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23 September 2019 Issue 2 – Term 3 – Week 10
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Principal's Message

I begin my message this time by saying, "Farewell and all the best, to our graduating Year 12 class of 2019". This morning they attended their last full school assembly in the quad, and it was quite an emotional moment as the rest of the school "clapped off" this fine group of young people for the last time. It is a moving Warilla High Tradition that all of the staff and students clap until the last student has left the area, acknowledging our leaders for 2019 are moving on. They have been a great cohort of students across the range of academic, creative and performing areas and leave us with the skills necessary to take their place in our ever-changing society. I would add, though, that it is not too late to improve on Trial results and that a solid, sustained effort heading into the HSC will make a difference. Year 12 students should see the upcoming break from school as an opportunity to keep working consistently at home, revising and practising. Although the HSC does not define a student's life, it is the only HSC they will ever have and, as such, they should give it their very best effort up until the end.

Year 11 are currently undertaking their end of Year exams. During this year we have explicitly taught our senior students how to study smarter, how to deal with student stress and anxiety and how to keep things in perspective and live well through the HSC years. We anticipate that some of these skills will make your student less stressed and able to work more effectively in preparation for their exams.

One point that has stuck with me is that students are not their ATAR score, and 'success' or 'failure' in the HSC is not a measure of a person's worth. For some students, surviving Years 11 and 12 may be difficult because of what is happening outside of school. Certainly, we can't always change the situation, but we can change how we think about it. A positive outlook is a skill for life. Students can reduce the stress of their senior years by studying regularly, keeping good relationships with family and friends, maintaining a positive outlook and asking for help when it is needed.

Next week Year 11 will continue and complete their exams and Year 12 will celebrate their final days with us, before their HSC exams. Their graduation is next Thursday, and we look forward to marking this important event and celebrating with their families six years of success at Warilla High School.

We are all looking forward to the upcoming holidays, and remind you that all students and staff commence on the same day next term Monday 14th October. Stay safe and enjoy your family and friends!!

*With kind regards,
Ms Brook, Acting Principal*



Deputies Report

This newsletter marks the final week of schooling for our Year 12. They have been a wonderful year group over the past six years and have been a credit to themselves, their families and the school. We wish them well over the next couple of months where they will sit for their final HSC exams, but also for the next few years where they will start their journey into the adult world and the rest of their lives, hopefully continuing to seek truth and knowledge.

We are starting to build our Curriculum structures for 2020. Years 7 – 9 have chosen their electives for next year and Year 10 have chosen a pattern of study that best supports their plans for the future. We thank the careers team for the support of our Year 10 students and their families, offering guidance throughout this process.

Mr Harry, as Year 7 2020 Year Advisor, alongside Mrs Luckman and some of our Peer Support leaders visited our partner primary schools last week to introduce our incoming Year 7 to life at Warilla HS. Our Learning and Support team staff also attended and spent valuable time meeting with the Year 6 teachers. This forms part of our transition program and we look forward to having our Year 6 students visit our school next term.

Warilla High School is a proud uniform wearing school. This is in accordance with the Department of Education policy and supported by the whole school community. Wearing a school uniform presents a positive public image to the community of our school. School uniform also fosters a safer school environment by enabling students to be easily identified. All students are expected to wear full school uniform every day. We will be having a uniform blitz next term and have revised our school procedures for students who are not wearing our school uniform. You will find our updated uniform policy and procedures in this newsletter. We ask that you read through our uniform expectations and use the time over the school holidays to ensure that your children have the necessary school uniform.

We have also included our visual that supports our school values of Excellence, Respect, Integrity and Compassion. A3 copies of these will be printed and displayed in all classrooms. E.R.I.C forms part of our school-wide approach to behaviour and learning.

Excellence: *Aiming to achieve your personal best in all aspects of school and community life.*

- Achieve and maintain high learning expectations
- Strive for your personal best
- Set positive and challenging goals
- Persist through challenges and difficulties in learning
- Be prepared for learning activities – organising, planning and revising
- Engage in learning activities
- Future-focused learning skills - critical thinking – reasoning - questioning

Respect: *Having respect for yourself and others, and accepting the rights of others to hold different opinions.*

- Follow teachers instructions
- Speak politely and show respect for others
- Wear school uniform with pride
- Treat others in the way you wish to be treated
- Take care of school equipment, buildings, gardens and playground spaces
- Apply Effective Listening to the views and opinions of others
- Value other students' personal space and property
- Open-mindedness

Integrity: *Being consistently honest and trustworthy, truthful in your words and sincere in your actions.*

- Be truthful in what you say and do
- Tell the truth regardless of the consequences
- Be at school all day every day
- Be on time to all lessons
- Do your own work
- Accept responsibility for your actions - Accountability
- If you need help, seek support from staff
- Use technology and social media responsibly
- Be conscientious, manage distractions

Compassion: *Caring for the wellbeing of yourself and demonstrating resilience, empathy, consideration and thoughtfulness for others.*

- Display empathy for the feelings of others
- Treat people with courtesy and kindness
- Take care of the school and the natural environment
- Help create a positive classroom environment
- Pride and connectedness to the Community
- Show Acceptance of others and our differences
- Be mindful of yourself and others
- Display social and emotional intelligence

We wish students and their families a safe and restful break and look forward to seeing everyone return to school on Monday 14 October.

Deputy Principals

Ms Luckman, Mr Hales and Mr Ind

Week 1A

14/10/19	Start of Term
15/10/19	Cap Info Night Yr7 2020
16/10/19	Year 12 HSC Information Night 2020
17/10/19	HSC Commences

Week 2B

23/10/19- 24/10/19	Stem Mentor Training
25/10/19	Year 8 Marine Jervis Bay

Week 3A

30/10/19 31/10/19	Stem X Primary Visit
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Week 5A

11/11/19	Year 6-7 Transition
12/11/19	HSC End
13/11/19	Year 6 -7 Transition
14/11/19	Year 12 Formal
15/11/19	Year6 -7 Transition

Week 6B

20/11/19	Year 6-7 Parent Information Evening 6 pm
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IMPORTANT MESSAGES**LATE ARRIVAL – CHANGE OF PROCEDURES**

Up until 9.15am go to the side window of the Library between 'A' block and the Library block. One of the Office Staff will record your information and give you a late slip to get into class. After 9.15am report to the front office. Arriving late 3 times **without a note from parent/guardian** will result in parents being contacted by the school and consequences will apply.

SCHOOL FEES

Invoices for school fees will be sent to parents/guardians by mail during Week 5 of Term 1.

The fridge magnet calendar with 2019 important school dates will also be included.

UPDATING STUDENT DETAILS

If you change your address, phone number, including mobile number, or other contact details could you please let the school know as soon as possible?

PRIVATE PERSONAL PROPERTY

Personal property which is brought to school is the sole responsibility of the individual. The school is not insured to cover loss or damage.

PARKING IN SCHOOL ZONES

Heavy fines are imposed for illegal dropping off or picking up students in school zone hours.

The school car park is for staff parking only and is not to be used for dropping off or picking up students.

RIDING A BIKE TO SCHOOL

Students who ride a bike to school are required by law to wear a helmet.

Year 7

Term 3 is drawing to a close and as I reflect on another busy term, it is evident just how busy Year 7 have been.

This term, students have participated in events consisting of Southern Stars, vaccinations, E-smart information session, mural painting of the lower quad, R U Ok day, the Winter Sleepout, and many representing our school at various sporting events.

For any students who missed any of their vaccination visits from NSW Public Health they will have the opportunity to catch up Term One, 2020. Any questions regarding this can be directed to NSW Public Health's School Program on 02 4221 6700.

Students recently had the opportunity to determine their own learning pathways by selecting an elective course they will complete in Year 8. If any student missed this opportunity they should check their student email for details, and return their signed form to B3.

Once again, a numerous amount of students received their bronze and silver awards. A special mention to our very first Male, Max Nedelkovski, and Female, Emily Lim, students who received their gold award representing 800 vivo points. These students have impressed their teachers by following our school core values of Excellence, Respect, Integrity and Compassion.

Finally, I wish to advise all parents and carers I will be finishing up my role as Year 7 Advisor at the completion of this term as I start my Maternity leave. It has been a pleasure looking after your children at school and watching them develop and grow. Mr Nathan Ralston-Bryce will be relieving Year 7 Advisor for the remainder of 2019 and take them into Year 8 for 2020. He can be reached at Nathan.ralstonbryce@det.nsw.edu.au and he will be working closely with Mr Hales, our year groups Deputy Principal for any Year 7 matters.

I wish everyone a fun and safe holiday, and I will see you back when I return. Term

Ms King

Year 7 Advisor

Core News

This term our Year 8 CORE students have been working on creating a beautiful and exciting project, 'Milly Moo Moo' donated to us by Dairy Australia and the Picasso Cow project. The students, as an extension of their TAS studies in the area of Food and Agriculture, have been learning about the dairy industry and decorating Milly to reflect their learning. Our chosen theme was paddock to plate and we decided to focus on the paddock and what it takes to have happy healthy pastures including the role of pollinators and minibeasts. This work in class was complemented by a visit to Oak Flats High school to feed the paddy calves, cooking in our kitchens with a focus on dairy and hands-on activities in our newly established vegetable garden. Milly will stay with us and will be able to be seen in all her glory in the garden from the end of this term.

Mrs Jovanov
TAS Teacher



CAPA News

CAPA Exhibition August 23th -26th August 2019

The annual CAPA Exhibition was held at Red Point Gallery in Port Kembla. The opening night had performances from Nate Mathein, Mitchell Whittaker, Abbey Spicer, Victoria Carey, Thomas Dowell and Claudia Halley. The exhibition showcased art work completed by students ranging from Year 7 to 12 which included printmaking, paintings, ceramics, installations and photographs. The CAPA staff were proud to present our students work at the exhibition.

HSC Practicals work

Our HSC students in Drama, Music and Visual Arts have all submitted their practical works. Visual Arts students have completed their Body of Work, Drama students have performed their Individual Project and Group Projects to the HSC markers, Music students have completed 36 individual performance pieces to the HSC markers. We wish our students all the best in the examination period and the future.

Nate Mathein Year 12

Nate has had an outstandingly successful term in Music. Nate with his band Swells which included former Warilla High Student Caleb Richardson won the Convoy Battle of other Bands and the Triple J Unearthed Competition. We wish Nate all the best as he plays on the same bill as the Veronicas and Hoodoo Gurus, and at the Yours & Ours Festival.

Year 7&8 Music

Students have been working hard at developing their performance skills. Students have chosen to sing or play the keyboard or guitar for the topics of Film Music and Australian Music. We have been excited with the level of commitment from the students and the confidence in which the students have performed with.

Year 10 Music

Students have just completed the "Like a Version" assessment task. Taking a song of their choice and arranging the piece for a small ensemble. Each ensemble has performed their piece as part of the assessment task.

Year 7 Visual Arts

Students are currently working on Portraits. Students have been using the Picasso style to create their Portraits and we can wait to see the final product.

Ms J Neden

Relieving HT CAPA

WARILLA HIGH SCHOOL YEAR 11 STUDENTS FEATURE AT THE CONTEMPORARY ART GALLERY

3 OF OUR YEAR 11 VISUAL ARTS STUDENTS WILL FEATURE IN THE 'EVERY ARTIST WAS ONCE AN AMATEUR' EXHIBITION AT PROJECT CONTEMPORARY ART GALLERY IN WOLLONGONG.

CLAUDIA HALLEY, IMOGEN EVANS AND MIRANDA WESTON WERE SUCCESSFUL IN THEIR SUBMISSIONS AND WILL REPRESENT WARILLA HIGH SCHOOL IN A COLLECTIVE ART EXHIBITION WITH 16 OTHER SCHOOLS ACROSS THE ILLAWARRA.

ARTWORKS INCLUDE SCULPTURE, PHOTOGRAPHY, FILM DRAWING, PAINTING AND MORE!





"Every artist was first an amateur"

An exhibition showcasing Year 11 students' artworks from across the Illawarra

25th - 29th September 2019

Opening 26th September 6-8pm

Project Contemporary Artspace Wollongong

255 Keira St, Wollongong NSW

WED - FRI 11 AM TO 5 PM

SAT - SUN 12 PM TO 4 PM

The exhibition is financially supported by the Secondary Education, Curriculum at the Learning and Teaching Directorate and organised by the Illawarra Visual Arts CNI





NSW Education



OPENING NIGHT
26TH OF SEPTEMBER
OPEN TO THE PUBLIC

Re: Persistent Lateness to school without explanation

During the school year, a growing number of students have been coming late to school, without a note from a parent or caregiver.

Warilla High School is required under the Education Act 2009, to record and report on all absences, be they whole day, or partial day absences. This includes students that are only five (5) minutes late to school. Parents are responsible under the act to explain the absences of their children from school via the Parent Portal, a note, a verbal notification in person, or on the telephone.

A justifiable explanation cannot be considered for incidents such as sleeping in, minding younger siblings or walking slowly to school.

Students persisting with arriving late to school without reason will be issued with an initial warning, then After School Detentions, and then move through the school's Welfare and Discipline Policy. Lateness will be recorded as a partial absence, will be recorded as 'Unexplained Partial Absence' on the student's report and official record of student attendance.

If you have any questions regarding your child's whole day or part-time attendance patterns, please feel free to contact me at the school.

Yours sincerely,

J. Grace

Head Teacher Student Administration

Economics & Business Studies iEntrepreneur Workshop

Economics and Business Studies will attend an iEntrepreneur Workshop early in term 4. An external organisation, Generation Entrepreneur, will introduce the year 10 and 11 students to the world of business 'start-ups'.

This workshop is designed to build students entrepreneurial skills; creativity, collaboration, problem-solving, persistence and overcoming challenges.

The workshop is tailored to the needs of our students and designed to give them hands-on experience of entrepreneurship. The children will explicitly learn the process of developing a potential business idea and refining a 'pitch'. They will make a presentation within the safe environment of their cohort and with adults from outside the classroom.

This workshop is an opportunity for students to practise and develop the highly valued soft skills of critical thinking, communication and collaboration. It aims to prepare students for future ways of working so they can invent their own career. We want them thinking about their future beyond school in a globalised world.

We look forward to sharing some of their entrepreneurial ideas!

Headaches

- A headache is a symptom of pain in the area of the head or neck. Headaches are common in children and adolescents.

Headaches can be caused by many things, including colds, stress, dehydration, lack of sleep or eye problems (e.g. straining to read). Most headaches in children are not due to a serious underlying problem, but they can be upsetting for the child and have an impact on schooling, sport and play activities.

If your child's headaches are severe and persistent, and cause them to miss school or activities more often than once a month, they should be checked by their GP.

Signs and symptoms of different headaches

Children are affected by many different types of headaches, and they can range in severity from a mild ache to severe pain.

Headaches can be thought of as **primary headaches** and **secondary headaches**.

Some primary headaches and their symptoms are:

- Tension headache – feels like a tight band around the head. A tension headache is usually a dull, steady ache felt on both sides of the head, but may be felt at the front and back of the head.
- Migraine headaches – often described as a throbbing feeling, which may be on one side of the head. Migraines are sometimes accompanied by symptoms of dizziness, nausea, vomiting and visual disturbances. See our fact sheet [Migraine headaches](#).

Other primary headache disorders are less common, and can be associated with sudden, one sided, facial pain, and nasal congestion or lots of tears (tears without actually crying).

Secondary headaches are due to an identifiable underlying cause, commonly a mild illness (e.g. a viral infection) or dehydration.

What causes headaches?

Children and adolescents who experience primary headaches often have other family members who get headaches. Common triggers for headaches in children with migraine or tension headaches are not getting enough sleep or being stressed. In rare cases, exercise can also trigger these types of headaches.

Common causes of secondary headaches are viral infections such as colds, sinusitis, or ear infections. Rare causes of secondary headaches are tumours or intracranial (inside the skull) bleeding.

Care at home

Treating an occasional headache can be as simple as having something to eat and drink, and a lie down to rest and relax. A cool, wet cloth placed on the forehead may help relieve the headache, and massaging or stretching the head and neck muscles if they are tight or tender may also help.

If these strategies don't work, it may help to give your child some non-prescription pain medicine, such as paracetamol or ibuprofen (see our fact sheet [Pain relief for children](#)). Follow the instructions on the packet and do not use pain medication for more than two days in a week without advice from your GP. Overuse of pain medication can cause additional problems.

To try to prevent headaches, make sure your child is getting enough sleep and rest, regular exercise and balanced nutrition. Balanced nutrition means your child should eat plenty of vegetables and fruit, lean meats and dairy products, and limit processed foods that are high in fats and sugars.

Keeping a headache diary is a good way to try to identify what triggers (causes) your child's headaches. The diary will also be helpful for your child's doctor in determining the best way to manage and treat your child's headaches in the future. If you find there are any specific triggers that seem to cause your child's headaches, you can work to avoid them.

The headache diary should include:

- when the headache started and what seemed to trigger it

- how long it lasted
- which part of the head hurt
- how bad it was on a scale of 1 (mild) to 10 (severe)
- if anything helped to soothe the headache
- the time of going to bed the night before
- if there were any other symptoms with the headache
- if school was missed because of the headache.

When to see a doctor

Some headaches can be serious, so if you are concerned, see your GP. Your child should see the GP if:

- the headaches are getting worse
- they are having a headache more than once a week
- the headache wakes your child from sleep or the headache is worse in the morning
- the headache is associated with vision changes, vomiting or high fevers
- the headaches begin to disrupt your child's school, home or social life
- you identify that stress is causing your child's headaches but cannot manage it without further help.

For severe, recurrent headaches, your child may be prescribed medication that is stronger than over-the-counter paracetamol or ibuprofen. If the headaches happen a lot, the doctor may suggest a daily prophylactic (preventative) medicine to help prevent the headaches. In cases where psychological stress is identified as a trigger for headaches, a referral to a child psychologist may be helpful.

Key points to remember

- Headaches are common in children and generally not serious.
- They can have an impact on schooling, sport and play activities.
- Keeping a headache diary can help identify the things that trigger your child's headaches, so you can try to avoid them.
- Regular healthy meals, and enough sleep and exercise are important to help prevent headaches.
- Some headaches can be serious, so see your GP if you are concerned.

For more information

- Kids Health Info fact sheet: [Migraine headache](#)
- Kids Health Info fact sheet: [Pain relief for children](#)
- Kids Health Info fact sheet: [Nutrition – school-age to adolescence](#)
- Dr Margie: [Five things you need to know about headaches in school aged kids](#)
- [Headache Australia](#)
- See your GP.

Common questions our doctors are asked

Will my child outgrow his headaches?

This depends on the type of headache your child suffers. Learning what triggers cause your child's headaches allows you to avoid them in the future, and this usually leads to fewer headaches as your child gets older.

My daughter has just started getting her period. Could her headaches be hormonal?

Some adolescent girls have migraine headaches around the time of their monthly period. When this occurs, a preventative medicine (prophylaxis) can be used as the headaches have a predictable pattern.

Does my child need a scan?

A scan is necessary for headaches that get worse over a short period of time and do not go away, and are associated with other worrying symptoms, such as drowsiness, severe vomiting or problems with balance or speech. MRI is the preferred scan as there is no radiation risk; however, in children a general anaesthetic is often needed. A CT scan or head X-ray is not recommended due to the radiation. Typical migraines or tension headaches, where the child is well between the episodes, do not need imaging.

Does too much screen time lead to more headaches?

Some children and adolescents may get headaches from looking at the bright screens of electronic devices, and some children remain in a poor posture for an extended time while they are on their device, which can lead to headaches. Encourage them to take regular breaks from the screen and turn the brightness down. Screen time should be limited.

Developed by The Royal Children's Hospital Neurology department. We acknowledge the input of RCH consumers and carers.

Reviewed May 2018.

Kids Health Info is supported by The Royal Children's Hospital Foundation. To donate, visit www.rchfoundation.org.au.

https://www.rch.org.au/kidsinfo/fact_sheets/Headaches_in_children_and_teenagers/#signs-and-symptoms-of-different-headaches

Disclaimer

This information is intended to support, not replace, discussion with your doctor or healthcare professionals. The authors of these consumer health information handouts have made a considerable effort to ensure the information is accurate, up to date and easy to understand. The Royal Children's Hospital, Melbourne accepts no responsibility for any inaccuracies, information perceived as misleading, or the success of any treatment regimen detailed in these handouts. Information contained in the handouts is updated regularly and therefore you should always check you are referring to the most recent version of the handout. The onus is on you, the user, to ensure that you have downloaded the most up-to-date version of a consumer health information handout.



First Aid / Sick Bay Registered Nurse's Clinic Hours:

Monday 9 am – 2 pm, Wednesday 9 am – 2 pm, Thursday 9 am – 2 pm

Students are requested to attend the Front office outside of these hours if they require sickbay assistance and/or first aid.



The First Aid / Sickbay clinic in E block operates as a 'Triage' for unwell and injured students with assessment, treatment and referral as required. **Headaches**

We have a number of students attending First Aid Sick Bay with **headaches/migraines** and the treatment offered is rest, drink of water, heat pack/cold pack, encourage the student to have something to eat if headache does not settle, parents/carers are usually informed. The Department of Educations' Policy, followed by Warilla High School, is that staff are NOT to give any medications unless prescribed by a Doctor with written instructions' given to the school.

Therefore this means the school cannot supply or give Panadol or Ibuprofen to the students.

Parents may attend the school and deliver pain management at the front office with prior arrangement with the staff or Registered Nurse.

Julia Herman,

Registered Nurse Warilla High School Phone: 4296 3055

WARILLA HIGH SCHOOL - UNIFORM POLICY

Warilla High School is a proud uniform wearing school. This is in accordance with the Department of Education policy and supported by the whole school community – students (represented by Student Representative Council), parents and families (represented by the P&C), and staff.

Wearing school uniform presents a positive public image to the community of our school. School uniform also fosters a safer school environment by enabling students to be easily identified. All students are expected to wear full school uniform every day.

Years 7 - 10 Junior School Uniform – Boys & Girls	<u>Boys</u>	<u>Girls</u>
	Plain* White Polo Shirt	Plain* White Polo Shirt
	Plain* Navy Blue Jacket or Jumper	Plain* Navy Blue Jacket or Jumper
	Plain* Navy Trousers	Plain* Navy Trousers
	Plain* Navy Mid-thigh Shorts	Plain* Navy Mid-thigh Shorts or Skirt
	School Tracksuit	School Tracksuit

Years 11 – 12 Senior School Uniform – Boys & Girls	<u>Boys</u>	<u>Girls</u>
	Sky Blue School Button Up Shirt	Sky Blue School Button Up Shirt
	Plain* Navy Blue Jacket or Jumper	Plain* Navy Blue Jacket or Jumper
	Senior Jersey	Senior Jersey
	Plain* Navy Mid-thigh Shorts or Trousers	Plain* Navy Mid-thigh Shorts or Trousers
	School Tracksuit	School Tracksuit

PLEASE NOTE THE FOLLOWING:

- ***PLAIN** means **WITHOUT** patterns, stripes, slogans of **ANY** kind.
- A plain **WHITE** T-shirt may be worn underneath the normal white school polo shirt for Years 7-10 or the blue senior shirt for Years 11 and 12. Shirts must be buttoned up at all times.
- In very cold/wet weather any jacket worn **MUST BE PLAIN NAVY BLUE**.
- Shoes: Predominately white or black fully-enclosed sneakers or joggers. **Note:** Light canvas 'Raben' shoes/ballet style shoes do not meet Workplace Health & Safety regulations.
- **Leggings or tights are to be worn under skirts or shorts** not on their own. Offending students will be asked to report to the Deputy Principal where they will be given a skirt or shorts to wear on loan.
- Skirts and shorts must be of **appropriate length ie: mid-thigh**.
- Skirts, shorts or pants must also be worn at a socially acceptable height at all times so that there is no gap between the shirt and skirt.
- Jewellery is to be kept to a minimum and be unobtrusive, including studded body piercing.
- School representative sport jumpers are only to be worn on sports day ie Thursday.

Physical Education and Sport Uniforms

Footwear	Sports shoes or joggers must be worn.
Shirt	The Warilla High School Sports Shirt must be worn for PE and Sport.
Shorts	The Warilla High School Rugby/Soccer Sports Shorts must be worn for PE and Sport.
Tracksuit	The school tracksuit for both boys and girls.
Jewellery	No earrings (except studs), rings, bangles, necklaces or watches.

ON THURSDAYS STUDENTS ARE PERMITTED TO WEAR THEIR PE UNIFORM ALL DAY.

IT MUST **NOT** BE WORN IN NORMAL CLASSROOM LESSONS ON **ANY OTHER DAY**.

20 September 2019

WARILLA HIGH SCHOOL - UNIFORM PROCEDURES

If a student is unable to wear school uniform they:

- have a note from the Parent/Caregiver explaining the reason
- hand the note to their Roll Call teacher, who will record on Sentral and refer to Head Teacher for a Uniform Slip
- produce uniform slip on request from teachers throughout the day
- be aware that if the correct shoes are not worn students will be unable to participate in some practical activities (see below)

When a student has a note from home, Head Teacher:

- issues Uniform Slip and notes incident on HT Uniform Tracking Sheet

When a student has no note, Head Teacher:

- issues Uniform Slip and notes incident on HT Uniform Tracking Sheet
- counsels student regarding uniform
- contacts parents on the 2nd incident in a term
- an exclusion from school activities for 3 or more incidents in a term
- may issue a HT lunch detention

When a student is out of school uniform with no Uniform Slip:

- the teacher will request student removes item of clothing immediately, if appropriate
- if a student refuses to follow instructions seek support of HT or send student with a note and a responsible student to the Faculty HT
- the Teacher/HT to record incident and follow up on Sentral

Long term non-compliance will result in non-participation in extra-curricular and whole school activities including but not limited to: Incursions, Year Excursions, Camps, Formals, Ski Trip, Other non-curriculum based activities eg. Sporting teams

If student is **not in the correct footwear** they will be unable to participate in activities in the following areas: Science Laboratories, Industrial Arts, Food Technology and Textiles, Visual Arts

20 September 2019

WARILLA HIGH SCHOOL - UNIFORM PROCEDURES

STAFF ROLES

Roll Call Teacher

- For students out of school uniform, with or without a note, record on Sentral.
- Refer to Head Teacher for issuing of a Uniform Slip.

Head Teacher for Roll Call

- Issue Uniform Slip. Note incident on Uniform Tracking Sheet. Check Sentral entry.
- HT counsels student regarding school uniform.
- Contact Parent/Caregiver on 2nd and 3rd occasions of issuing Uniform Slip. Record on Sentral.
- Head Teacher to use strategies such as detentions, HT Welfare referral, confiscation/replacement of uniform as necessary. Head Teacher issuing detention is responsible for follow-up.
- Document interventions on Sentral.
- Refer to Deputy Principal if school uniform not improved after 2nd contact with parents.

Classroom Teacher/Playground Duty

- Query students out of school uniform throughout the school day.
- If able to provide Uniform Slip – sight the slip, check the date and allow the student to move on.
- If unable to produce Uniform Slip notify Head Teacher for Roll Call to issue/reissue Uniform Slip and to record on Sentral.
- Follow faculty based processes for practical classrooms.
- Check student summary on Sentral when organising an excursion or incursion. Students with 3 or more Uniform Slips in a term are unable to participate in activities representing the school both on and off site.

Head Teacher Administration – Student Attendance (for late arrivals)

follow Head Teacher for Roll Call procedures

- Issue Uniform Slip. Note incident on HT Uniform Tracking Sheet. Check Sentral entry.

Senior Executive

- Student who arrive late via the school office are to see the Deputy Principal who will follow Head Teacher for Roll Call procedures.
- Organise face-to-face meeting or phone meeting student/parent and record on Sentral.
- Continue monitoring uniform compliance.
- Enact School Discipline Policy.
- Implement agreed school sanctions for non-compliance with uniform.

20 September 2019



WARILLA HIGH SCHOOL

Core Values

EXCELLENCE

E

Aiming to achieve your personal best in all aspects of school and community life.

RESPECT

R

Having respect for yourself and others, and accepting the rights of others to hold different opinions

INTEGRITY

I

Being consistently honest and trustworthy, truthful in your words and sincere in your actions.

COMPASSION

C

Caring for the wellbeing of yourself and demonstrating resilience, empathy, consideration and thoughtfulness for others.



Free Breakfast for all!

Wednesdays in B2
from 7am



Food provided by
Vinnies.

See Jewel in the
Welfare hub for more
info

Wazilla High School Merit System

200 Vivos



400 Vivos



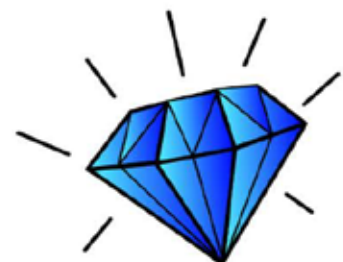
800 Vivos



2600 Vivos



5200 Vivos





DON'T SPREAD FLU



Get a flu shot



Sneeze into your elbow



Clean your hands



Stay at home if sick

It's in your hands
health.nsw.gov.au/flu

March 2018 © NSW Health. Supply (NSW) 180308

CAUTION**CYCLE SAFETY**

We have had some reports of students riding bikes and scooters to school and not obeying road rules. Both Police and Council Rangers have informed the school they are monitoring the situation. NSW cycling **fines** were increased on July 1, taking the **penalty for not wearing a helmet** to \$330; riding negligently, furiously or recklessly to \$439; and **failing to stop** at a pedestrian crossing to \$439. Please bring this to the attention of your child.

Michelle Brook
Principal





Buy a book from


SCHOLASTIC

Book Club

to help build
our classroom
resources

High School Reunion

1975—Yr 10 Graduates
1977—Yr 12 Graduates



Warilla High School Students Reunion
(EXPRESSION OF INTEREST)

Join us for the 1975 (Year 10) and 1977 (Year 12) Graduates Reunion

At : The Shellharbour Club
Cnr. Wattle & Shellharbour Road, Shellharbour 2529
26th October 2019
6:30pm — 11:30pm

MOST of us will turn 60 this year so let us celebrate that we survived the 70's, the 80's and the Millennium - I am sure we all have memories to share from our school days and perhaps it is about time your close friends and partners found out about them!

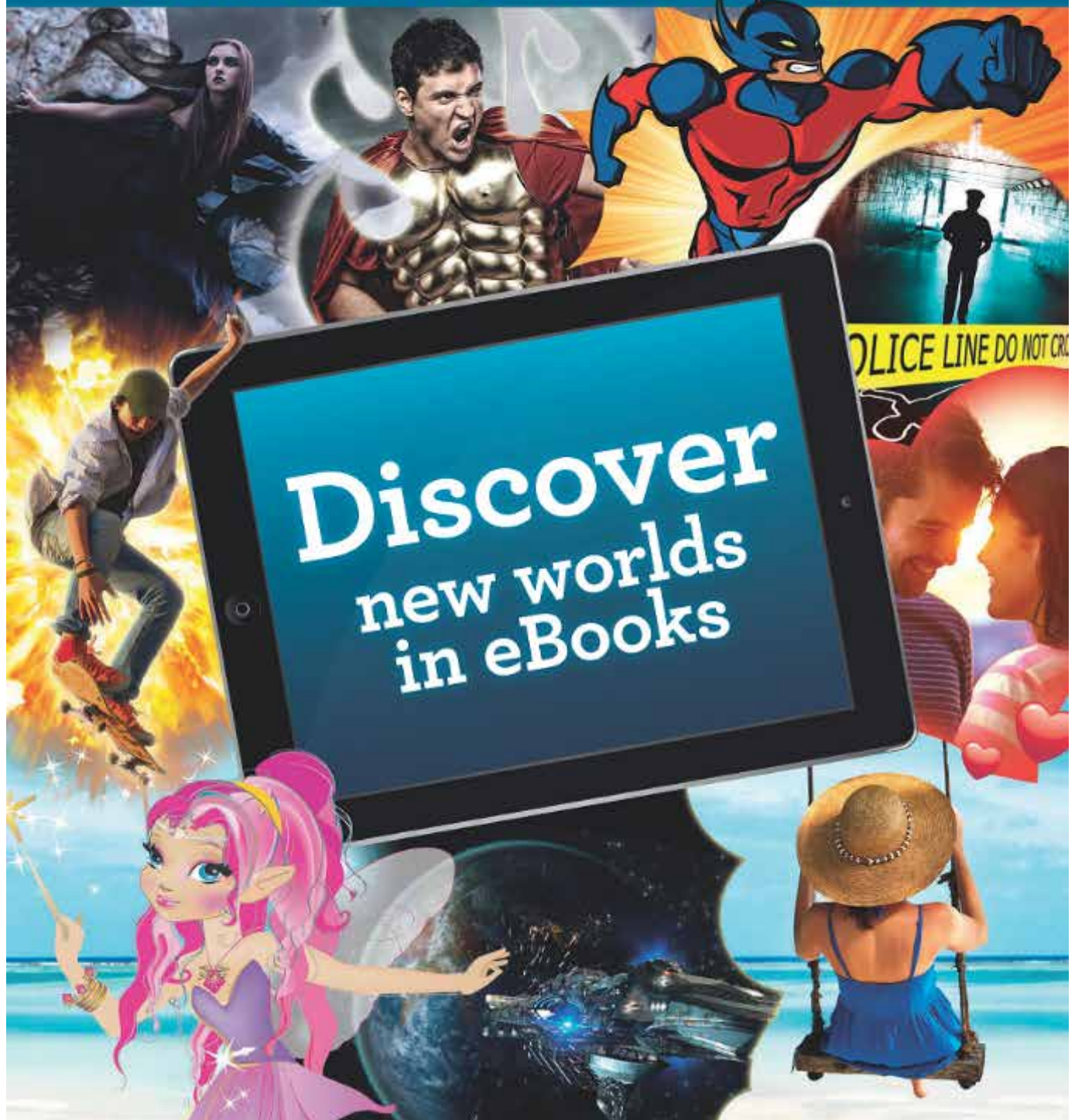
Join the 'Class of 77' Facebook Page and Register your details / interest so that numbers can be confirmed with the club.

If you know anyone from Year 10—1975 or Year 12—1977 please pass on these details

For more information - for bookings etc:
Contact Denzil Bennett (1997 Yr. 12 Graduate)
Email— bennett.denzil@bigpond.com
Mobile 0418 697 423 for details

**\$60 per head
includes 3
course meal**

eBooks – available from our eBook library 24/7



Borrowing our eBooks is as easy as

1

Search for and download the ePlatform app from your app store

2

Find our library and log in using your library ID

3

Browse and borrow an eBook to read on your device



Search for and download the ePlatform app:



Ask at the counter for more information about our eBooks

<https://warilla.wheelers.co/>



DOUBLE DELIGHT FOR ACTIVE KIDS

Thanks to the Active Kids vouchers local kids are keeping active while their parents are keeping the cash.

I am so pleased to advise that from **01 July 2019** each school-enrolled child will now be able to access **two \$100 Active Kids vouchers** per year.

The money will help you pay registration costs for sport and recreation, so that your kid(s) can participate and stay active all year-round. Families across the region keep telling me how much the Active Kids Vouchers help them manage the cost of living. Now with **two Active Kids \$100 vouchers per school enrolled child**, you can keep even more money in your back pocket while your kid(s) stay happy and healthy.

Since the Active Kids program was launched in 2018, more than one million vouchers have been redeemed and more than \$100 million saved by NSW families.

It is a big win for NSW when more kids can participate in sport because of the Government's drive to take down the barriers to expensive registration costs.

Whether it is soccer, scouts, AFL, rugby, netball, golf or volleyball, you're sure to find an activity your kid(s) will love. Active Kids really is making a difference to children's participation in sport and active recreation in NSW.

From January – June there was an overall increase of 13 per cent in the number of Active Kids' vouchers created, including a 17 per cent rise in vouchers created for girls following an influx of registrations for dance, gymnastics, tennis and swimming Active Kids providers.

These are incredible results and demonstrate why the NSW Government is investing an additional \$40 million this year to expand the Active Kids program."



WARILLA HIGH SCHOOL

PRINCIPAL: Mr J Hambly BA Dip Ed M Ed MACEA JP
 DEPUTY PRINCIPAL: Ms M Brook BA Dip Ed M Ed JP
 DEPUTY PRINCIPAL: Mr S Kershaw B Ed G Cert. Tech
 DEPUTY PRINCIPAL: Mr M Ind B Ed

ABN: 18 246 198 266

KEROSS AVENUE
 BARRACK HEIGHTS 2528
 PO BOX 396 WARILLA 2528
 PH: 02 4296 3055
 FAX: 02 4297 2817
 warilla-h.school@det.nsw.edu.au

SCHOOL ENROLMENT POLICY

Warilla High School maintains an enrolment ceiling, based on available permanent accommodation and total numbers in each year group. Within the enrolment ceiling a buffer in each year group is maintained to accommodate local students arriving during the school year. Places in the buffer are not offered to non-local students. Feeder schools for Warilla High are Barrack Heights, Flinders, Shell Cove, Shellharbour and Warilla Public schools. Parents and carers are encouraged to contact the school to clarify the local zone for Warilla High School. It should be noted that non-local enrolments accepted by the primary school do not automatically guarantee an enrolment at Warilla High School. Such applications will be assessed as non-local applications.

Non-local application based on 'sibling rights' is not the sole determination in offering a position.

Placement Panel:

The placement panel will consider and make recommendations on all non-local enrolment applications.

- Year 6 into Year 7 enrolment applications: The Placement Panel consists of the Principal, the Deputy Principal with responsibility for that cohort the incoming year advisor and a SASS officer. The Principal is the chairperson and has the casting vote.
- Applications for enrolment into Years 8 -12, and Year 7 after the commencement of the school year: The panel consists of the Principal and the Deputy Principal responsible for the relevant year group. The panel is chaired by the Principal.
- This policy is endorsed by the Warilla High School P&C. All decisions are ratified by a representative of the P&C executive.

The decisions made by the placement panel are made within the context of the capacity of the school and the buffer retained for local students arriving later in the school year.

Criteria for Non-local Enrolment Applications:

- Demonstrated leadership and commitment to school and learning.
- Access learning, well-being and or extracurricular programs offered at Warilla High School
- Significant welfare issues.

Waiting Lists:

A waiting list will be established for non-local students seeking enrolment but unsuccessful in the first round of offers. The size of the list will reflect the realistic expectation that vacancies will become available.

Appeals:

If a parent/carers wishes to appeal a decision of the placement panel the appeal should be made to the Principal in writing. If an appeal cannot be resolved at the school level it will be referred to the School Education Director for the South Coast Group of Schools who will consider the appeal and make a determination.

John Hambly

Principal – Panel Chairperson

[illegible]

**Daylight Sportswear Pty Ltd**

ABN 76 069 733 455

6 - 8 Lone Pine Pl, Smeaton Grange NSW 2567

Tel: (02) 4648 1066 Fax: (02) 4647 0143

Email: daylight@daylightcorp.com

Warilla High School UNIFORM SHOP**Price List**

NAME: _____ YEAR: _____ DATE: _____ REC# _____

ITEM		PRICE	SIZE	QTY	TOTAL INCL GST
Girls	SNR Sky Blouse	28.00			
	Girls Shorts	36.00			
	JNR Navy Skirt	40.00			
	SNR Tartan Skirt	48.00			
Boys	SNR Boys Sky Shirts	28.00			
	Boys Navy Shorts	36.00			
Unisex	Fleecy Jackets	39.00			
	JNR Polo	30.00			
Sports	Sport Jackets	55.00			
	Royal Sports Shorts	28.00			
	Sports Shorts	25.00			
	Trackpants	37.00			
	Sports Polo	35.00			
Accessory	Navy Scarf	12.00			
	Boys Navy Tie	20.00			
	Girls Tie	10.00			

UNIFORM ENQUIRES PLEASE PHONE:0401 680 325**Purchase Online: daylightsportswear.com/warilla**

MASTERCARD VISA EFTPOS NOW AVAILABLE, CHEQUES NOT ACCEPTED. NO LAYBY.

High Attendance Equals High Achievement

What is a justified reason for being absent from school?

Justified reasons for absences may include if the student:

- has an unavoidable medical or dental appointment (preferably, these should be made after school or during holidays)
- is required to attend a recognised religious holiday
- is required to attend an exceptional or urgent family circumstance (such as attending a funeral)
- is sick, or has an infectious disease.

Absences for reasons such as some of the following may not be justified.

- Shopping
- Sleeping in
- Working around the house
- Minding younger siblings and other children
- Minor family events such as birthdays
- Haircuts.

It is important to realise that parents (including carers) may be prosecuted if children have recurring unjustified absences from school.

If you have any questions regarding student attendance, please contact the school.

Ms J. Grace

Head Teacher Student Administration

Online Uniform Store

Looking to purchase your child's school uniform online?

We now have a brand new 'Shop Now' button on our Facebook page, click it, and it will take you straight to our online store! No need to get out of your chair!

Alternatively, you can visit our school website (www.warilla-h.schools.nsw.edu.au) -> Our School -> Uniform -> Online Store and this will take you there.



Make Online Payments (POP)

Is now possible for parents to make online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac. Payments can be made using either a Visa or MasterCard credit/debit card. The payment page is accessed from the front page of the [school's website](#) by selecting **\$ Make a payment**

Items that can be paid include voluntary school contributions, subject contributions, excursions, sales to students and creative and practical arts activities (these include band, drama and dance). There is also a category called "other", this would cover items not covered under the previous heading. 'Other' can be used to make complete payment of a school invoice.

When you access the **\$ Make a payment** you must enter:

- The student's name, and
- class and reference number OR
- The student's name, and
- Date of birth.

These details are entered each time you make a payment, as student information is not held within the payment system.

This is a secure payment system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner and these details are not passed back to the school.

You have the ability to check and change any details of the payment before the payment is processed. Receipts can be emailed and/or printed.

Details of the payments are passed daily to the school where they will be receipted against your child's account. As a receipt has been issued from the payment page a further receipt will not be issued by the school.

For any enquiries regarding the Online Payment process please contact the office staff on 02 4296 3055 or alternatively email;

warilla-h.school@det.nsw.edu.au

Mrs C. Souter

School Administrative Manager

Warilla High School Bike Helmet Safety Policy

While riding a bicycle it is required by law to wear an (Australian Standard Approved) helmet securely fitted and fastened to your head.

Warilla High School has an obligation to enforce this law for the safety of their students when riding a bicycle to or from school.

Governed by Work Health & Safety, Duty of Care and NSW Law, Warilla High School cannot allow a student to ride a bicycle to or from the school premises without a helmet.

Therefore, if a student arrives at school without wearing a helmet then the school will be required to secure that bicycle until that student presents themselves with an approved safety helmet or the student's parents come and retrieve the bike.

Anxiety...

Worry, fear, shyness, freaked out, stressed, scared, embarrassed...?

Anxiety is experienced by everyone; however, for some people it can interfere with daily functioning and wellbeing.

Who?

Adolescents (aged 13-17) who are currently experiencing symptoms of anxiety.

When?

Wednesday evenings 5-7pm for 10 weeks
Begins 16th October 2019
Parents and adolescent will be invited for an information session prior to group commencing
Cost: \$120 per family (standard), \$60 (concession).

"Chilled"

Adolescent Anxiety Program

A Cognitive-Behavioural Intervention Program for Adolescents with Anxiety and their Families

The **Chilled program** aims to address concerns with anxiety and provide practical skills to help adolescents manage these feelings

For all enquiries please contact Northfields Psychology Clinic on

P: 4221 3747

E: nfc-uow@uow.edu.au

[Website](#)

What?

- A scientifically tested course
- Group format involving the participation of adolescents and some sessions with parents.
- Research shows an 80% improvement of participants
- Improvement in fear, worry and general anxiety levels
- Improvement in academic success, achievement, confidence, social involvement and participation in activities

Where?

Northfields Psychology Clinic a specialist psychology service at the University of Wollongong that is staffed by Intern Clinicians under the supervision of experienced senior Clinical Psychologists
Building 22,
School of Psychology,
[Website](#)





Join Kiama Swimming Club!

2 weeks
FREE trial

Our Summer 2019/20 Season
Starts on Friday 18 October 2019

Active Kid's
vouchers
accepted

Kiama Swim Club is all about fun, friends and fitness
for swimmers of all ages and abilities.

Our Friday night Point-score gives members the chance to practise their racing skills,
build confidence and meet new friends.

NEW MEMBERS ARE WELCOME – COME AND TRY IT OUT FOR 2 WEEKS FREE!

We meet on Friday nights during school terms at the Kiama Leisure Centre.
Point-score gives swimmers the opportunity to race against their own
P.B. (Personal Best). We also run Club Championships once a season.

Our members can also enter development or qualifying carnivals on various
weekends throughout the season.

When: Friday nights during school terms
Where: Kiama Leisure Centre, Havilah Place, Kiama
Time: Race entries close at 6.40pm for a 7pm sharp start

If you would like to enquire about joining Kiama Swimming Club please contact:

- **Registrar:** kiamaregistrar@gmail.com or kiamaswim@gmail.com
- **Coaches:** Chat to our coaches Victor, Corinna or Alanah at the Leisure Centre

If you would like to come and try before you join (first 2 weeks FREE), we require
pre-registration to include your swimmer in an event.



Find and "Like" us on Facebook -
Kiama Swimming Club



Website: www.kiama.swimming.org.au
Email: kiamaregistrar@gmail.com /
kiamaswim@gmail.com

Southern Crushers Rugby



Players Welcome



**SOUTHERN CRUSHERS
RUGBY UNION CLUB**
are seeking players for all grades for the 2020 season!

The club will be aiming to field teams in third grade and Juniors from under 6's through to U16's.

Whether you have played before or are brand new to rugby we have a spot for you!
For more information please contact

BRETT (Secretary)
southerncrushersrugby@gmail.com
Phone: 0412 949 661

SHANE (Juniors)
southerncrushersjuniors@gmail.com
Phone: 0424 993 429



JOIN NOW



Australian
Air League
NSW Group

Albion Park Girls Squadron is now enrolling.



Since 1934 the Australian Air League has been teaching young boys and girls nationwide all about aviation, while helping them develop important life skills like leadership, discipline, self confidence and teamwork. When you join the league you will make new friends and take part in fun and exciting activities, on the ground and in the air.

Each week you will attend your local squadron where you will learn valuable skills and take part in fun and interesting activities and classes. Some of our classes include Meteorology, Navigation, Photography and Community Service. Squadrons also attend training camps, sport and recreational days, flying experiences and ceremonial drill.

We welcome girls from the age of 8 years old from all different cultures and backgrounds. Parents and families are welcome to support or even join their local squadron as a volunteer. All adult members and volunteers are Working with Childrens Checked.

The Australian Air League is running both a fun and educational programme that is making fine citizens out of our young Australians.

Albion Park Girls Squadron

Meeting Night: Tuesday

Meeting Times: 6.30pm till 8.30pm

**Meeting Address: Illawarra Regional Airport, Corner Boomerang and Airport Roads,
Albion Park Rail NSW 2527**



FOR MORE INFORMATION PLEASE CONTACT

Lynne King 0412 077 304 or

Valee Howard 0422 550 510

**Email: : lynne.lking.king5@gmail.com or
valee.howard1@gmail.com**



Emergency Procedures

In a life threatening emergency, for FIRE, POLICE and AMBULANCE

DIAL 000

In **ALL CASES**, advise the Principal.

Exits

For your safety, make sure you know the location of your nearest exit.

Evacuation Alarm



CONTINUOUS RINGING OF BELL

Evacuation Procedures

When the evacuation alarm sounds:

- Evacuate the building and proceed to the assembly area identified below.
- Do not re-enter until advised to do so.

Lockdown Alarm



3 LONG, 2 SHORT BELL RINGS

Lockdown Procedures

When the lockdown alarm sounds:

- Move to the closest secure point and ring the office to alert them to your whereabouts.



- ★ Fire Hydrants
- ★ First Aid Kits
- ★ First Aid Room
- ★ Evacuation Point



WELCOME TO

Warilla High School

Safety Briefing

For Contractors

Visitors and Volunteers

The New South Wales Department of Education and Communities is committed to the occupational health and safety of employees, students, contractors and all other visitors.

For your safety and the safety of others, it is a condition of entry to this site that you take a few minutes to read this brochure.

Mandatory site requirements:

- All visitors are required to report to the main office on arrival.
- Observe all speed, parking and vehicular restrictions.
- Obey all safety signs and barricades.
- Violent, threatening or other unacceptable behaviour is not tolerated on NSW Department of Education and Communities premises.
- All contractors to have completed the [Safety procedures for engaging Department of Commerce contractors](#)

OR

[Safety procedures for engaging independent contractors](#)

- ❖ **Smoking** is not permitted on DEC premises.
- ❖ **Alcohol and Illegal Drugs** are not permitted on DEC premises.
- ❖ **Weapons**, including knives, are not permitted.
- ❖ **Dangerous Goods and Hazardous Substances**
Visitors and contractors intending to bring dangerous goods on site must declare these at the main office prior to entering the site.
- ❖ **All Injuries, incidents and hazards** must be reported to the main office.
- ❖ Injuries will be recorded in the *Register of Injuries*.
- ❖ **First Aid** treatment is available on site.
- ❖ **Other**
Add information about site specific issues here



All Department of Commerce contractors report to the principal or delegate to:

- indicate the location and duration of the job
- sign the school's Site Visit Log book
- advise the status of the job before leaving the site.

All non-Department of Commerce contractors must in addition:

- produce a copy of their safety management plan including use of personal protective equipment and controls for site specific hazards
- produce public liability insurance documentation before work is commenced
- complete a Prohibited Employment Declaration

I have complied with all WHS issues:

Signed: _____ Contractor

Contractor name: _____

Company: _____

Date: ____ / ____ / ____



Warilla High School

Keross Ave, Barrack Heights, NSW, 2528

PH: 02 4296 3055 | Fax: 02 4257 1825

warilla-h.school @ det.nsw.edu.au

Web: <http://www.warilla-h.schools.nsw.edu.au>

Facebook: <https://www.facebook.com/WarillaHigh>

Sentral: <https://web1.warilla-h.schools.nsw.edu.au/portal>