

Keross Avenue, Barrack Heights, NSW 2528

1 April 2019 Issue 3 – Term 1 – Week 10

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Principal's Message

It was with a sense of disbelief and great sadness that I needed to call a full school assembly a few weeks ago to debrief on the tragic events that unfolded in Christchurch New Zealand. The confronting images are now etched into our psyche while those that lived through the nightmare will never be the same again.

Big change starts will a small step, and the values education agenda we have entrenched in our school, coupled with a zero tolerance policy towards violence is a very demonstrable and pragmatic way of making the children understand that they have responsibilities around the safety of our community; that they are the torch bearers for a new generation of leaders that can make communities more tolerant, harmonious and inclusive places- that they can make a difference.

Our values of Excellence, Respect, Integrity and Compassion are the ethical and moral imperatives of our work. If we have leaders in our communities that model these traits and walk the talk, we will all benefit. We need to leave this place better than we found it, and I have every confidence that the legacy of the alumni of this school will lead the way.

I know that senseless and unpredictable atrocities such as that carried out in Christchurch are hard to mitigate against, but the measures we are taking at this school and across schools of all jurisdictions might be how we can guarantee a future for our kids that is free of the terror and fear that such acts unleash.

My sincere hope is that this will be the case.

Students observed a minutes silence to recognise our friends across the Tasman, and as a means of standing with our Allies, just as the ANZAC legend would suggest.

Against the backdrop of such a tragedy, all else pales into insignificance, but it would be remiss of me not to mention our Year 7 and CAP camps, the annual School Expo., our outstanding results at the District Swimming Carnival, the Study Skills information evening for parents, our CORE Skills information afternoon and the plethora of excursions and learning opportunities that have taken place in Term 1. This is how we hook kids on learning and provide interest and enthusiasm for the written curriculum to seed and take hold.

I hope that our work with the unwritten curriculum around values and citizenship will also provide the same impetus for our kids.

On behalf of all staff can I wish you the very best for the Easter break and that a safe and happy holiday period awaits you all.

Finally, I look forward to seeing you all at our P&C meetings on the second Tuesday of each month commencing at 6 pm in the Library.

With kind regards, Mr Hambly, Principal



Deputies Report

Coming to the end of Term 1 and everyone is working at a frenetic pace.

Year 7 have just returned from their camp at North Narrabeen Sport and Recreation centre. The camp was from the $11^{th} - 15^{th}$ March. It was a great opportunity for the students attending the camp, with three days full of activities such as rock climbing, abseiling, canoeing, high ropes, as well as the opportunity to build relationships with other students and staff. By all reports, a fantastic time was had by all.

All of Year 7 and Year 9 students are right in the middle of NAPLAN training and practice tests this Friday and coming Monday, in readiness for the first of the online NAPLAN tests scheduled for weeks 3 & 4 of Term 2. This is involving over 150 computers set up for the students to complete more than 2500 individual tests over two weeks. An exciting yet stressful time of the year for all students and staff involved, but hopefully, all students will perform to the very best of their ability.

Year 10 doesn't miss out on all the fun, with the HSC Minimum Standards testing to be done in week 10 of this term (next week), with all Year 10 students completing Reading, Writing and Numeracy on-line tests. Any students in Year 11 who have yet to meet their minimum standards for the HSC will have the opportunity to sit their examinations mid-way to the end of term 2.

Another exciting educational initiative happening in week 11 (Last week of this term) is the visit and presentation by education expert EDDIE WOO, who will be speaking to students in the hall, Period 4 on Wednesday 10th of April. He will be presenting on the topics of High Expectations, Effective use of Feedback & Developing 21st Century Skills. This presentation will be open to all interested students, who have registered their names with Ms Pettit in B3.

All of this is leading into a well-deserved two week break over Easter for all students and staff, so we can all re-charge the batteries in readiness for Term 2. Have a great break.

Deputy Principals
Ms Brook, Mr Kershaw and Mr Ind

Week 10B

1 Apr	Harmony Day
3 Apr	Year 7 Parent Afternoon
1-5 Apr	NAPLAN Practice Tests Yr 7 & Yr 9
4 Apr	Cross Country

Week 11A

12 Apr	Easter Show Excursion
12 Api	Last Day of Term 1

Week 1A

29 Apr	Staff Development Day
30 Apr	All students return Term 2

Week 2B

7 May	Illawarra Careers Expo Years 10, 11 & 12
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Week 3A

13-17	May	NAPLAN Year 7 & 9
16-17	May	Year 8 CAP 1 Camp

Week 4B

20-24 May	NAPLAN Year 7 & 9 continues
23-24 May	Year 8 CAP 2 Camp

Week 5A

28-31 May	Year 11 Life Ready Camp
29 May	Year 10 Vaccinations
31 May	Athletics Carnival

IMPORTANT MESSAGES

LATE ARRIVAL – CHANGE OF PROCEDURES

Up until 9.15am go to the side window of the Library between 'A' block and the Library block. One of the Office Staff will record your information and give you a late slip to get into class. After 9.15am report to the front office. Arriving late 3 times without a note from parent/guardian will result in parents being contacted by the school and consequences will apply.

SCHOOL FEES

Invoices for school fees will be sent to parents/guardians by mail during Week 5 of Term 1.

The fridge magnet calendar with 2019 important school dates will also be included.

UPDATING STUDENT DETAILS

If you change your address, phone number, including mobile number, or other contact details could you please let the school know as soon as possible?

PRIVATE PERSONAL PROPERTY

Personal property which is brought to school is the sole responsibility of the individual. The school is not insured to cover loss or damage.

PARKING IN SCHOOL ZONES

Heavy fines are imposed for illegal dropping off or picking up students in school zone hours.

The school car park is for staff parking only and is not to be used for dropping off or picking up students.

RIDING A BIKE TO SCHOOL

Students who ride a bike to school are required by law to wear a helmet.

Year 7

It has been another big few weeks for Year 7! Congratulations to Hannah Carrion, Lara Pero and Alexandra Thomson who represented Warilla High at the Zone Swimming Carnival in Week 7. All the students gave it their best effort. Congratulations also goes to Leivi Willis, Christian Pickering and Harrison Ditton who were selected to compete but were unable to make it on the day.

School camp was held in Week 7. We had 164 students travel to Narrabeen Academy of Sport and Recreation. We had a fun filled three days where we participated in high wire rope courses, flying fox, 5m and 10m abseiling walls, archery, initiatives, canoeing and night activities. It was a great opportunity for students to bond, and they really did our school proud.











The Cross Country and Colour Run took place at the end of Week 7. It was good to see so many representatives of our group on the day having fun and taking part in these events. Results will be out shortly for competitors who will make it to the next round.

Year 7 recently received their interim Reports which was a summary of the student's progress so far. If you have any questions or concerns regarding the report, please contact the relevant teacher. The Year 7 "Meet the Parents Afternoon Tea" will be held 3rd of April and will be a great opportunity for parents and guardians to meet their children's teachers and discuss interim Reports.

Finally, Naplan practice will take place in Week 9, and 10 and The Easter show Excursion Week 11. Students will need 200 Vivos to attend and can get a permission note from Ms Clark from the Welfare Hub.

With term one nearly over, the students have holidays to look forward too, when they can reflect on their progress and enjoy a deserved break. Well done Year 7 on your achievements so far.

Emma King Year 7 Advisor

Year 8

Term one is close to an end, and it's been great to see Year 8 continually learning and striving for excellence. Once again, there have been numerous amounts of students that have received their bronze, silver and gold awards. Well done to these students and I'm sure they will continue to impress.

Our Careers Team, Mrs Hicks and Sharna, have spent some time with Year 8 this term and introduced them to the 'Careers Connect' program. Here students were informed of the importance of knowing how to create a quality resume, identify skills and opportunities to build skills to include in a resume and to ultimately create a pathway into the workforce with a competitive edge.

Year 8 has also participated in the University of Wollongong (UOW) Future me workshops, run by UOW mentors. Students had the opportunity to project their thoughts into the future and imagine where they might see themselves working. They also matched their individual personality traits and strengths with a career type and possible fields of work. It was great to see students engaged in discussions around university and future career aspects.

As the two week break approaches, it's important that students are still meeting expectations and completing their classwork, homework and any assessments that may be due at the end of the term. I hope everyone has a safe and enjoyable break.

Loretta Ratajkoski Year 8 Advisor.

YEAR 11

It has been a long and busy term and many of our year 11 students are beginning to feel the pressure of their HSC years. I encourage students to attend the tutoring sessions offered by the school in order to help them keep up to date with their classwork and Assessments. The Welfare team are ready to assist any students who are in need of further support.

Please remember that it is essential that students complete all Assessment tasks. If tasks are missed, then it is the responsibility of the student to follow up with the appeals process immediately. If N warnings are issued, it is still necessary to complete the task so that an N determination is not given as this will mean that the student has failed to meet the requirements of that course.

Attendance is also a vital component of achieving the HSC. Students must meet the minimum requirements of attendance so please ensure that they are only absent if absolutely necessary and that they arrive at school on time. Any late arrivals result in a partial absence, which contributes to their overall attendance.

Please be reminded that the Life Skills camp, second payments are now due.

Congratulations to the swimmers and athletes who have been competing this term, along with those participating in other sporting competitions. Further congratulations go to the students assisting in the various SRC initiatives which have taken place this term. I hope that everyone has a safe and restful holiday and takes some time to rejuvenate, ready for another busy term to follow.

Terese Woollett Year 11 Advisor

Photography Competition

Year 9 and 10 Photography classes have been working hard all term learning the history, techniques and manual workings of Cameras. Mr Baldwin placed a request for a new image for the School Report, and the Photography classes did not disappoint with creativity in and outside class time. With the design brief in mind, students worked for one lesson each and in their own time to compose an image that would reflect the school they love and respect.

Congratulations to Year 9 student Georgia Langlands. Georiga's image has been selected to represent Warilla High School and winning the Photography Competition. Congratulations to Year 10 students Jasmyn Catt and Jodi Fernandes, both submitting excellent images and receiving runners up Photography awards.



Winning Photography by Georgia Langlands Year 9.

Senior Boys Basketball

On Tuesday 26th March, Warilla High School's Senior Boys Basketball Team travelled to The Snakepit to contest the South Coast Regional Finals. Following a dominate performance at the Southern Illawarra Zone event two weeks earlier, the team had high expectations and had trained three times per week in preparation.

First match Warilla drew Monaro High. Despite Monaro's height, Warilla dominated the inside game as well as the outside with high percentage shotting from the perimeter. Lachlan Cairns and Sam Giles notching up big points tallies and Alex Kessell and Corey Taylor adding points on the fast break. Luke Carey and Jordan Jacavou's defence contributing to the win. The final score 46-25

Second match Warilla faced last year's champions Kiera High. Despite having several scoring threats the Warilla High's defence was too much for Kiera with excellent rebounding defensively and offensively through Jordan and also Kobe McEwan. Some excellent efforts from Bailey Mahe led the way when Keira resorted to a full court press and contributions from Liam Craig, Jaiden Hodder and Luke Carey continued to support our leading scorers. Final score 59-38.

The team approached the semi-final match with Wollongong High (WHSPA) as a must win to reach the State Finals. From the outset, the physicality of the game set the tone and WHSPA soon were in foul trouble. Warilla capitalised each time they took the ball inside the key and were sent to the line. With a clever passing game and open shots, Warilla jumped to an early 10 point lead, going into the break 5 points ahead.

In the second half, Warilla struggled to maintain their strong start and began to allow WHSPA to fast break and score points within their key. WHSPA increased their physicality seeking to put Warilla off their game. Some fine perimeter shooting from one of the WHSPA students scraped back Warilla's lead, and with the game, tight Warilla looked to the perimeter to gather quick points to no avail. WHSPA continued to play well inside and out and edged in front. After a tech foul against WHSPA, Warilla were sent to the line and began to mount a comeback. A series of smart shots and inside play returned the confidence in the team and with less than 2 minutes to go the momentum was with Warilla. A quick WHSPA turn over and score halted Warilla's progress and a time out was called. With WHSPA in foul trouble again the win was still in sight as any foul sent our boys to the line. Despite this Warilla failed to capitalise keeping the ball outside the perimeter instead of looking for quick points inside the paint. WHSPA closed out the match for a narrow 50-46 win.

Despite the disappointment of the final game, the Warilla players should be proud of an outstanding 2019 campaign with only one loss from seven games this year. Warilla's depth throughout the starting line-up and bench were their strength. In all games, Warilla drew respect from other teams with their basketball ability and also their fair play and positive attitude. Sometimes losses are hard to take, but the boys should feel proud regardless. Congratulations on a great effort this year.

Team: Alex Kessell, Lachlan Caires, Jordan Jacavou, Corey Taylor, Kobe McEwan, Anthony Trinh, Liam Craig, Sam Giles, Jaiden Hodder, Aidan Ball, Bailey Mahe, Luke Carey, Mr Murray (Boys Basketball Coach)



HSIE Excursion to the Wollongong Botanic Garden

Twenty-four Year 9 students attended the *Aboriginal Culture and the Environment* session at the Wollongong Botanic Garden on 26 March 2019. Year 9 Geography students study the sustainability of Aboriginal land management practices. Year 9 History students study the differences between the European and Aboriginal cultures at the time of the initial settlement. The excursion provided an opportunity to complement the content taught in Year 9 HSIE courses.

Students who attended the excursion participated in various activities. They observed and tasted foods and applied natural medicines traditionally used by Aboriginal people. At the end of the session, the students made their tea out of lemon myrtle, prepared roasted Bunya seeds and made pesto with native spinach. The students agreed they tasted very good. The weather was excellent, and everyone had plenty of fun!

Gani Guneser HSIE Teacher

HSC Disability Support Provisions (special provisions) 2019 Applications

NESA offers practical support to students with a disability sitting the HSC. Approval to use disability support for the HSC exams must be granted by NESA.

Disability can include medical conditions such as diabetes, chronic pain, poor fine motor skills (very poor writing), and mental health issues including anxiety or depression. Disability can also cover learning difficulties including associated with reading and or writing.

NESA requires supporting evidence to be submitted with each application. Often this evidence is in the form of current diagnosis from medical providers including doctors, specialist doctors, as well as allied health professionals such as physiotherapists, psychologists, occupational therapists, behavioural optometrists.

Support offered is practical in nature and depends upon the disability, but can include separate small group supervision, reader, writer, extra time, stand & stretch, rest breaks, diabetic provisions.

It is possible for NESA to permit non-standard support.

Applications are lodged with NESA electronically, by Warilla High School, on behalf of each student, with attached supporting documentation.

Submission of applications to access disability support provisions will generally close at the end of term 1, 2019. NESA will consider late applications.

If you are interested in finding out more regarding the process of applying for Disability Support Provisions for the 2019 HSC, please contact Ros Gaynor Learning and Support Teacher

Ms Gaynor Learning & Support Teacher

Biology Excursion Museum of Human Disease

On the 8th March, Year 12 Biology students went to the Museum of Human Disease at the University of NSW in Sydney. The excursion provided the basis for their depth study into the research of disease.

The Museum has a collection of over 2,000 human tissue specimens sitting in jars and perspex which have kindly been donated from patients during treatment or after death. The benefit is to further the research and knowledge of HSC and medical students and pathologists. Observing these specimens provides an awareness of the pain and suffering some of these diseases inflict on people.

The museum is full of interesting and confronting specimens with some aged over 100 years old! There are infectious and non-infectious diseases including HIV, tuberculosis, cancers, an ovary with hair and a tooth growing inside, and a 7cm horn that extended from a patients' elbow.

The aim of the exhibit is to inspire people to care more about their own bodies. Many diseases associated with a lifestyle such as smoking, obesity, alcohol and drugs, are also available to view and provide great evidence of the impact of unhealthy lifestyle factors.

SRC Representative Philip Vrtkovski:

"The Disease Museum was a great experience. It was very intriguing to observe the actual specimens and to gain a better understanding of the physical appearance of diseases. The speaker was very informative, and we had an abundance of time to observe each of the specimens thoroughly. "



The students could appreciate the advances in modern medicine as diagnosis and treatment of disease has improved so that many of the diseases no longer exist in Australia.

We experienced university life enjoying lunch and savouring the atmosphere of the campus. Several students rated their dance skills and joined in the celebrations for International Women's Day.

Thank you to Mr Dyer for organising the excursion and to Mr Ralston-Bryce for his assistance and enthusiasm which made the day so enjoyable.

Miss Avnell Biology Teacher



I will complete the HSC in 2019

You do not need to meet the HSC minimum standard or pass the online tests to receive the HSC.

I will complete the HSC in 2020

You need to meet the HSC minimum standard to receive the HSC.

To show you meet the standard you need to:

- pass the online reading test or have achieved Band 8 or above in reading in Year 9 NAPLAN in 2017 and
- pass the online writing test or have achieved Band 8 or above in writing in Year 9 NAPLAN in 2017 and
- pass the online numeracy test or have achieved Band 8 or above in numeracy in Year 9 NAPLAN in 2017.

STUDENTS CURRENTLY IN YEAR 10....

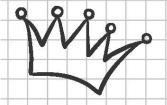
I will complete the HSC in 2021 or later

You need to meet the HSC minimum standard to receive the HSC.

To show you meet the standard you need to:

- pass the online reading test and
- pass the online writing test and
- pass the online numeracy test.

WEEK 10 TERM 1 ALL YEAR 10 STUDENTS WILL SIT THEIR READING WRITING AND NUMERACY TESTS.



MISS LEVER



SRE (Special Religious Education)

Dear Parents,

SRE (special religious education) has now commenced for the year. We have fortnightly classes offered for year 7 and 8 students as well as a couple of seminars for all years coming up later in 2019. Although these classes are taught from a Christian point of view, they are designed for children of all backgrounds. They help students think through what is taught in the Bible and allow the opportunity for discussion and respectful disagreement about matters of faith and belief. Please remember to return your SRE enrolment form to be included in these classes.

Murray Border Scripture Teacher

NAPLAN 2019 Adjustments

As you know, NAPLAN will be conducted online during Term 2 this year. Students in Year 7 and Year 9 will be participating.

Under certain circumstances, students with a disability are eligible to have adjustments to support their participation in NAPLAN assessments.

If you believe that your child may be eligible, please contact Ros Gaynor, Learning and Support Teacher to discuss eligibility criteria and the available support if appropriate.

If you do not want your child to participate in NAPLAN, it will be necessary to contact our Principal John Hambly to discuss your concerns and arrange for your child to be formally withdrawn.





WARILLA HIGH SCHOOL

PRINCIPAL: Mr J Hambly BA Dip Ed M Ed MACEA JP DEPUTY PRINCIPAL: Ms M Brook BA Dip Ed JP M Ed

DEPUTY PRINCIPAL: Mr M Ind BA ED

DEPUTY PRINCIPAL: Mr Kershaw B Ed Grad Cert Tech

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20 February 2019

CHANGES TO SENTRAL PARENT PORTAL

Due to unforeseen circumstances we have needed to make some amendments to the Sentral Parent Portal. Our school has turned off the facility to be able to make amendments to student/parent details. This facility is now "Read Only".

If you need to make amendments to any of the personal details listed on the Sentral Parent Portal, please come into the front office of the school to do this. If you need to change your address, please bring in proof of address too.

If you require any further details, please do not hesitate to contact the school on 4296 3055.

Kind Regards,

Sharon Seeney

School Administration Manager

Warilla High School

Warilla High School - 'Student Centred, Outcomes Driven'



A case of whooping cough has been confirmed in a child from Warilla High School

- . Whooping cough can be a very serious illness for babies
- · You can still get whooping cough even if you are vaccinated
- . Please take this letter to your doctor if you or your child are coughing

Dear Parent or Guardian

15/03/2019

It is important to look out for these symptoms in you and your child over the next 3 weeks:

- Dry cough Sore throat
- Cough often worse at night and comes in bouts Runny nose

Note: the "whoop" sound is often not heard in older children and adults

What should I do if my child is coughing?

If you or your child starts coughing please go to your doctor to be tested for whooping cough. **This is extremely important if there is a baby less than 6 month of age living in your household**. Anyone who is being tested for whooping cough should remain at home until the results are available.

Whooping cough can be a very serious illness for small children, especially babies under twelve months old.

How is it tested?

Whooping cough is tested by a throat or nose swab.

How is it treated?

Whooping cough is a respiratory illness which is treated with a course of antibiotics. To prevent the spread to others, anyone with whooping cough should remain at home until they have had the first five days of antibiotics.

How is it prevented?

Vaccination is the best prevention for whooping cough. However, the vaccination for whooping cough is not 100% effective and you can still get whooping cough even if you are vaccinated. NSW Health recommends an adult booster vaccine every 10 years to protect from Diphtheria, Tetanus and Whooping Cough (Pertussis).

Need more information?

For more information, please see the Whooping Cough Factsheet, visit the NSW Health Website www.health.nsw.gov.au or call the Public Health Unit on 02 4221 6700.

Yours sincerely

Curtis Gregory

Director

Wollongong PHU, Illawarra Shoalhaven LHD

Public Health Unit – Wollongong Office

Illawarra Shoalhaven Local Health District Locked Bag 9, Wollongong, NSW 2500 Level 1 67-71 Warrawong NSW 2502 Tel (02)42216700 Fax (02) 4221 6759



Communicable Diseases Factsheet

Whooping Cough (Pertussis)

Last updated: 28 June 2018

Whooping cough affects people of all ages. It can be especially serious for babies. Vaccination reduces the risk of infection and severe disease.

What is whooping cough?

Whooping cough can be a life threatening infection in babies. Whooping cough in babies can lead to apnoea (pauses in normal breathing), pneumonia, feeding problems and weight loss, seizures, brain damage and, in some cases, death. Older children and adults can get whooping cough too and pass it on to babies.

What are the symptoms?

- Whooping cough usually begins like a cold with a blocked or runny nose, tiredness, mild fever and a cough.
- The cough gets worse and severe bouts of uncontrollable coughing can develop. Coughing bouts can be followed by vomiting, choking or taking a big gasping breath which causes a "whooping" sound. The cough can last for many weeks and can be worse at night.
- Some newborns may not cough at all but they can stop breathing and turn blue. Some babies have difficulties feeding and can choke or gag.
- Older children and adults may just have a cough that lasts for many weeks. They may not have the whoop.

How is it spread?

- Whooping cough is spread when an infectious person coughs bacteria into the air which can be inhaled by people nearby. If they are not treated early, people with whooping cough are infectious in the first three weeks of their illness.
- · Whooping cough spreads easily through families, childcare centres and at school.

Who is at risk?

- Anyone can get whooping cough. People living in the same household as someone with whooping cough
 are especially at risk.
- Immunisation reduces the risk of infection but immunity fades over time. You can still get whooping cough even if you've been immunised.

How is it prevented?

Whooping cough vaccines provide good protection from infection but immunity fades which means that boosters are needed.

Immunisation for babies

• Babies need to be immunised at 2 months, 4 months, 6 months and 18 months. The first dose can be given as early as 6 weeks of age.

Whooping Cough (Pertussis)

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- Getting your baby vaccinated on time gives them some protection when they are most at risk of severe
 illness.
- If your baby's vaccines are overdue, see your GP now to catch up.

Immunisation for older children

- A whooping cough booster is needed at 4 years of age.
- Check if your child has been vaccinated. Look at their Blue Book, speak to your GP or ring the Australian Immunisation Register on 1800 653 809.
- A second whooping cough booster is given in high school through the NSW School –based Vaccination Program.

Immunisation for adults

A booster for adults is recommended for:

- women who are in the third trimester of pregnancy, preferably at 28 weeks. Free vaccine is provided through GPs and hospital antenatal clinics.
- other adult household members, grandparents and carers of infants under 12 months of age.
- · adults working with young children, especially health care and child care workers.

If you are a close contact of someone with whooping cough:

- If you have been exposed to someone with whooping cough early in their illness while they are
 infectious, watch out for symptoms and see your doctor if you get a new cough.
- Some babies and some pregnant women need antibiotics to prevent whooping cough infection if they
 have had significant contact with an infectious person.

How is it diagnosed?

Your doctor may ask about your symptoms and whether you've had any contact with whooping cough. If your doctor thinks you have whooping cough, a swab from the back of the nose or throat can confirm the diagnosis.

How is it treated?

- Some babies may need treatment in hospital or in intensive care.
- Antibiotics are used to treat whooping cough in the early stages and can help prevent spreading
 whooping cough to others. People who are not treated early with the right antibiotics can spread the
 infection in the first 3 weeks of their illness. After 5 days of antibiotics, you are normally no longer
 infectious.
- The cough often continues for many weeks, despite antibiotics.

What is the public health response?

Doctors and laboratories must confidentially notify cases of pertussis to the local public health unit. Public health unit staff can advise on the best way to stop further spread.

Infectious children are restricted from going to pre-school and school. Unimmunised contacts may be excluded from child care unless they take the special antibiotics.

Identify - Protect - Prevent

NSW Health whooping cough campaign:

http://www.health.nsw.gov.au/Infectious/whoopingcough/Pages/default.aspx

For further information please call your local public health unit on 1300 066 055 or visit the New South Wales Health website www.health.nsw.gov.au

Whooping Cough (Pertussis)

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First Aid / Sick Bay - School Nurse at Warilla High School.

First Aid / Sick Bay Registered Nurse's Clinic Hours:

Monday - 9am - 2pm

Tuesday – students attend Front Office for sickbay

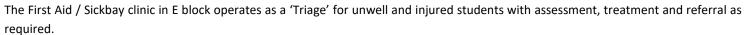
Wednesday – 9 am – 2 pm

Thursday – 9 am – 2 pm

Friday – students attend Front Office for sickbay

(Students are requested to attend the Front office outside of these hours if they require sick bay assistance and/or first aid.)





- In providing First Aid and initial injury and illness management for students, a number of options are used. This can be hot/cold packs, asthma support, eye wash, cleaning and dressing of wounds and bandaging.
- Parents are notified by telephone of students who attend First Aid/sickbay and can be requested to take the student home or for further medical treatments.

➢ OPT OUT option – for parents

If you would prefer your student(s) **not** to have any of the treatments offered by the R.N. could you please let the Principal or Front Office staff know by telephone or written request.

Treatments that can be offered to students include:-

Eyewash – for first aid removal of a foreign body in the eye.

Eye Lubricant - for sore eyes

Fisiocrem – with Arnica, Hypericum and Calendula for temporary relief of muscular aches and pains

Stingose – calms and soothes pain, itching and swelling from insect bites

Calamine lotion – soothes and protects skin from itching caused by insect bites.

Tea Tree oil – diluted for wound care.

Please feel free to contact me if you wish to discuss the care of your student(s) when at school and in the care of First Aid / Sickbay.





From time to time we need to talk.....Head Lice

The facts

- head lice are one of the most commonly reported health complaints from parents and teachers
- anyone can catch head lice regardless of their age, sex, or how clean their hair is
- head lice move from one person's head to another via direct contact with the hair
- head lice do not survive long when they are off a human head
- head lice do not live on furniture, hats, bedding or carpet
- head lice have built up some resistance to head lice treatments

Outbreaks of head lice are common, particularly in primary schools.

NSW Health recommends students can continue to attend school.

Treatments

<u>Mechanical removal</u> with a small toothed comb and <u>Chemical removal</u> using a special lotion for the treatment of head lice bought at the chemist.

If you find any eggs or lice, please commence treatment as recommended.

Tips for parents in reducing the spread of head lice

- regularly check your children's hair
- tie long hair back or braid the hair
- teach older children to check their own hair

Further information on head lice is available on the NSW Health website or through the Department's website at http://www.health.nsw.gov.au/environment/headlice/Pages/treatment.aspx

http://www.schools.nsw.edu.au/studentsupport/studenthealth/conditions/headlice/index.php.

Julia Herman,

Registered Nurse

Brainstorm Productions

Award-Winning In-School Theatre Performances

The Hurting Game

On *Thursday 29th MARCH 2019* Brainstorm Productions will be presenting their student wellbeing program 'The Hurting Game' for *Year* 7.

The Hurting Game is a live, interactive theatre experience that captures the dizzying highs and crushing lows of high school and growing up. From teen cliques, coping with peer pressure, teenage insecurities and bullying. The production, tells the tale of how destructive relationships at school and online can affect students' self-esteem and their future wellbeing. But the characters soon realise that caring for others is the answer to most of life's biggest problems. The program aims to inspire students to develop healthier and happier relationships, both online and in the real world.

The Hurting Game is part of our student wellbeing curriculum and the program has been developed in consultation with teachers, psychologists, as well as real-life student experiences. The methodology of the program is safe, supportive and nonjudgmental and designed to provide students with positive and useful tools that they can use in their everyday lives.

More than 350,000 Australian students have already benefited from Brainstorm Productions multi award-winning educational theatre programs over the past twelve months. Their programs cater to the specific wellbeing needs of students, helping to create a healthy and harmonious school environment. If you would like to know more about Brainstorm Productions, visit their website at www.brainstormproductions.edu.au





Autism Advisor Program

FREE Information and Support Group – Shellharbour

When: Thursdays, March 28th and April 11th

10.00am-12.30pm

Where: Shellharbour Club, corner Wattle and Shellharbour Roads, Shellharbour

What: An information and support group for parents and carers of children 0-7 with autism*. The purpose is to answer questions commonly asked by parents following a diagnosis and to give information about relevant topics, including:

Session 1: Reflections on the diagnostic process; what is the NDIS and how to access the scheme

Session 2: Encouraging communication through the use of visual supports; Q & A and Continuing the Connection

Please note that children are welcome to come, however there is no childcare provided and you are responsible for your child at all times.

To register please call the Autism Advisor Program on 1300 978 611 or send us an email: autismadvisor@autismspectrum.org.au

* Please contact us if your child is outside this age-range to discuss suitability







Youth Aware of Mental Health

The Department of Education is working with the Black Dog Institute to run a school-based peer support and mental health literacy program called Youth Aware of Mental Health (YAM).

What is YAM?

YAM is a program aimed at addressing the mental health needs of young people.

YAM involves discussion and role play. It aims to get young people involved and talking about mental health. By doing this young people will learn problem solving skills and gain knowledge about mental health.

This is a free program for all Year 9 students. The Department of Education has funded all costs associated with the YAM program.

Who is it for?

All Year 9 students

What is in the program?

There are 6 themes addressed in the program

- What is mental health?
- Self-help advice
- · Stress and crisis
- Depression and suicidal thoughts
- · Helping a friend in need?
- Who can I ask for advice?

How will YAM run in our school?

YAM will run over 3 weeks and is delivered in the classroom setting (up to 30 students) by accredited trainers external to the school.

Week 1	Week 2	Week 3	
Opening session	Role play 2	Closing session	
+	*		
Role play 1	Role play 3		

Students will be given a booklet to keep. It will include a guide of local health resources as well as a list of different organisations who work with youth in the local community.

Who can I contact to discuss YAM?

The contact for YAM in our school is Ms Clark

When will YAM be delivered in our school?

YAM will be delivered in Wk 8/9/10 Term 1

Where can I find more information about YAM?

http://www.y-a-m.org/

1

Warilla High School Merit System

200 Vivos





400 Vivos





800 Vivos





2600 Vivos





5200 Vivos











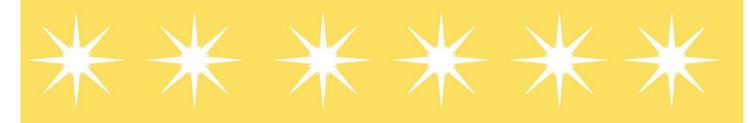
Be a part of

SOUTHERN STARS 2019

August 23 - 24, 2019

TO REGISTER YOUR INTEREST

See Ms McPherson, Ms Little or Ms Ryan







Shellharbour Youth Services

thurs 11

All activities are FREE for young people aged 12-25 years



wed 10

Youth week Party 3.00 - 5.00pm Albion Park Youth Space Free



fri 12



mon 15

Tie Dye Fun

1.00pm - 4.00pm Albion Park Community Centre 8-18 years

Free, afternoon tea provided

Easter Craft

3:30pm - 5:30pm Warilla Neighbourhood Centre 8-17 years old Free, afternoon tea provided



tues 16 wed 17

Easter Egg Hunt 3:30 - 5:30pm Warilla Neighbourhood Centre 8-17 years old Free, afternoon tea provided



Shellharbour City Youth Market

4.00 - 8.00pm Shellharbour Civic Centre

thurs 18

Tie Dye Fun 2.30 - 5.00pm Albion Park Rail Neighbourhood Centre 8-18 years

Free, afternoon tea provided

fri 19

Public Holiday GOOD FRIDAY



mon 22

Public Holiday **EASTER**



tues 23 wed 24

Ice Cream Mash up 3:30 - 5:30pm Warilla Neighbourhood Centre 8-17 years old Free, afternoon tea provided



thurs 25

Public Holiday ANZAC





Theatre Production AWAY - by Michael Gow

5:30pm @ Blackbutt Youth Centre

WEDNESDAY 24 APRIL - OPENING NIGHT **MONDAY 29 APRIL**

WEDNESDAY 1 MAY

FRIDAY 3 MAY

MONDAY 7 MAY - CLOSING NIGHT



POOL COMPETITION

Prizes to be won! FREE Warilla Neighbourhood Centre

12-17 years **BBQ** provided



For TYE DYE Activities, bring a white cotton item (T-shirt, socks, bag or pillow slip)

For more info

Shellharbour Youth Services Warilla Neighbourhood Centre Albion Park Youth and Community Care 02 4295 3820

02 4296 3433

02 4257 3342

systeam@shellharbour.nsw.gov.au





Shellharbour **Youth Services**





CAUTION

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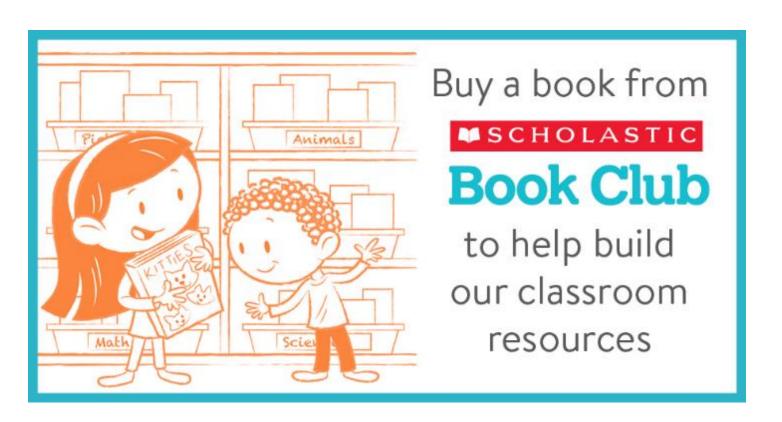
CYCLE SAFETY

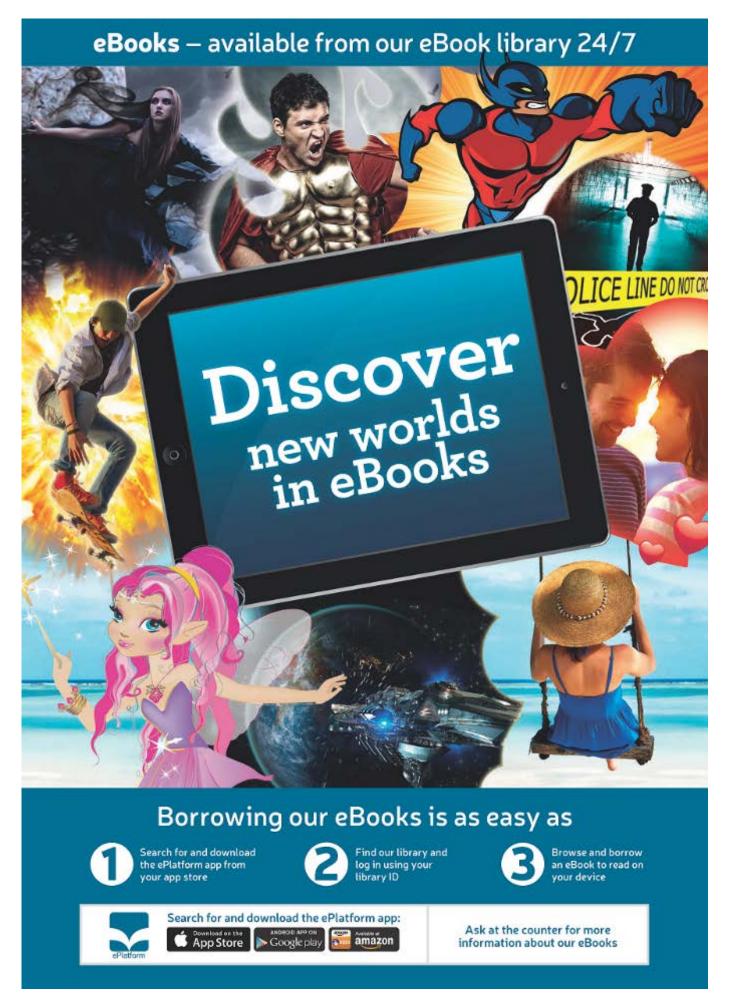


We have had some reports of students riding bikes and scooters to school and not obeying road rules. Both Police and Council Rangers have informed the school they are monitoring the situation. NSW cycling **fines were** increased on July 1, taking **the penalty for not wearing** a **helmet** to \$330; riding negligently, furiously or recklessly to \$439; and **failing to** stop at a pedestrian crossing to \$439. Please bring this to the attention of your child.

John Hambly Principal







https://warillahs.wheelers.co/



WARILLA HIGH SCHOOL

PRINCIPAL: Mr J Hambly BA Dip Ed M Ed MACEA JP DEPUTY PRINCIPAL: Ms M Brook BA Dip Ed M Ed JP DEPUTY PRINCIPAL: Mr S Kershaw B Ed G Cert. Tech

DEPUTY PRINCIPAL: Mr M Ind B Ed

ABN: 18 246 198 266

KEROSS AVENUE BARRACK HEIGHTS 2528 PO BOX 396 WARILLA 2528 PH: 02 4296 3055 FAX: 02 4297 2817

warilla-h.school@det.nsw.edu.au

SCHOOL ENROLMENT POLICY

Warilla High School maintains an enrolment ceiling, based on available permanent accommodation and total numbers in each year group. Within the enrolment ceiling a buffer in each year group is maintained to accommodate local students arriving during the school year. Places in the buffer are not offered to non-local students. Feeder schools for Warilla High are Barrack Heights, Flinders, Shell Cove, Shellharbour and Warilla Public schools. Parents and carers are encouraged to contact the school to clarify the local zone for Warilla High School. It should be noted that non-local enrolments accepted by the primary school do not automatically guarantee an enrolment at Warilla High School. Such applications will be assessed as non-local applications.

Non-local application based on 'sibling rights' is not the sole determination in offering a position.

Placement Panel:

The placement panel will consider and make recommendations on all non-local enrolment applications.

- Year 6 into Year 7 enrolment applications: The Placement Panel consists of the Principal, the
 Deputy Principal with responsibility for that cohort the incoming year advisor and a SASS officer.
 The Principal is the chairperson and has the casting vote.
- Applications for enrolment into Years 8 -12, and Year 7 after the commencement of the school
 year: The panel consists of the Principal and the Deputy Principal responsible for the relevant year
 group. The panel is chaired by the Principal.
- This policy is endorsed by the Warilla High School P&C. All decisions are ratified by a representative
 of the P&C executive.

The decisions made by the placement panel are made within the context of the capacity of the school and the buffer retained for local students arriving later in the school year.

Criteria for Non-local Enrolment Applications:

- Demonstrated leadership and commitment to school and learning.
- Access learning, well-being and or extracurricular programs offered at Warilla High School
- Significant welfare issues.

Waiting Lists:

A waiting list will be established for non-local students seeking enrolment but unsuccessful in the first round of offers. The size of the list will reflect the realistic expectation that vacancies will become available.

Appeals:

If a parent/carer wishes to appeal a decision of the placement panel the appeal should be made to the Principal in writing. If an appeal cannot be resolved at the school level it will be referred to the School Education Director for the South Coast Group of Schools who will consider the appeal and make a determination.

John Hambly

Principal - Panel Chairperson

Warilla High School - 'Student Centred, Outcomes Driven'

CANTEEN PRICE LIST 2019

HOT FOOD		SANDWICHES		DRINKS	
Chicken Burger	\$4.00	Salad Sandwich	\$3.50	Plain Milk small	\$2.00
Meat Pie	\$3.50	 Cheese, Tomato, Beetroot, Carrot 	_	Large	\$3.00
Potato Pie	\$4.00			300ml Flavoured Milk	\$2.50
Sausage Roll	\$2.50	Cheese & Tomato	\$2.50	600ml Flavoured Milk	\$3.50
Burritos Beef	\$4.00	Chicken, Lettuce & Mayo	\$4.00	Fruit Juice Wild	\$3.00
Spinach & Cheese Roll	\$4.00	Egg, Lettuce & Mayo	\$3.00	Bottled Water	\$1.50
Chicken or Beef Noodles	\$3.00	Ham, Cheese & Tomato	\$3.50	Up 'N' Go	\$2.50
Vegetarian Nachos	\$4.00			Up 'N' Go Large	\$4.50
Sweet Chili Chicken Wrap	\$4.00			Ice Break	\$4.00
Meatball Rolls	\$4.00	Rolls & wraps		Flavoured Water – focus	\$2.00
Fried Rice	\$3.00			Quelch Flavoured	\$2.00
Garlic Bread	\$1.50	Salad Roll or Wrap	\$4.00		
		Chicken, Lettuce & Mayo Roll or Wrap	\$4.50	Snacks	
SALAD BOWLS		Chicken Caesar Wrap	\$5.00		
		Chicken Salad Roll or Wrap	\$4.50	Yoghurt	\$1.50
Salad Tuscan Chicken	\$4.50			Carton Custard	\$3.50
Salad Chicken & Ham Caesar	\$5.00			Rice Crackers	\$1.00
Garden Salad	\$4.00	ICE CREAMS		Popcorn	\$0.50
Sweet Potato Salad	\$4.50			Muffins	\$2.50
Mexican Salad	\$5.00	Frozen Fruit Cups	\$1.00	Banana Bread	\$2.00
Ham Salad	\$4.50	Frozen Yoghurt	\$2.00	Fruit Salad Bowl	\$4.00
Chicken & Avocado Salad	\$5.00	Milo Scoop Cups	\$3.80	Watermelon Bowl	\$3.00
				Butter Menthol/Eucalyptus	\$1.00
BREAKFAST TOASTIES					
Cheese Toastie on wholemeal	\$2.00				
חמונו על כווכנטל וסמטוני טון שווטוניוונים	9 2 .00				



Daylight Sportswear Pty Ltd

ABN 76 069 733 455

6 - 8 Lone Pine PI, Smeaton Grange NSW 2567

Tel: (02) 4648 1066 Fax: (02) 4647 0143

Email: daylight@daylightcorp.com

Warilla High School UNIFORM SHOP <u>Price List</u>

NAME:	YEAR:	DATE:	REC#

	ITEM		SIZE	<u>QTY</u>	TOTAL INCL GST
	SNR Sky Blouse	28.00			
 	Girls Shorts	36.00			
Girls	JNR Navy Skirt	40.00			
	SNR Tartan Skirt	48.00			
Paus	SNR Boys Sky Shirts	28.00			
Boys	Boys Navy Shorts	36.00			
Unisex	Fleecy Jackets	39.00			
Onisex	JNR Polo	30.00			
	Sport Jackets	55.00			
<u>\</u>	Royal Sports Shorts	28.00			
Sports	Sports Shorts	25.00			
S	Trackpants	37.00			
	Sports Polo	35.00			
کِّ	Navy Scarf	12.00			
Accessory	Boys Navy Tie	20.00			
Š	Girls Tie	10.00			

UNIFORM ENQUIRES PLEASE PHONE:0401 680 325

Purchase Online: daylightsportswear.com/warilla

MASTERCARD VISA EFTPOS NOW AVAILABLE, CHEQUES NOT ACCEPTED. NO LAYBY.

High Attendance Equals High Achievement

What is a justified reason for being absent from school?

Justified reasons for absences may include if the student:

- has an <u>unavoidable</u> medical or dental appointment (preferably, these should be made after school
- or during holidays)
- is required to attend a recognised religious holiday
- is required to attend an exceptional or urgent family circumstance (such as attending a funeral)
- is sick, or has an infectious disease.

Absences for reasons such as some of the following may not be justified.

- Shopping
- · Sleeping in
- Working around the house
- Minding younger siblings and other children
- Minor family events such as birthdays
- Haircuts.

It is important to realise that parents (including carers) may be prosecuted if children have recurring unjustified absences from school.

If you have any questions regarding student attendance, please contact the school.

Ms J. Grace

Head Teacher Student Administration

Online Uniform Store

Looking to purchase your child's school uniform online?

We now have a brand new 'Shop Now' button on our Facebook page, click it, and it will take you straight to our online store! No need to get out of your chair!

Alternatively, you can visit our school website (<u>www.warilla-h.schools.nsw.edu.au</u>) -> Our School -> Uniform -> Online Store and this will take you there.



Make Online Payments (POP)

Is now possible for parents to make online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac. Payments can be made using either a Visa or MasterCard credit/debit card. The payment page is accessed from the front page of the school's website by selecting \$ Make a payment

Items that can be paid include voluntary school contributions, subject contributions, excursions, sales to students and creative and practical arts activities (these include band, drama and dance). There is also a category called "other", this would cover items not covered under the previous heading. 'Other' can be used to make complete payment of a school invoice.

When you access the \$ Make a payment you must enter:

- The student's name, and
- class and reference number OR
- The student's name, and
- Date of birth.

These details are entered each time you make a payment, as student information is not held within the payment system.

This is a secure payment system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner and these details are not passed back to the school.

You have the ability to check and change any details of the payment before the payment is processed. Receipts can be emailed and/or printed.

Details of the payments are passed daily to the school where they will be receipted against your child's account. As a receipt has been issued from the payment page a further receipt will not be issued by the school.

For any enquiries regarding the Online Payment process please contact the office staff on 02 4296 3055 or alternatively email;

warilla-h.school@det.nsw.edu.au

Mrs C. Souter

School Administrative Manager

Warilla High School Bike Helmet Safety Policy

While riding a bicycle it is required by law to wear an (Australian Standard Approved) helmet securely fitted and fastened to your head.

Warilla High School has an obligation to enforce this law for the safety of their students when riding a bicycle to or from school.

Governed by Work Health & Safety, Duty of Care and NSW Law, Warilla High School cannot allow a student to ride a bicycle to or from the school premises without a helmet.

Therefore, if a student arrives at school without wearing a helmet then the school will be required to secure that bicycle until that student presents themselves with an approved safety helmet or the student's parents come and retrieve the bike.

Emergency Procedures

In a life threatening emergency, for FIRE, POLICE and AMBULANCE

> DIAL 000

In ALL CASES, advise the Principal.

For your safety, make sure you know the location of your nearest exit.

Evacuation Alarm



CONTINUOUS RINGING OF

Evacuation Procedures

When the evacuation alarm sounds:

- Evacuate the building and proceed to the assembly area identified below.
- Do not re-enter until advised to

Lockdown Alarm

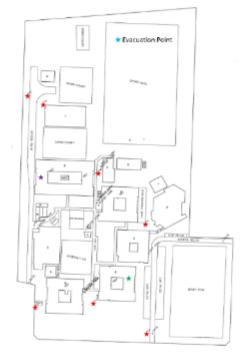


3 LONG, 2 SHORT BELL RINGS

Lockdown Procedures

When the lockdown alarm sounds:

Move to the closest secure point and ring the office to alert them to your whereabouts.



- Fire Hydrants
- First Aid Kits
- First Aid Room
- **Evacuation Point**





WELCOME TO

Warilla High School

Safety Briefing

For Contractors

Visitors and Volunteers

The New South Wales Department of Education and Communities is committed to the occupational health and safety of employees, students, contractors and all other visitors.

For your safety and the safety of others, it is a condition of entry to this site that you take a few minutes to read this brochure.

Mandatory site requirements:

- All visitors are required to report to the main office on arrival.
- Observe all speed, parking and vehicular restrictions.
- Obey all safety signs and barricades.
- Violent, threatening or other unacceptable behaviour is not tolerated on NSW Department of and Communities Education premises.
- All contractors to have completed the Safety procedures for engaging Department of Commerce contractors

Safety procedures for engaging independent contractors

- Smoking is not permitted on DEC premises.
- Alcohol and Illegal Drugs are not permitted on DEC premises.
- Weapons, including knives, are not permitted.
- Dangerous Goods and Hazardous Substances

Visitors and contractors intending to bring dangerous goods on site must declare these at the main office prior to entering the site.

- All Injuries, incidents and hazards must be reported to the main office.
- Injuries will be recorded in the Register of Injuries.
- First Aid treatment is available on site.
- Other

Add information about site specific issues here



All Department of Commerce contractors report to the principal or delegate to:

- indicate the location and duration of the job
- sign the school's Site Visit Lag book
- advise the status of the job before leaving the site.

All non-Department of Commerce contractors must in addition:

- produce a сору their safety management plan including use of personal protective equipment and controls for site specific hazards
- produce public liability insurance documentation before work is commenced
- complete a Prohibited Employment Declaration

I have complied with all WHS issues:

Signed:	
	Contractor
Contractor name:	
Company:	
Date:	







Skoolbag is a mobile App for your school to communicate directly to both parents and students. It works through both smart phones and smart devices (such as iPads and Android Tablets). Ideal for:

- > School, free push notification alerts
- School events
- School newsletters
- > School documents
- School RSS feeds
- School social media (Facebook, Twitter)

Skoolbag delivers school notices directly to parents and students



How to Install Warilla High Skoolbag On Your Smartphone!

iPhone/iPod & iPad Users

- 1. Click the "Apple App Store" icon on your device.
- Type in Warilla High School in the search.
- If iPhone/iPod, you will see our school appear, click "Get" then "Install"
- 4. When Installed click "Open"
- Select "OK" to receive push notifications, when asked.







Android Users

You must first have signed up with a Google Account before installing the app.

- Click the "Play Store" button on your Android Device
- Click the magnifying glass icon at the top and type in Warilla High School.
- 3. Click Warilla High School when it appears in the search.
- Click the "Install" button/
- 5. Click "Accept" for various permissions (please note, we don't modify any of your persona; data on your devices).
- Click "Open" when installed.







Don't forget to like us on Facebook! Like

Find out more at www.skoolbag.com.au

Skoolbag delivers school notices directly to parents and students





Warilla High School

Keross Ave, Barrack Heights, NSW, 2528

PH: 02 4296 3055 | Fax: 02 4257 1825

warilla-h.school @ det.nsw.edu.au

Web: http://www.warilla-h.schools.nsw.edu.au

Facebook: https://www.facebook.com/WarillaHigh

Sentral: https://web1.warilla-h.schools.nsw.edu.au/portal