIDING A BIKE TO SCHOOL

Students who ride a bike to school are required by law to wear a helmet.

HSC Disability Support Provisions (special provisions) 2019 Applications

NESA offers practical support to students with a disability sitting the HSC. Approval to use disability support for the HSC exams must be granted by NESA.

Disability can include medical conditions such as diabetes, chronic pain, poor fine motor skills (very poor writing), and mental health issues including anxiety or depression. Disability can also cover learning difficulties including associated with reading and or writing.

NESA requires supporting evidence to be submitted with each application. Often this evidence is in the form of current diagnosis from medical providers including doctors, specialist doctors, as well as allied health professionals such as physiotherapists, psychologists, occupational therapists, behavioural optometrists.

Support offered is practical in nature and depends upon the disability, but can include separate small group supervision, reader, writer, extra time, stand & stretch, rest breaks, diabetic provisions.

It is possible for NESA to permit non-standard support.

Applications are lodged with NESA electronically, by Warilla High School, on behalf of each student, with attached supporting documentation.

Submission of applications to access disability support provisions will generally close at the end of term 1, 2019. NESA will consider late applications.

If you are interested in finding out more regarding the process of applying for Disability Support Provisions for the 2019 HSC, please contact Ros Gaynor Learning and Support Teacher

Ms Gaynor
Learning & Support Teacher

Update for Vaccinations

Any Year 7 student who returned their purple vaccination consent form but was away on the day to receive their Human Papillomavirus vaccine (HPV) which requires two doses will have the opportunity to catch up at school on 13th February 2019. No further documentation needs to be returned to the school as the nurses have all the information on file.

Any Year 10 or 11 students who were absent on the day for their Meningococcal vaccine will NOT have an opportunity to catch up at school. A nurse from Public Health will be in contact with you around November to inform you that it will only be free from your local GP for the remainder of this year. You will need to make an appointment with your local GP to get this done.

If you have any further questions, please contact Miss King or Mr Smart at school, or the School Immunisation Program Coordinator at the Public Health Unit from November onwards, Monday to Friday 8:30 am - 5 pm Ph: 4221 6700.

Ms King
Girls Supervisor

UMBURRA NEWS

Thank you to all our students and families who have contributed to a successful year in Aboriginal Education.

We are busy planning for programs that the students can participate in next year.

This year saw us affiliated with AIME, Southern Youth and Family Services, Denika from Illawarra Woman's Health Centre, NAIDOC debating, Connecting to Country, Shellharbour Council Flag walk, Scott Morgan NRL Dragons – School to Work Program, The Commanders Active Citizenship Program in conjunction with Lake Illawarra Police station and NAIDOC Touch Footy gala day.

Have a safe and happy holiday and we look forward to seeing you all again next year and welcoming our new families.

Sharon Maher – AEO
Katrina Simon - SLSO

Nomination for ARTEXPRESS!!!

Congratulations to our Year 12 Visual Arts student Matthew Torres for his nomination into Artexpress for his artwork titled 'Built on Coal' Matthew's artwork featured photographic, sculptural and designed elements to explore the aesthetic qualities of coal.

ARTEXPRESS is a celebration of student artistic achievement It is a showcase Higher School Certificate Bodies of Work as a high-quality teaching and learning resource representing best practice in visual arts education.

The exhibition encompasses a broad range of approaches and expressive forms, including ceramics, a collection of works, documented forms, drawing, graphic design, painting, photo media, printmaking, sculpture, textiles and fibre, and time-based form



'Within the mechanical hierarchy of the industrial world, how can something so organic like coal be so powerful and so highly sought after.'

My work explores my fascination with the notion of line, structure and texture. Each component of the work represents pivotal moments of the industrial revolution and emphasises the relationship and evolution of these industrial objects.

I was inspired by Australian sculptor Michael Purdy and Photographer Wolfgang George Sievers'

Matt Torres, Year 12

Miss Lever

Visual Arts Teacher

CAPA Faculty

It has been a busy but productive year for the CAPA Faculty.

We congratulate Matt Torres in Year 12 for his artExpress nomination and also Ms Lever for supporting Matt through his Visual Arts HSC course and encouraging and challenging him to continually refine his artmaking practice and Body of Work.

On November 1st, the year 9 drama class performed an evening showcase in front of their family and friends. This show included group devised pieces, dance, singing, monologues, duologues as well as an incredible ensemble a Capella performance.

The show highlighted what the students have been working on during the course of the year.

Drama is an excellent subject which promotes collaboration, creativity, communication and critical thinking. I am incredibly proud of the success of the evening, and the confidence these students showed.

Congratulations to Sarah Atkin, Kristi Babic, Bridie Brett, Jared Bubb, Emma Claude-Smith, Matisse Coleiro, Caleb Coppard, Kye Crocker, Luke Dominish-Cutter, Rhiannon Gardner, Kelly Mintoff and Piper Stephens.



Three of the Visual Arts teachers, Mrs Luckman, Mr Nolan and Ms Lever currently have their artworks on exhibition in 'Locals on Board' at Wollongong City Gallery. This exhibition Celebrating the uniqueness of 198 local artists and their practices in this exhibition of works on board across the entire 2nd floor of the Gallery. *Locals on Board* represents artists residing within the boundary of Helensburgh in the north, the Southern Highlands in the west and Gerringong in the south. The exhibition runs until 10 February 2019.



The CAPA Faculty have some exciting plans in the pipeline for 2019 with some new projects and initiatives so watch the newsletter and facebook site for more information. 2019 will also bring some changes in staffing to the CAPA Faculty as Mr Manks takes some leave during Term 1 and 2. Ms Dunston will be joining us as a replacement. We wish Mr Manks all the best during his time away from school and we are sure that he will spend his time painting.

Mrs Luckman

Head Teacher CAPA



100 HR SCULPTURE & CERAMICS

*Congratulations to these
very artistic students!!
They have created Totem
Pole sculptures that reflect
their lives and culture and
now the whole school can
enjoy them!!!*



7 CAP STEAM CROSS-CURRICULAR PROGRAM

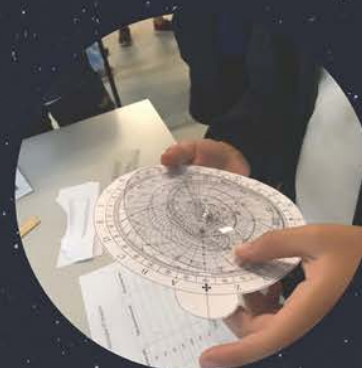
Science Technology Engineering The Arts Mathematics



All students presented their Astrolabe Advertisements in the Astrolabe Showcase.

The presentations ranged from songs, live skits, comedy dance and drama. These presentations were highly engaging, creative and featured factual knowledge and understanding of the history, uses and workings of the Astrolabe.

Throughout the program there has been an emphasis on creativity, collaboration, critical thinking and communication. Students have received ongoing feedback from peers and staff to ensure their performances met the brief.



On Friday the 26th of October, Year 7 Cap A and B went on an excursion to Wollongong Science Space spending the day observing the stars and creating astrolabes. Our first activity for the day was an exciting journey through the stars, finding out how our zodiac signs work and how they connect to the astrolabe. Soon after we started to create our astrolabes. We were given materials and we had to work in groups of about four people to create a working astrolabe. We finished off the day with an educational video about how our universe is changing and how technology is advancing to make it easier for us to understand space. Over all, the day was well spent and I can speak for all of CAP when I say it was a great day!!!

Charlotte Kirwan



careers connect

**SCIENCE
SPACE**
Facts you can feel

Year 8 Marine Studies

Year 8 Marine Studies had a fantastic day out on the water! Kayaking the bay in this morning's southerly wasn't easy, but these kids made it look like a piece of cake! Snorkelling at Hole in the Wall, we saw stingrays, plenty of fish, sea anemones crabs and a Moray Eel! Thank you to Mr Dyer for all of his help, and to the class for making it such a great day, and year! I will sure miss our class next year







careersconnect

FINAL CAREERS NEWS FOR 2019

FOR YOUR DIARY 2019:

UOW DISCOVERY DAY 2019:-WEDNESDAY 6TH OF FEBRUARY, TERM 1, WEEK 2.

Year 12s looking at exploring their options and interest in courses at UOW. Students have already registered – it will come around quickly so be aware this is taking place in Week 2, Wednesday.

Careers Expo 7th May, Term 2, Week 2.

The Careers Expo is moving to a bigger and better venue! In 2019 the expo is moving to the Illawarra Sports Stadium at Berkeley. We will work closely with the Year 10s in 2019 with a lead up of lessons to get them prepared for the Careers Expo.

Opportunities in 2018

Were you involved in any of our opportunities that were on offer for 2018? The more a student becomes involved, the more clarity they have over their destination. Were you a part of:

Opportunities in 2018

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<ul style="list-style-type: none"> • Illawarra Schools Careers Expo Yr 10 & 12 	<ul style="list-style-type: none"> • Illawarra Trades Roadshow- Yr 9 	<ul style="list-style-type: none"> • Discovery Day @ UOW Yr 12
<ul style="list-style-type: none"> • School Based Apprentice or Trainee Yr 11, 12 	<ul style="list-style-type: none"> • Future Finder @ UOW, Yr 10 	<ul style="list-style-type: none"> • Future Connect Employment Day @ WHS Yr 10
<ul style="list-style-type: none"> • University Forum in Wollongong Yr 12 	<ul style="list-style-type: none"> • Apply to Uni Day Yr 12 	<ul style="list-style-type: none"> • Reconnect Job Ready Program- Year 9-12
<ul style="list-style-type: none"> • Uniconnect 2020- Yr 11 	<ul style="list-style-type: none"> • Work Experience- Yr 9-12 	<ul style="list-style-type: none"> • EVET –External Vocational Education and Training- Yr11 and 12

<ul style="list-style-type: none"> ITEC Open Days, Yr 10-12 	<ul style="list-style-type: none"> Subject Selection Interviews Yr 10 	<ul style="list-style-type: none"> Ready to Work- work experience workshop Yr 9-12
<ul style="list-style-type: none"> Master Builders Construction Apprentice talk Yr 10 	<ul style="list-style-type: none"> Outdoor Education Employment Pathways talk- Yr 11,12 	<ul style="list-style-type: none"> UAC – debunking HSC Myths talk, Yr 11
<ul style="list-style-type: none"> ANU (Australian National University) talk, Yr 11 	<ul style="list-style-type: none"> Resume writing- Yr 9-12 	<ul style="list-style-type: none"> Job Application assistance – Yr 9-12
<ul style="list-style-type: none"> Green Homes Construction talk Yr 10, Yr 11 	<ul style="list-style-type: none"> Makeup artist talk and demo Yr 10-12 	<ul style="list-style-type: none"> Curran Plumbing talk, Yr 10, Yr 11
<ul style="list-style-type: none"> Infinity Energy Electrical talk Yr 10, Yr 11 	<ul style="list-style-type: none"> Defence Force talks (3) Yr 10, Yr 11,12 	<ul style="list-style-type: none"> Dragons Day & Defence Force Yr 10, Yr 11
<ul style="list-style-type: none"> Illawarra Hawks & Defence force Yr 10, Yr 11 	<ul style="list-style-type: none"> Illawarra Tree Top & Defence Force Yr 10, Yr 11 	<ul style="list-style-type: none"> Year 8 Guidance presentations- being a skills collector Yr 8
<ul style="list-style-type: none"> Year 11 English Studies collaboration Yr 11 	<ul style="list-style-type: none"> Supporting your Senior Parent Info Night Parents of Year 11, 12 	<ul style="list-style-type: none"> Illawarra Mowing Boys Yr 10

Congratulations

To all the students who become involved in our programs. The more you get involved, the greater the chance you have at making more informed choices about your own pathway! If you see things on here that would have interested your child, but they didn't participate, please encourage THEM to be proactive about becoming involved and informed.

To the following students who have gained employment or studying further training and have worked with the Careers Team:

Aydan Saint, Kyah Routledge, Ethan Bayliss, Renae Townsend Baird, Jayden Giokas, Tameeka Tipper, Jaidyn Newman, Eric Gardner, Jake Cannan, Katelyn De Coster, Tyler Smith-McCormack, Lachlan Singh, Cooper Corcoran, Shaylah Nabbe, Bryce Conlon, Lauren Jamieson, Joel Stage, Declan Clough, Jack Hunter, Jesse Jenkins, Callum Gromek, Lachlan Gromek, Harrison Smith, Mitchell Bronish, Brayden Duckiit, Eric Lajcarov, Aaron Hanson, Abraham Oliver, Connor Hren, Janaya Graham, Jake Lukey, Jack Thomson, Jarrod Rixon, Patrick Millner, Emma Anderson, Aaron Franks Lehane, Braiden Swinge, Mason Eade, Jack Butler, Erin Carroll, Harrison Smith, Olivia Spagnolini, Kieran Stone, Kyle Moore, Noah Galway, Trey Rule, Lachlan Cartwright, Jasmine Crawford, Hayden Shoobridge, James Worland, Hayley Meuron, Tiarne Goody, Kayla Maher, Brayden Fleming, Matt Kostovski.

Work Experience for 2018



What a year! We are so proud of our students like Maddison Francis (pictured left) who took themselves out of their comfort zone to experience what it may be like to work in their chosen industry. We had over 500 students from Year 9 to Year 12 attend work experience this year.

If you're interested in what work experience can offer, make sure you do our two-period workshop first, before you head out, ensuring you are aware of your legal rights and responsibilities and covered by insurance.

Remember if you're entering a construction area, the DEC require you to complete a face to face course to receive your white card. You will not be covered for insurance if you do an online course and will not be sanctioned by the school. These are available to do through Accelerated Training, so make use of your school holidays and get this done for the negotiated student rate of \$100.

Thanks to Warrawong Florist above, and to all of the amazing employers that continue to support our WHS students in work experience.

Stay tuned for next year's work experience dates for Year 9 and 10.

Reconnect- Job Ready Program

Sharna's job ready program Reconnect has concluded for this year. The students completed the course, along with work experience. She found this group was the most proactive group she has had yet. Congratulations to Ethan Bayliss and Matt Kostovski who received direct employment from this group this term.

Contents of the course will be sent home on USB, along with certificates and or resumes they had completed.

Uni Connect

Tracy has been working with Year 11s who are considering uni for 2020. The topics covered this term have been:

- Early Admission requirements
- UAC- navigating through the jargon
- How to connect with the universities
- Faculty navigation, understanding your potential course
- School Recommendation Scheme
- Scholarships

This group started off with numbers of 30, then 50, now sadly only 4 have been attending. This is on a Thursday afternoon when seniors can head home and only goes for 30 minutes.

Please encourage your student to attend so they don't miss out on vital information and prioritize Uniconnect for 30 minutes over leaving school early. Next year they are going to need to understand all of this even earlier and not to attend means they will be missing out.

Over the holidays we will still be posting job opportunities on our Facebook page, Warilla High Careers, and also you can find plenty of current, up to date info on our website:

warillahighcareers.com

Final Sports Report 2018

It's been an incredible 2018 for sport at Warilla High School. Approximately 1,250 absences have been processed and recorded for students representing Warilla HS in the many sports available to students at this school via South Coast or CHS Knockouts, representative opportunities, and participating in Zone, South Coast, Southern NSW, CHS, All Schools and National Competitions. Many thanks to Kim Witheridge for her painstaking entry of these events and acknowledging student participation.

Thank you to the many staff who give of their time to coach students. Every time a team goes out of school the teacher is required to ask other teachers to take their lesson or playground duty, complete all the necessary paperwork including permission notes, chase students to return permission notes on the date requested, risk assessment, absentee sheets, organise times with other schools for knockout dates, organise, distribute and then collect and wash uniforms as well as liaise with parents. It is a huge task and teachers do this to provide an opportunity for students at this school.

Our annual assembly highlighted many of the outstanding achievements. Coupled with Warilla High's success in Grade Sport contested over Terms 2 and 3 and our dominance at Zone level. We are the biggest school in the Southern Illawarra Zone and the pride we take in our performance is one we should continue to uphold.

The major awards presented on assembly recognise athletes for their achievements in 2018 and also acknowledged some outstanding contributions from students throughout their 6 years of high school.

1. Premiers Sporting Challenge: Awarded to Finlay McPhillips

The Premier's Sporting Challenge award gives schools throughout NSW the opportunity to acknowledge a student's commitment and contribution to sport and physical activity programs.

Finlay has been an outstanding representative of sport and physical activity throughout his High School years. His participation levels at school sport, PDHPE and PASS elective classes throughout high school have reinforced his awareness of meeting school sports guidelines and expectations. He has represented the School, Zone and South Coast in Athletics and this year, NSW All Schools at School Sports Australia National Cross-Country Championships. He has also represented the school in Mountain Biking since Yr 9.

Finlay is a role model for all students he is involved with. He leads by example at all levels of representation and is a worthy recipient of the **Premier's Sporting Challenge Medal**.

2. **The Ben Fretus Memorial Award goes to** Coleby Smith – School, South Coast and Southern NSW U15 rugby league representative.
3. **The Dragon's Medal is awarded to** Trey Barlow - School, South Coast and Southern NSW U15 rugby league representative
4. **Junior Sportswomen of the Year: Mackenzie Lear**

Mackenzie is an incredibly talented sportsperson. Her achievements throughout 2018 are:

- School representation in Touch, AFL, Triathlon, Oz Tag and Rugby League
- She has represented our School and Zone in Cross Country, Athletics and Swimming where Mackenzie is again the School and Zone Age Champion.
- She has represented the South Coast in Swimming and Athletics.
- She was a member of the U16 League Tag Team that is this year's South Coast Championship
- She was a member of the School Oz tag team that won the South Coast Championship and finished final 4 in the State Championships.

5. **Junior Sportsman of the Year: Isaac Shaw**

Isaac has had a very successful year and, if not for an injury, could have been even more rewarding.

He is an outstanding athlete and has represented our school in Triathlon, Cross Country, Athletics and AFL.

He is the School, Zone and South Coast Cross Country Champion.

He has represented the South Coast Athletics and injury prevented him from competing for the other teams he made – South Coast Cross Country and AFL.

Isaac is the NSW All Schools 14 yrs 2000m steeplechase champion travelled to Cairns in early December as a member of the NSW All Schools Athletics Team.

6. **Senior Sportswoman of the Year: Rosemary Boyland**

Rosemary is an outstanding athlete who travels to Sydney to train for her pet events Shot Put and Discus. This hard work has truly paid off for her. She is the School, Zone and South Coast Champion in these events and, in Multi-Class she is the State, Australian and Oceanic Champion, setting records at these elite levels.

As well, Rosemary loves her Rugby League and plays in the local women's competition as well as representing the school at the Sam Bremner Shield.

7. **Senior Sportsman of the Year: Trey Barlow**

Trey has represented the school in Athletics, Rugby League, Touch, and Oz Tag as well as volunteering his services refereeing for Touch knockouts including the 7/8 State Touch Finals.

He led his Open Touch team to the Final 10 CHS Teams in the State School Championships.

Trey was selected in the NSW U15 All Schools Touch team that competed in the National Touch Championships in Hobart. Trey also represented the South Coast and Southern NSW in U15 Rugby League. He is the 15-year School and Zone Champion in Athletics.

8. Our next awards acknowledge students who have gained a **Warilla High Sporting Blue** for a CHS State individual placing, making a CHS State team or competing at National level. The Warilla High Blues are awarded to:

Oceanna Rogers	Yr 8	Surfing
Isaac Shaw	Yr 9	Athletics
Nathan Scollary	Yr 10	Athletics 1 st 800m CHS
Liam Pass	Yr 9	Athletics 2 nd 800m CHS
Rosemary Boyland	Yr 11	Athletics 1 st M-C Shot and Discus
Finlay McPhillips	Yr 12	Athletics and Cross Country
Ryan Keen	Yr 7	Athletics - Discus
Toby Peters	Yr 9	Lawn Bowls
Nathan Sopher	Yr 12	Lawn Bowls
Jayden Gebbie	Yr 12	Lawn Bowls

Daniel Davies	Yr 8	Lawn Bowls
Trey Barlow	Yr 10	Touch

9. Mal Mow South Coast Certificate of Achievement

Cassidy Graham (Golfer South Coast and NSW Captain in 2017), Finlay McPhillips (Athletics and Cross Country), Jarod Falconer (Athletics and Swimming), Shenay Edwards and Shayla Szakacs Athletics and Cross Country

These 5 Year 12 students graduate this year and move to a new chapter in their lives. They have been outstanding representatives of our school, Zone, South Coast and for some, state in their chosen sports every year since Year 7. A remarkable achievement. They have not been able to achieve a South Coast Blue; however, the South Coast acknowledges their outstanding efforts with this award.

We wish these outstanding young men and women every success in the future. Congratulations

10. The Pierre De Coubertin Award.Senior Sportswoman of the Year:

This Award acknowledges one student who participates in Sport and displays the Olympic values, in particular, sportsmanship. Jarod has been a fierce competitor over his high school years in Swimming, Athletics, AFL, Cross Country and Mountain Biking. He is a wonderful athlete and a humble sportsperson who is respected by his teammates and coaches. It is no surprise that he has been selected to receive the Pierre De Coubertin Award.

School Carnival Age Champions Acknowledged on School Assembly

These awards were meant to be presented on our School Formal Assembly. However, due to commitments from some faculties in the school, it wasn't possible to hold this assembly.

However, the excellent achievements from these students at our three carnivals this year deserves recognition and we congratulate them on their commitment to school activities. Many of these students went on to achieve Age Champions at Zone and South Coast as well.

Swimming Carnival Age Champions

Age	Boys	Girls
12	Kynan Burke Zone Age Champ	Jazlyn Cleary
13	Harry Ryan. Zone Age Champ	Tylah Richards Zone Age Champ
14	Brock Neall	Brielle Lambert Zone Age Champ
15	Jayden Wells Zone and South Coast Age Champion	Mackenzie Lear Zone Age Champ
16	Ethan Rowles Zone Age Champion	Grace McLeod Zone Age Champ
17+	Kobe McEwan	Eq: Emma Huchison & Jordyn Burke

Cross Country Age Champions

Age	Boys	Girls
12	Kynan Burke	Charli Ryan
13	Jackson Walsh	Jordyn Martin Zone Champion
14	Isaac Shaw + Zone Champion+ South Coast Champ	Ashleigh Goncalves
15	Riley Curry	Ruby Keen
16	Liam Pass Nathan Scollary – Zone Champion	Grace McLeod
17+	Lachlan Caires + Zone Champion	Shayla Szakacs + Zone Champion

Athletics Age Champions

Age	Boys	Girls
12	Isaac Walchli + Zone Champion	Charli Ryan
13	Ryan Keen. + Zone Champion	Jordyn Martin
14	Dylan Clarke	Ashleigh Goncalves
15	Trey Barlow + Zone Champ	Ruby Keen + Zone Champion

16	Joshua Goodchild	Paris Mason
17+	Justin Check	Nikita Freeburn



Isaac Shaw in action at School Sports Australia National Athletics Championships in Cairns



Ryan Keen at School Sports Australia National Athletics Championships in Cairns



U14 Girls RL competing at State Finals

School Sports Australia Surfing Championships

Congratulations to Oceanna Rogers who was selected in the NSW Team to compete at the National Surfing Championships in Victor Harbour, South Australia.

Oceanna finished **THIRD** overall in her age division – a wonderful achievement. Congratulations Oceanna. Warilla High is very proud of you.

South Coast Water Polo

Jackson Walsh and Jackson Sheedy are two of our many talented athletes in Year 7.

These two boys jumped at the opportunity to represent South Coast in OPEN WATER POLO at the CHS State Championships contested at the Homebush Aquatic Centre in November.

Both boys enjoyed the experience and the opportunity to extend their love of water-based sports to represent the South Coast. They are going to make sure they take up every opportunity to represent again in 2019 and the remaining years of High School.

Well done Jackson and Jackson!!

South Coast Softball

Abby Pavser was our sole student trialling for a place in the South Coast Open Softball team. This team will compete in the NSW CHS Championships early in 2019.

Congratulations Abby. We are very proud of you and look forward to hearing about your achievements.

South Coast Girls Cricket

India Bellhouse has represented the South Coast PSSA in cricket in primary school and continues to impress in her first year of high school. She trialled for the South Coast Open Girls Cricket Team and was successful in gaining selection.

India will compete at the CHS State Championships in early 2019. South Coast were runners-up in 2018 and winners in 2017 of the CHS State Championships.

They are rebuilding their team and India will be sure to establish herself as a regular member of this team throughout her high school years. We wish you every success.

School Sports Australia National Athletics Championships - Cairns

Congratulations to Isaac Shaw and Ryan Keen who have been in Cairns last week representing NSW in their chosen athletic events.

Ryan Keen – 4th in the 13 boys Discus.

Isaac Shaw, competing as a 14-year-old in the U16 2000m Steeplechase in driving rain and fierce winds.

NSW Touch 7/8 Girls State Finals

Bindi O'Hara, Mia-Rose Walsh, Mia Riza, Emily Kostovski, Tarliah Reynolds, Karla Vermaak, Dakota Mason, Jonte Wonson, Lily Gibson, Ella Headrick, Saffron Ward and Jayla Commings contested the 7/8 Touch Finals at The Kingsway Werrington/St Mary's in November.

This was the last competition event on the Warilla HS calendar. Most of these girls have been involved in many of our competitions throughout the year – in particular Oz Tag, League Tag, Netball and Touch. Fantastic athletes who compete till the end.

While Touch is not played at competition level by many of these girls they competed strongly throughout the day. Playing eventual winners NBSC Mackellar Girls, they met a high-quality team and were beaten 7-1. Close games against Inverell HS, St Claire's Taree and The Hills Sports HS saw the girls improve every game.

Trey Barlow and Tyler Johns were the referees invited to control some of the games on the day. These boys (including Jack Bostock) were invited to referee at this State level after impressing at the South Coast Championships. They did Warilla HS proud with their efforts on the day.

Thank you to the Mums and Dads who were there to support the team on the day.

Girls Rugby League

Rugby League is a sport growing in popularity in our local community and with opportunities in school competitions. We are currently in the process of ordering NEW FOOTBALL JERSEYS and SHORTS for our Open Boys and Girls Teams and our Junior Boys and Girls teams.

Following a visit to our school by Jono Dallas and his assistants to run a Rugby League Clinic, our U14 girls were identified as worthy of playing in the State Championships on 22nd September. The two U14 teams were meant to contest the Sam Bremner Shield at Croome Rd Albion Park before the State Championships, however, the day was postponed because of wet weather. When the Sam Bremner Day was held, Warilla HS girls reinforced their right to attend the State Championships – with both teams making the final and finishing the final with a 14-14 draw.

The State Championships at The Kingsway Werrington was a wonderful celebration of girl's sport. Australian Rugby League players were on hand to sign autographs, guest coach the teams and provide support.

There was even a hair braiding tent which proved really annoying for the coach because it took priority over warming up and preparing for games.

The girls were in a touch pool. Their first game against eventual winners was Rooty Hill HS. The girls were outsized as some of the photos will show but definitely not out-skilled. Tackling was an area the team had to address, and this will take time to develop as girls become more familiar with the game.

We scored two fantastic tries – a short ball from Ella Headrick to Tayleah Handcock to run 45m. Then a chip and chase recover and score from Tayleah Handcock. While the other team were 22-10 winners, they were very impressed with our attacking play.

The girls had a 14-6 loss to Rooty Hill. They had good wins against St Paul's Kempsey and Cronulla HS finishing second in their pool and making it through to the final 4 teams in the state. They had to play Hunter SHS, who were a well-drilled team from a school that has a Rugby Union program. As a result, tackling was something these girls were very comfortable with.

1 attempt Handcock	9 Marlee Fahey
2 Dakota Mason	10 Ivy Dwyer
3 Ivy Halliwell	11 Amarli Bailey
4 Mia Riza	12 Brooke Fahey
5 Ella Headrick	13 Chloe Smith
6 Lily Gibson	14 Brielle Lambert
7 Haylee Carroll	15. Mia-Rose Walsh
8 Victoria Metzakis	

Again, we had a wonderful contingent of Mums and Dads present and I thank you for your ongoing support of your children, Warilla HS and the teams we take away.

Sam Bremner Shield

<i>Team 1 – 14's</i>	<i>Team 2 – 14's</i>	<i>Under 16 Girls</i>
Dakota Mason	Ella Richardson	Rhiannon Tungai
Camryn Castelli	Tylah Richards	Dakota Conlon
Brielle Lambert	Mia Rizza	Kiara Vazzoler
Ella Headrick	Bindi O'Hara	Maddi Singleton
Brooke Fahey	Tayleah Handcock	Lara Pazarkoski
Mia-Rose Walsh	Sophie Hayes	Chloe Monie
Marlee Fahey	Ivy Dwyer	Mackenzie Lear
Amarli Bailey	Victoria Metzakis	Sheridan Fahey
Haylee Carroll	Alana McGarry	Rosemary Boyland
Keera Kennedy	Lucy Russo	Kelsey Davis
Lily Gibson	Cheyana-Lu Waaka	Ruby Keen
Tiayana Carrion	Tess Lacey	Poppi Roach
Chloe Smith	Jenavieve Barrett	Jade Lees
	Bronte Poetzl	Amber Mathein

These were the teams who contested the South Coast Sam Bremner Shield, with the number of teams and players reinforcing the interest in Rugby League.

Both Warilla U14 girls' teams were undefeated on the day – playing 2 games each, a semi and then the final where neither team could be separated.

The under 16 girls' team also made the grand final against Ulladulla. A cut eye prevented Rhiannon Tungai playing in the GF – a major loss to this team. Ulladulla were the winners on the day and all the girls are keen for next year.

Thank you to Ms Nolan and Mrs Tregonning for taking these teams on the day.

Have a wonderful and safe Christmas break and we look forward to another successful year in 2019.



Some tough competition in the Girls Rugby League

Denise Clune
(External Sports Organiser)

Not school sport but Warilla high acknowledges the following the following students for some wonderful achievements:

- Lily Murdoch has just returned from competing with the NSW Waratahs Rugby Union team at National Championships. Her team were the winners.
- Jake Almond has recently returned from a Soccer/Football Tour to BRAZIL. Not an actual competition but a wonderful opportunity to further his skills and experience.
- Eddie Ward – has been selected to represent Jack Newton Junior Golf (JNIG) as the NSW. He will play State of Origin against Queensland in Newcastle in January. Eddie also returned from Bonville – Coffs Harbour where he played the Champion of Champions Tournament finishing third overall.
- Selena Bosevski also qualified to compete in the JNIG Champion of Champions at Bonville.

Denise Clune

Year 7

And just like that, the year is over! It has been a massive year for the Year 7 students and lots of learning has taken place, in and out of the classrooms. Students are equipped to continue their secondary studies and I'm sure next year will bring greater achievements, continued engagement in learning and lifelong experiences. Well done Year 7 on completing your first year of high school! I look forward to continuing this journey next year and wish everyone a happy and safe holiday.

Mrs Ratajkoski

Year 7 Advisor

Year 8

Stage 4 completed! Wow and just like that, two years have flown by. All Year 8 students have completed My Literacy and Numeracy (MyLN) lesson activities in Guidance this term and are feeling prepared for the significant opportunity to identify areas of strength and areas for improvement in NAPLAN 2019 and the HSC Minimum Standards tests in 2020. Students have also been shown how to access online resources.

<http://www.nap.edu.au/naplan/the-tests> These are the example NAPLAN questions and answers we used in class. <http://www.acara.edu.au/assessment/naplan-2008-2011-test-papers/naplan-2012-2015-test-papers> These are the past NAPLAN papers that are for your own personal educational purposes ONLY. *There are no answers provided!



<http://educationstandards.nsw.edu.au/wps/portal/nesa/11-12/hsc/hsc-minimum-standard/online-tests/what-to-expect-in-the-tests/sample-test-questions> These are examples of the questions and answers that will help you to understand the skills required to meet the HSC Minimum Standard in each test (Writing, Reading and Numeracy).

After the holiday's students will begin Year 9, including two electives which will provide students with an educational opportunity to learn and acquire knowledge and develop skills which may possibly assist in paving a pathway to future employment. If your child is interested in work experience next year, I encourage them to make early contact with the Careers Advisor, Mrs Hicks, to obtain relevant information and possible work experience options.

I wish you all a happy Christmas and a safe and enjoyable holiday break. Please look after you, your family and your friends and I look forward to seeing you all back next year in Year 9!

Mrs Lambert
Year 8 Advisor

Year 10

Yet again, Year 10 have had a busy term. Many students have completed their HSC Minimum Standards testing and subject assessments have been finalised. Students have been involved in leadership activities supporting our younger students through Peer Support and CAP excursions. Many students have completed the Ready to Work program and some have engaged in work experience. Others have been attending weekly Reconnect sessions with our Careers Advisors...

Some of our students have been representing the school through sporting activities and Year 10 had a solid representation at the Illawarra White Ribbon Walk. There has been a photography excursion, and a camp for our Support students as well as an overnight hike for our Physical Activity & Sport Studies students. Meanwhile, our Ocean and Recreation Studies students have been busy attaining their boat licences with Maritime Services.

The 53rd Annual Warilla High School Presentation night saw some of our outstanding achievers receive awards for academic, sporting and citizenship excellence. Well done to those students and to all students who have had a successful year of growth and learning during 2018.

Our senior jumpers have arrived and students have collected these so they are ready to be worn in 2019. As Year 11 students next year, our students will be required to wear the official Warilla High School senior uniform. These can be purchased from the Uniform Shop. I look forward to seeing everyone in these on the first day back at school next year.

Last Friday students enjoyed some Christmas cheer at the SRC run Christmas stalls in the hall, where there were lots of delicious food products and gifts to purchase. Friday will see the school celebrating the end of the year with some downtime as students participate in a variety of House Survivor challenges. On Monday our Semester 2 Reward excursion to Jamberoo Recreation Park will be in action.

I wish everyone a safe and happy holiday and hope that Year 10 students are all able to enjoy some relaxation time before they commence their Year 11 Preliminary HSC studies next year.

Mrs Woollett
Year 10 Advisor

Why are Adolescents so Tired?

Too busy to sleep!

- Being a teenager is a tough gig these days, there is so much to do. School life extends beyond school hours - there is homework, socialising, meals, part-time jobs, sport, relaxation and downtime to fit into a 24 hour period.
- Pressure to achieve all this can lead to stress and poorer, shortened sleep.
- Pressure and stress shorten sleep and shorter sleep means poorer coping with subsequent stress and pressure = resulting in a negative spiral.

The disconnect between society and science

- The second reason teens are so tired is the difference between the amount of sleep teens and parents think they need, and the amount of sleep scientific research reveals that they actually need.
- The amount of sleep at age 12 years and at 18 years remains the same, at just over **9 hours a night**.

Wacky body clocks and 'jet-lagged' teens

- The third factor in the tired teen equation relates to the sleep-wake body clock



- The body clock starts to switch on the sleep-inducing hormone Melatonin on later at night in teenagers, resulting in them feeling more awake and energetic at night, and very sleepy on waking! Thus feeling 'jet-lagged'
- About 15% or one in six teenagers have a body clock shift that can cause insufficient sleep leading to feeling frustrated and stressed at not being able to get to sleep. Therefore they are slow at getting up and going in the mornings.
- The difference between 'won't sleepers' who **choose** to go to bed late and 'can't sleepers' is they have the '**late body clock**'
- **Late body clock teens** – are most tired, disengaged and poorly functioning in the classroom on Mondays, rather than the usual increasing tiredness as the school week progresses towards Fridays. They may also have higher levels of 'school lateness' due to morning tiredness.

Moodiness, Sleepiness and Stress

- Low moods and stress are potent triggers of sleep deprivation. These teens are often 'cant sleepers', this is sometimes because of anxiety or worries at bedtime, preventing them from falling asleep and then they worry about not having enough sleep, and this leads into a constant spiral of anxiety and lack of sleep affecting their moods.

How Electronic screens sabotage sleep

- One of the major reasons for teen sleep deprivation is the increasing night time use of portable electronic devices. They contribute by taking up time that could be used for sleeping. They are used on the bed thus giving the brain mixed messages about where and when to sleep, and bed is associated with a place of wakeful activity.
- Gaming and texting are excitatory to the brain – it releases wakeful and addictive neurochemicals like dopamine and adrenaline and with this surge, it is more difficult to get to sleep.
- The 'blue light' effect, especially from the small screens of mobile phones, is an inhibitor of Melatonin, our sleep hormone. The blue light sends the message to the brain that it is morning and therefore time to 'wake up' and increasing the impact of the mixed messages of using the device in bed.

Life's just better when you've had a good sleep

'Getting enough sleep is incredibly important for a teens' health, mental health, immunity and growth! If a teen is happy and functioning well, they don't need more sleep, but if they are grumpy, moody or upset there can be lots of causes but they may need more sleep' (Prof. Hiscock, The Sun Herald, 28/10/2018)

So have a chat with your teen about the power of good sleep routine, increase sleep time, limit screen use at night in the bedroom, create a sensible bedtime for around 8 hours sleep or more, balance homework and sleep needs, and reduce 'overscheduling' if possible.

Please see your General Practitioner for more information and assistance if the sleep issue persists and you are concerned about your teenager's behaviour.

For more online resources you can visit: generationnext.com.au/handbook

This summary is from a great article in a book I have purchased called 'Understanding Teen Sleep and Drowsy Kids' by Dr Chris Seeton, in Nurturing Young Minds, Generation Next, Ed. Dr Ramesh Manocha, p3-25, 2017.

Wishing everyone a Happy and Safe Christmas and Holiday time, and back again in 2019

Julia Herman

School Nurse

Would you know what to do if someone you cared about was suicidal?

We can help you learn...

The QPR face2face sessions listed below are FREE thanks to the support of our local Clubs through the ClubGRANTS scheme.

QPR stands for Question, Persuade, and Refer - the 3 simple steps anyone can learn to help save a life from suicide.

QPR training will provide you with:




- Knowledge and skills to identify warning signs that someone may be suicidal

- confidence to talk to them about suicidal thoughts
- connect them with professional care.

Please visit our website to find out about the different training options listed below.

Registrations are via our website www.lifelinesouthcoast.org.au/training

Places are limited in all of these courses, so please email us at training@llsc.org.au if you have any questions.

TRAINING	DATE	LOCATION
ASIST		
	Thursday 8th – Friday 9th November 2018	COMPLETED
	Thursday 21st – Friday 22nd March 2019	Wollongong
ACCIDENTAL COUNSELLOR		
	Friday 30th April 2019	Nowra
	Thursday 20th June 2019	Wollongong
QPR FACE2FACE		
 <p>Question. Persuade. Refer.</p>	Thursday 29th November 2018	West's Illawarra Leagues Club
	Monday 3rd December 2018	St Georges Basin Country Club
	Friday 7th December 2018	City Diggers Club
	Thursday 24th January 2019	West's Illawarra Leagues Club
	Wednesday 13th February 2019	Figgy Bowl
	Wednesday 20th February 2019	Culburra Bowling Club
	Wednesday 6th March 2019	West's Illawarra Leagues Club
	Thursday 4th April 2019	St Georges Basin Country Club
	Wednesday 1st May 2019	West's Illawarra Leagues Club
DV-ALERT		
	Friday 16th – Saturday 17th November 2018	COMPLETED
	Friday 8th – Saturday 9th March 2019	Nowra
DV-AWARE		
	Friday 12th April 2019	Nowra
	Thursday 30th May 2019	Wollongong
	www.lifelinesouthcoast.org.au Contact us: training@llsc.org.au	



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WARILLA HIGH SCHOOL

PRINCIPAL: Mr J Hambly BA Dip Ed M Ed MACEA JP
 DEPUTY PRINCIPAL: Ms M Brook BA Dip Ed M Ed JP
 DEPUTY PRINCIPAL: Mr S Kershaw B Ed G Cert. Tech
 DEPUTY PRINCIPAL: Mr M Ind B Ed

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SCHOOL ENROLMENT POLICY

Warilla High School maintains an enrolment ceiling, based on available permanent accommodation and total numbers in each year group. Within the enrolment ceiling a buffer in each year group is maintained to accommodate local students arriving during the school year. Places in the buffer are not offered to non-local students. Feeder schools for Warilla High are Barrack Heights, Flinders, Shell Cove, Shellharbour and Warilla Public schools. Parents and carers are encouraged to contact the school to clarify the local zone for Warilla High School. It should be noted that non-local enrolments accepted by the primary school do not automatically guarantee an enrolment at Warilla High School. Such applications will be assessed as non-local applications.

Non-local application based on 'sibling rights' is not the sole determination in offering a position.

Placement Panel:

The placement panel will consider and make recommendations on all non-local enrolment applications.

- Year 6 into Year 7 enrolment applications: The Placement Panel consists of the Principal, the Deputy Principal with responsibility for that cohort the incoming year advisor and a SASS officer. The Principal is the chairperson and has the casting vote.
- Applications for enrolment into Years 8 -12, and Year 7 after the commencement of the school year: The panel consists of the Principal and the Deputy Principal responsible for the relevant year group. The panel is chaired by the Principal.
- This policy is endorsed by the Warilla High School P&C. All decisions are ratified by a representative of the P&C executive.

The decisions made by the placement panel are made within the context of the capacity of the school and the buffer retained for local students arriving later in the school year.

Criteria for Non-local Enrolment Applications:

- Demonstrated leadership and commitment to school and learning.
- Access learning, well-being and or extracurricular programs offered at Warilla High School
- Significant welfare issues.

Waiting Lists:

A waiting list will be established for non-local students seeking enrolment but unsuccessful in the first round of offers. The size of the list will reflect the realistic expectation that vacancies will become available.

Appeals:

If a parent/carers wishes to appeal a decision of the placement panel the appeal should be made to the Principal in writing. If an appeal cannot be resolved at the school level it will be referred to the School Education Director for the South Coast Group of Schools who will consider the appeal and make a determination.

John Hambly

Principal – Panel Chairperson

Warilla High Canteen Menu 2018 Term 4

Sandwich Wholemeal Bread		Hot food		Snacks		Cold Snacks	
Chicken Salad	\$ 4.50	BBQ Chicken Roll	\$ 4.50	Custard 200ml	\$ 2.00	Milo scoop cups	\$ 3.80
Chicken Lettuce Mayo	\$ 4.00	Mac n Cheese	\$ 3.50	Custard 400ml	\$ 2.50	Blackcurrent frozen	\$ 0.80
Chicken Avo	\$ 4.50	Pasta Penne Tomato	\$ 3.50	Yoghurt x 2	\$ 2.00	Orange frozen cup	\$ 0.80
Egg Lettuce Mayyp	\$ 3.50	Spagetti Bolognese	\$ 3.50	Debs Famous Slice	\$ 1.50		
Curried Egg	\$ 3.50	Meat Ball Roll	\$ 4.00	Banana Bread	\$ 2.00	FRUIT .60C TO 1.20c	
Ham Cheese Tomato	\$ 3.00	Cheese Burger	\$ 2.50	Red Rock Honey Soy	\$ 1.50	Fruit salad bowl	
Cheese Toamto	\$ 3.00	Butter Chicken	\$ 3.50	Popcorn	\$ 0.50	Watermelon bowl	
Ham Salad	\$ 3.50	Chicken Korma	\$ 3.50			Banana	
Tuna Onion Tomato	\$ 3.50	Beef Korma	\$ 3.50	Drinks		Apple	
Vegimite	\$ 2.50	Beef Stir Fry Noodles	\$ 3.50	Water Bottles	\$ 1.50	Orange	
Jam	\$ 2.50	Lasagne	\$ 3.50	Oak Flavoured Milk	\$ 2.00	Mandarins	
		Ravioli	\$ 3.50	Plain Milk 600ml	\$ 2.00	Strawberries	
		Veggie Slice	\$ 3.50	Oak Plus 500ml	\$ 4.00		
Salad Bowls		Quiche	\$ 3.00	Nippys Flavoured Milk	\$ 3.50		
Chicken Salad	\$ 4.50	Fried Rice	\$ 3.00	Up n Go 250ml	\$ 2.50		
Garden Salad	\$ 3.50	Beef Burrito	\$ 4.00	Hot Choc	\$ 2.50		
Ham Salad	\$ 4.00	Chicken Burrito	\$ 4.00	Juice Bombs	\$ 2.00		
Greek Salad	\$ 4.00	Chicken Enchilada	\$ 4.00	Harvey Juice 250ml	\$ 1.50		
Pasta Salad	\$ 4.00	Spinach Ricotta Roll	\$ 4.00	Ice Low GI Spark Water	\$ 2.50		
Sweet Potato Salad	\$ 4.00	Chicken Burger	\$ 4.00	Chill Aloe	\$ 2.50		
Tuna Salad	\$ 4.00	Meat Pie	\$ 3.50	Waterford Mineral	\$ 2.00		
Rice Salad	\$ 3.50	Gourmet Pie	\$ 4.00	Chill	\$ 2.50		
Egg Salad	\$ 3.00	Sausage Roll	\$ 2.50	Iced Coffee	\$ 4.00		
		Veggie Nachos	\$ 3.50	Wild Juices	\$ 3.50		
Breakfast		Garlic Bread	\$ 1.50	Oak Milk 600ml	\$ 3.50		
English Muffin	\$ 2.50	Chicken Strips	\$ 2.50				
Muffin with Egg	\$ 2.50	Chicken nuggets	\$ 2.00				
Muffin with Avo	\$ 2.50						
Raison Toast	\$ 1.00						
Cheese Toastie	\$ 1.50						
Ham n Cheese	\$ 1.50						
Porridge	\$ 1.50						

Warilla High School

Uniform Shop Special Opening Hours

2019



January 2019

Monday	21st. January	8:00AM - 2:00PM
Tuesday	22nd. January	8:00AM - 2:00PM
Wednesday	23rd. January	8:00AM - 2:00PM
Thursday	24th. January	8:00AM - 2:00PM
Friday	25th. January	8:00AM - 2:00PM
Monday	28th. January	CLOSED
Tuesday	29th. January	8:00AM - 4:00PM
Wednesday	30th. January	8:00AM - 4:00PM
Thursday	31st. January	8:00AM - 4:00PM

THEN EVERY WEDNESDAY:

12:00pm - 5:00pm

FRIDAY:

8:00am - 1:00pm

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Warilla High School UNIFORM SHOP**Price List**

NAME: _____ YEAR: _____ DATE: _____ REC# _____

ITEM		PRICE	SIZE	QTY	TOTAL INCL GST
Girls	SNR Sky Blouse	28.00			
	Girls Shorts	36.00			
	JNR Navy Skirt	40.00			
	SNR Tartan Skirt	48.00			
Boys	SNR Boys Sky Shirts	28.00			
	Boys Navy Shorts	36.00			
Unisex	Fleecy Jackets	39.00			
	JNR Polo	30.00			
Sports	Sport Jackets	55.00			
	Royal Sports Shorts	28.00			
	Sports Shorts	25.00			
	Trackpants	37.00			
	Sports Polo	35.00			
Accessory	Navy Scarf	12.00			
	Boys Navy Tie	20.00			
	Girls Tie	10.00			

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MASTERCARD VISA EFTPOS NOW AVAILABLE, CHEQUES NOT ACCEPTED. NO LAYBY.

High Attendance Equals High Achievement

What is a justified reason for being absent from school?

Justified reasons for absences may include if the student:

- has an unavoidable medical or dental appointment (preferably, these should be made after school or during holidays)
- is required to attend a recognised religious holiday
- is required to attend an exceptional or urgent family circumstance (such as attending a funeral)
- is sick, or has an infectious disease.

Absences for reasons such as some of the following may not be justified.

- Shopping
- Sleeping in
- Working around the house
- Minding younger siblings and other children
- Minor family events such as birthdays
- Haircuts.

It is important to realise that parents (including carers) may be prosecuted if children have recurring unjustified absences from school.

If you have any questions regarding student attendance, please contact the school.

Ms J. Grace

Head Teacher Student Administration

Online Uniform Store

Looking to purchase your child's school uniform online?

We now have a brand new 'Shop Now' button on our Facebook page, click it and it will take you straight to our online store! No need to get out of your chair!

Alternatively, you can visit our school website (www.warilla-h.schools.nsw.edu.au) -> Our School -> Uniform -> Online Store and this will take you there.



Make Online Payments (POP)

Is now possible for parents to make online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac. Payments can be made using either a Visa or MasterCard credit/debit card. The payment page is accessed from the front page of the [school's website](#) by selecting \$ Make a payment

Items that can be paid include voluntary school contributions, subject contributions, excursions, sales to students and creative and practical arts activities (these include band, drama and dance). There is also a category called “other”, this would cover items not covered under the previous heading. ‘Other’ can be used to make a complete payment of a school invoice.

When you access the \$ Make a payment you must enter:

- The student's name, and
- class and reference number OR
- The student's name, and
- Date of birth.

These details are entered each time you make a payment, as student information is not held within the payment system.

This is a secure payment system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner and these details are not passed back to the school.

You have the ability to check and change any details of the payment before the payment is processed. Receipts can be emailed and/or printed.

Details of the payments are passed daily to the school where they will be receipted against your child's account. As a receipt has been issued from the payment page a further receipt will not be issued by the school.

For any enquiries regarding the Online Payment process please contact the office staff on 02 4296 3055 or alternatively email;

warilla-h.school@det.nsw.edu.au

Mrs C. Souter

School Administrative Manager

Warilla High School Bike Helmet Safety Policy

While riding a bicycle it is required by law to wear an (Australian Standard Approved) helmet securely fitted and fastened to your head.

Warilla High School has an obligation to enforce this law for the safety of their students when riding a bicycle to or from school.

Governed by Work Health & Safety, Duty of Care and NSW Law, Warilla High School cannot allow a student to ride a bicycle to or from the school premises without a helmet.

Therefore, if a student arrives at school without wearing a helmet then the school will be required to secure that bicycle until that student presents themselves with an approved safety helmet or the student's parents come and retrieve the bike.

Emergency Procedures

In a life threatening emergency, for FIRE, POLICE and AMBULANCE

DIAL 000

In **ALL CASES**, advise the Principal.

Exits

For your safety, make sure you know the location of your nearest exit.

Evacuation Alarm



CONTINUOUS RINGING OF BELL

Evacuation Procedures

When the evacuation alarm sounds:

- Evacuate the building and proceed to the assembly area identified below.
- Do not re-enter until advised to do so.

Lockdown Alarm



3 LONG, 2 SHORT BELL RINGS

Lockdown Procedures

When the lockdown alarm sounds:

- Move to the closest secure point and ring the office to alert them to your whereabouts.



- ★ Fire Hydrants
- ★ First Aid Kits
- ★ First Aid Room
- ★ Evacuation Point



WELCOME TO

Warilla High School

Safety Briefing

For Contractors

Visitors and Volunteers

The New South Wales Department of Education and Communities is committed to the occupational health and safety of employees, students, contractors and all other visitors.

For your safety and the safety of others, it is a condition of entry to this site that you take a few minutes to read this brochure.

Mandatory site requirements:

- All visitors are required to report to the main office on arrival.
- Observe all speed, parking and vehicular restrictions.
- Obey all safety signs and barricades.
- Violent, threatening or other unacceptable behaviour is not tolerated on NSW Department of Education and Communities premises.
- All contractors to have completed the [Safety procedures for engaging Department of Commerce contractors](#) OR [Safety procedures for engaging independent contractors](#)

- ❖ **Smoking** is not permitted on DEC premises.
- ❖ **Alcohol and Illegal Drugs** are not permitted on DEC premises.
- ❖ **Weapons**, including knives, are not permitted.
- ❖ **Dangerous Goods and Hazardous Substances**
Visitors and contractors intending to bring dangerous goods on site must declare these at the main office prior to entering the site.
- ❖ **All Injuries, incidents and hazards** must be reported to the main office.
- ❖ Injuries will be recorded in the *Register of Injuries*.
- ❖ **First Aid** treatment is available on site.
- ❖ **Other**
Add information about site specific issues here



All Department of Commerce contractors report to the principal or delegate to:

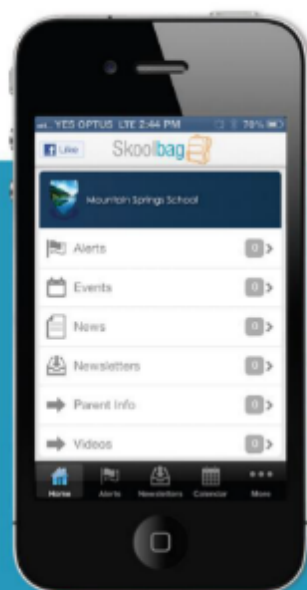
- indicate the location and duration of the job
- sign the school's Site Visit Log book
- advise the status of the job before leaving the site.

All non-Department of Commerce contractors must in addition:

- produce a copy of their safety management plan including use of personal protective equipment and controls for site specific hazards
- produce public liability insurance documentation before work is commenced
- complete a Prohibited Employment Declaration

I have complied with all WHS issues:

Signed: _____ Contractor
Contractor name: _____
Company: _____
Date: ____ / ____ / ____



Skoolbag



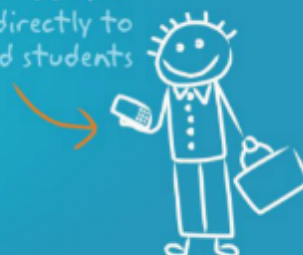
Smartphone school to parent communication



Skoolbag is a mobile App for your school to communicate directly to both parents and students. It works through both smart phones and smart devices (such as iPads and Android Tablets). Ideal for:

- > School, free push notification alerts
- > School events
- > School newsletters
- > School documents
- > School RSS feeds
- > School social media (Facebook, Twitter)

Skoolbag delivers school notices directly to parents and students



How to Install Warilla High Skoolbag On Your Smartphone!

iPhone/iPod & iPad Users

1. Click the "Apple App Store" icon on your device.
2. Type in Warilla High School in the search.
3. If iPhone/iPod, you will see our school appear, click "Get" then "Install"
4. When Installed click "Open"
5. Select "OK" to receive push notifications, when asked.




Android Users

You must first have signed up with a Google Account before installing the app.

1. Click the "Play Store" button on your Android Device
2. Click the magnifying glass icon at the top and type in Warilla High School.
3. Click Warilla High School when it appears in the search.
4. Click the "Install" button/
5. Click "Accept" for various permissions (please note, we don't modify any of your persona; data on your devices).
6. Click "Open" when installed.

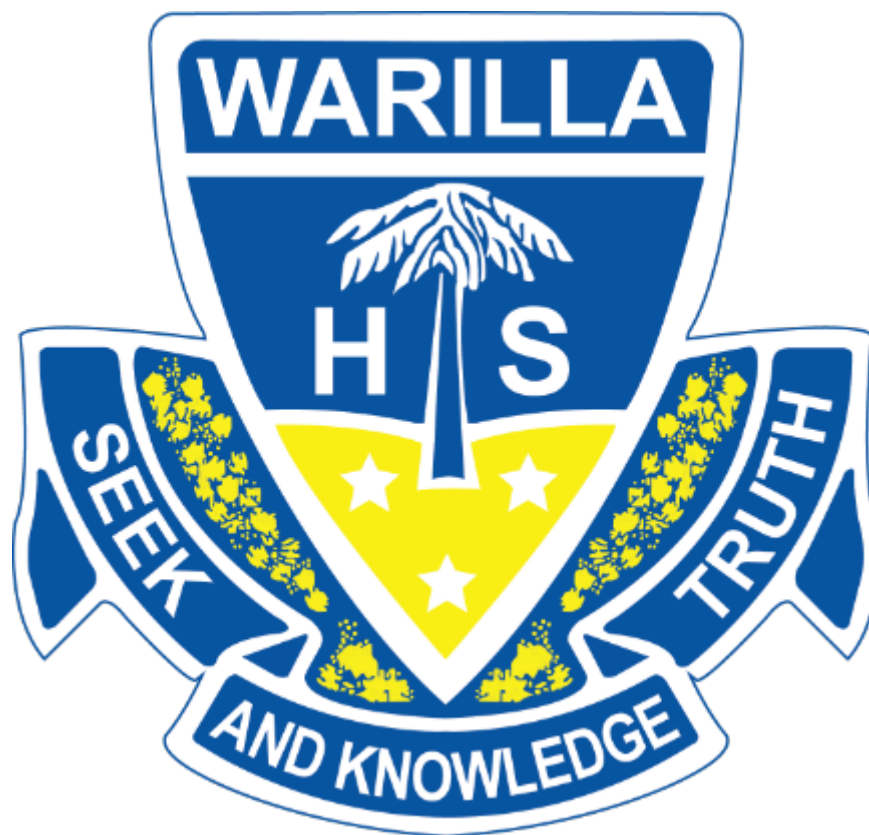


Don't forget to like us on Facebook! 

Find out more at www.skoolbag.com.au

Skoolbag delivers school notices directly to parents and students





Warilla High School

Keross Ave, Barrack Heights, NSW, 2528

PH: 02 4296 3055 | Fax: 02 4257 1825

warilla-h.school @ det.nsw.edu.au

Web: <http://www.warilla-h.schools.nsw.edu.au>

Facebook: <https://www.facebook.com/WarillaHigh>

Sentral: <https://web1.warilla-h.schools.nsw.edu.au/portal>