# PARENT NEWSLETTER



PRINCIPAL: Mr J Hambly DEPUTY PRINCIPAL: Mr R Ashby DEPUTY PRINCIPAL: Mr A McInnes

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August 2007

Welcome back to what has already been a very hectic start to Term 3.

I would like to begin by offering my sincere thanks to Bob Ashby who acted as Principal during my recent sojourn as Relieving School Education Director. Likewise, my thanks to John Sprouster (Relieving Deputy Principal) and Peter Lee (Relieving Head Teacher Industrial Arts).

It is exceptionally gratifying to know that we have a significant leadership capacity within the school that can be utilised on short notice without affecting the terrific work that happens here on a daily basis.

I am indebted to these staff for their time, energy and enthusiasm.

As you would be aware, we were unable to deliver student reports last term because of several unforeseen – and unanticipated – software issues with the new reporting package we purchased.

Needless to say, we will be investigating alternate products to ensure there isn't a repetition in Semester 2!

Having said this, I hope the reports you have now received give a clear and unambiguous account of the various competen-

cies and skills your child has developed and the degree to which subject outcomes have been achieved.

Indeed, these reports supply more information on student achievement than any that have been compiled in the 40 year history of the school

Like any new process, it will take time to absorb this data and appreciate the significant Departmental deviation from normal assessment to criteria based assessment. I look forward to outlining these changes in forthcoming newsletters and/or information forums.

Initial feedback from the parent/teacher meetings was positive and I hope that the opportunity to meet with teachers to discuss various aspects of your child's learning was both engaging and constructive.

(We would welcome any suggestions to improve this process and I invite you to direct your suggestions to Mr John Williams, Head Teacher HSIE, who co-ordinates this activity).

There have been a number of events deserving a mention, including the following:

☐ The Wests Illawarra Youth Achievement

'Warilla High School - Student Centred, Outcomes Driven'

Awards saw Sasha Robertson (Sport) and Jacqueline Minogue-Lopez (Principal's Award) take out their category and win a \$1000 cash prize. Krystle Marsh was a runner-up in the Citizenship category and won \$300 cash. (it should be noted that nominations came from all sectors – public and private – with over 180 in all).

□ Jacqueline Minogue-Lopez has also been selected as the recipient of a \$6000 scholarship courtesy of Fr Chris Riley's 'Youth Off the Street' Program. This is an outstanding achievement and I am sure that Jacqueline will use this substantial scholarship to set up a strong platform for the future.

□ Warilla High School – along with its Beacon No Dole partner schools – received national recognition last term when we were awarded a national award for excellence. This is quite an achievement given that there were only 6 such awards across Australia. My sincere thanks to Mrs Brookes, Mrs Potts, Mr Pastor and our entire 'Beacon Team'.

☐ Warilla High School was also recognised last term at the Prestigious Illawarra and

South East Region Awards for Excellence in Community Partnerships, Public Education and Leadership.

Our 2007 ELLA results were very strong, especially in the 'value added' components between years 7 and 8. It is gratifying to know that 95% of students in Year 8 fell into the top 2 bands (proficient/high) – a marvel-lous result!

Our recently conducted Staff Development Day (16 July) concentrated on our ELLA results and the development of a co-ordinated and structured response to this data. My thanks to Mr Ashby, Mr McInnes and our Staff Development Day team.

I hope you received a copy of our 2006 Annual School Report which was sent home with students last term. It contains a wealth of information about the school and its achievements in 2006 – and its direction for 2007. I would urge you to have a close look at it.

Yours in Education John Hambly

IMPORTANT DATES			
August			
6	Year 11 Visual Arts group to Wollongong City Gallery	13	Year 11 Work Placement Week (13/8 - 17/8)
7	Year 10 → Year 11 Parent Information Evening Shaun Timmins Shield Year 7 Year 12 Advanced English - King Lear Production Sydney Year 11 to South Coast Drama Festival (7.30pm)	31	Year 7-11 Motivational Media 'Velocity' Southern Stars - 50 students only
10		3	Year 7 Immunisations HEP B2 Year 10 Commerce / Civics Can-
13	P&C Meeting - Library - 7.30pm Year 12 Trial HSC (Week 5 and 6)	4 6-8 10	berra Excursion SRC Disco CHS Athletics Carnival (6th-8th) Year 10 Yearly Exams Week
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# **HEAD LICE**

Head lice can be a problem in the school environment and extremely difficult to eradicate if it is not treated and students continue to attend school. A number of parents have expressed concern. Please check your childs hair and if necessary treat with any of the many products available. Your child can not return to school unless their hair has been treated. Below is some information.......

### If Live Lice Can Be Difficult To See, How Can They Be Detected?

- An easy way to find the climbers is to use the conditioner and comb technique.
- Apply conditioner to dry hair aiming to cover each hair from root to tip with a layer of conditioner.
- Detangle the hair using an ordinary comb.
- Immediately comb the hair with a fine tooth comb. The best comb for this is the Lice Meister comb. However plastic nit combs with conditioner are also very effective.
- Wipe the conditioner off the fine tooth comb onto a paper tissue and look for lice and eggs.
- Repeat the combing for every part of the head at least 5 times.
- · Examine the comb for lice eggs.

Conditioner stuns the lice for about 20 minutes. So once the hair is properly covered with conditioner, don't delay in combing the hair. If you find the lice, you need to treat your child's hair (treatments available from chemists).

By NSW Health Department regulations, we must send any child home who has active head lice. Once treated children can return to school.

Mrs McNamara - Girls Supervisor

## CENTRE HEALTH OSTEOPATH

- Commonly treated Musculoskeletal conditions
- Back and neck pain including headaches
- \* Pains in the peripheral joints such as shoulders, knees and ankles, tendonitis and muscle strains
- \* Work related and repetitive strain injuries
- Sports related injuries

Centre Health Complex

Suite 13, 9-25 Captain Cook Drive BARRACK HEIGHTS NSW 2528 Telephone: (02) 4295 9950 Fax: (02) 4295 9949

WARILLA HIGH SCHOOL

# SRC Activities

Our SRC representatives had a very busy Term 2 with several projects on the go.

#### **D Block Toilets**

Year 10 reps Petar Brankovic, Justine Norris, Ryan Rayner and Chelsea Riches have spent some time with Mr Lothian and Leizel Mackander (Yr 12) painting murals in the toilets in D Block. As a result, there is a much more pleasant entry to these areas. There is more work to be done, but they have made a great start to the upgrading of

the toilet block.

The D Block painters: Chelsea, Petar, Justine, Leizel and Ryan



## **Zebra Crossing**

Our Year 12 school leaders Caroline Hartcher, Jacinta Kennedy and Sofie Trajcevska have been phoning people and attending meetings to begin the process of getting a pedestrian crossing at the front of the school. They are currently working with Senior Constable Kerryn Mura and the school executive to further this project, and will be seeking support from the P&C and school community. They have shown patience, persistence and leadership in their efforts, but this is a long-term project which unfortunately may not be concluded before they leave the school, but which will be a great legacy of their energy and commitment.

## **Youth Advisory Council**

On Wednesday 27th June, our Year 9, 10, 11 and Support representatives met with the members of the Youth Advisory Committee who were touring the Illawarra region to canvas the views of young people so that representations can be made to the NSW Minister for Youth Affairs. Our students discussed their views on recreational activities in the Illawarra and on volunteering. Their views were recorded by the Advisory Committee and will be part of the recommendations taken to the Minister.

### **Telephone 'Hold' Information**

The Year 11 SRC have written scripts and recorded these to use on the school phone system. When a caller is put on hold, they will now hear information about Warilla High School written and recorded by Hayley Bartlett, Maiquilla Brown, Jaime O'Sullivan, Leah Werner and Rabel Yalson. These students spent some time learning how to use a Podcast program on the school computers before recording. This will enable them to now teach other students how to use this program and to include updated material in the recording.

Maiquilla, Jaime and Hayley recording their scripts



This term will also be a busy time with continuing projects, election of new school leaders and the Year 12 farewell disco. Our hard-working SRC representatives will be continuing to support and enhance the social and environmental aspects of Warilla High

M Hing SRC Co-Ordinator

## IMPORTANT UP COMING EVENTS:

Friday 24th August Year 7-11 Motivational Media Presentation

"VELOCITY"

Monday 3rd September Year 7 - 2nd Dose Hepatitis B Vaccination

Only students who have had 1st vaccination can get the 2nd. Any outstanding consent

forms should be returned ASAP.

Friday 21st September Year 10, 11 & 12 girls 2nd or 3rd dose of the

**HPV Vaccine** 

# JUST IMAGINE CREATIVE WRITING COMPETITION

For the second year students from our school were offered the opportunity to participate in this competition run by the Wollongong Art Gallery. Several students attended a workshop at the Gallery where they were able to see and respond to art works. Each age group has 4 possible works including paintings, sculptures, drawings and prints.

6 of our students submitted entries for the competition and awards were presented on Sunday 22nd at the Gallery.

Rosanna Riches (Year 11) was awarded a Highly Commended.

Adriana Mazevski (Year 10) received a Commended.

Maiquilla Brown (Year 11) Jacqui Willets (Year 10), Cassandra Taglieri, Allysa Waters (Year 7), all received Participation Certificates.

Well done to all of these students.

Mrs Jervis



Adriana, Cassandra and Jacqui attended the Presentation at the Wollongong Art Gallery.

### CREATIVE ARTS UPDATE

There will be two Creative Arts events this year replacing the usual Creative Arts Evening.

The first opportunity for parents to see the work their child has been doing in Visual Arts, Music and Dance was at the Parent/Teacher afternoon on Tuesday 31st. All interviews by staff teaching in these subjects were held in the Creative Arts Precinct where parents were able to see a range of work samples by students.

The second event will take place in Term 4 and will feature performances and displays from all classes. It will be in the afternoon/early evening where the emphasis will be on a casual, friendly occasion rather than a formal concert/exhibition. More details will be sent home with students later this term. We hope to include some work and performances by the teaching staff as well!

We look forward to seeing you there!!

C Jervis

**Head Teacher Creative Arts** 

# **Parent/Teacher Interviews**

Parent/Teacher interviews were held on Tuesday July 31. Teachers were available between 2:00 pm and 6:00 pm with a pleasing number of parents availing themselves of the opportunity to discuss their children's progress.

Any parent wishing an interview with a teacher who was not present on the night should contact the teacher through the school to arrange a mutually acceptable time.



Photos on display in the Creative Arts Precinct at Parent Teacher Interviews





# STUDENT WELFARE HUB HIGHLIGHTS

### GIVING WARILLA HIGH STUDENTS 'AN EDGE'

Warilla High School, under the **Beacon Program**, is always looking at giving our students 'an edge' over students from other schools in seeking part-time, casual or full-time employment. One of the schools business partners, **Aussie Rooster**, has been working closely with several **Year 9 Guidance** classes to give students the inside knowledge on how to make an immediate impression and really give yourself the best chance possible to get yourself a part-time job.

Con Manouros, the Aussie Rooster franchise owner and Andrew Jones (Year 12 student and Aussie Rooster employee) shared their knowledge and experience with our students. **Basic winning job hunting tips** that will give you the best results include:-

- a brief typed up Resume which should be handed to the owner/manager, not just dropped off while walking down the street with a group of friends.
- Personal contact gives the owner the chance to put a name with a face.
- Total hours you are available to work is an important piece of information that owners wish to know.
- Make sure you use today's technology to research a company or business
  you wish to work for. This act, more than anything else, really impresses a
  prospective employer that you have taken the trouble to find out about them.
- Remember excellent school attendance and teachers' comments of what you are like at school give employers valuable insights as to what your attendance at work will be like and what type of person you will be for them eg reliable, co-operative, hardworking, dependable, shows initiative, team player, leader.

Warilla High would like to thank Con and Andrew for their time and for sharing their expertise which students greatly appreciated. Aussie Rooster is located on the corner of Woolworths Avenue and Shellharbour Road and is a wonderful supporter of both Warilla High and its students.

## TAKING IT TO THE NEXT LEVEL

One of the features that raises Warilla High School way above many of the local high schools in our local area is the Student Volunteering Program. Our partnerships with both the Australian Red Cross and the St Vincent de Paul Society have been very effective in providing our students and school with a wonderful range of opportunities, experiences, successes and encouraging students to grow personally both as individuals and as local community members.

Currently, the work being co-ordinated and facilitated by Mrs Kellie Marsh is 'cutting

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edge' and just not happening elsewhere in schools. As the on-site Vinnies Youth Work Co-ordinator I wish to acknowldege this work, which since the start of Term 3 has seen the participating students and community volunteers introduce:-

- A Breakfast Club which operates every Monday (possibly Wednesday as well).
- Volunteer Vinnies parents and community members who have been trained up to work as literacy mentors for students needing a helping hand in this area.
- Real life Volunteering and understanding of social justice issues such as homelessness and effects of drug use on peoples' lives by undertaking excursions to the Jim de Silva Farm in Nowra.
- Year 9 Nursing Home Visits have proven to be a real life changing experience for both students and our elderly as the two generations come together in a tremendously positive way for both. The courage of our kids and their patience when working in the dementia unit augers well for this generation.

Warilla High School has been invited to personally present what we believe will be the next level of this Student Volunteering Program to the Wests Illawarra Club on Tuesday 28th August. The proposal puts forward a bold new direction in values education through an innovative program of community service in schools. Warilla High is seeking funding through Wests Illawarra Club to run a pilot program that will allow 50 of our Year 10 and Year 11 students the opportunity to undertake full training with one of seven local community associations such as:-

- Rural Fire Brigade
- State Emergency Service
- Meals on Wheels
- Surf Clubs
- Aerial Patrol
- Landcare/Conservation
- The Wildlife Preservation Society of Australia

This program is envisaged to be undertaken on Thursday Sports afternoons and provides both the students with a unique opportunity to acquire many highly sought after employable skills and the associations with a potential influx of enthusiastic fully trained volunteers who are putting something back into their local communities.

# NOW AVAILABLE:

## School Scarves - \$5.00

Plain Navy with Fringed Ends in the same material (polar fleece) as the School Jumpers.

Available from the front office.

# SEMESTER ONE GOLD AWARDS PRESENTATION

With a great deal of excitement, pride and pleasure Warilla High School hosted over 50 family members and friends to recognise and celebrate the success of another 15 students who have achieved their Gold Merit Award Certificates. In one case, Kate Nealon in Year 11 received her second Gold Award. The Gold Award Certificate Presentation and Luncheon was held on Tuesday 26 June. This is the highest honour the school can bestow on a student under the school's Positive Achievements Program.

To achieve this award students have gathered 40 individual Merit Certificates, 4 Bronze Awards and 2 Silver Awards during their time at school. This outstanding effort is celebrated each Semester at a special Presentation Luncheon. I congratulate and acknowledge the following students in being inducted into the exclusive Gold Merit Awards Club:-

Year 8: Amanda East

Year 9: Samantha Cvetanoski, Anneliese Dobbie, Shane Hedges, Cindy Outeiro,

Melissa Galiatsatos

Year 10: Chad Keating, Taya Rotherham, Jessica Schmidt

Year 11: Schai Armes, Nathan Green, Nikki Hodder, Kate Nealon (2nd Gold)

Year 12: Kevin Gamble, Galija Ristevska

Thank you to Mr Sprouster for doing a great job as MC, Mr Scott for taking the photos on the day, Mrs Fallo-Cranney and the Year 11 and Year 12 Hospitality students who did a fantatstic job catering for this event and to all the parents and family who supported their children by making this a really special occasion.

Bob Pastor Head Teacher Student Services















# NEW SOUTH WALES FIRE BRIGADES

## What happens when you call 000

**000** is a free NATIONAL emergency hotline service to contact the NSW Fire Brigades in case of fire, hazardous material spillage, rescue or other emergency. You should ring **000** for Police, Fire or Ambulance in a time of critical emergency. **000** is for emergency use only. For routine matters, and for non-emergency calls, contact your local fire station.

# Call Triple Zero (000) to report emergencies

**Fact:** Knowing how to call Triple Zero (000) for a fire emergency can be the difference between life and death, or a building or other property being saved or destroyed.

The triple zero (000) service is the quickest way to get the right resources from emergency services to help you and should be used to contact Police, Fire or Ambulance services in life threatening or time critical situations.

Calls to triple zero (000) are free and can be made from mobile phones, home or work phones or pay phones.

### IMPORTANT INFORMATION FOR PARENTS OF YEAR 12 STUDENTS

- 1. HSC TRIALS These will take place during Weeks 5 and 6 of this term commencing next Monday 13 August. As these will be the last formal examinations before the HSC it is important that the students take them seriously and try to achieve results that reflect their ability. The students should have already developed and implemented a home study program. They should approach their teachers if they require additional assistance.
- 2. THE HSC HSC dates for those parents who have not seen the timetable are as follows:

Start on Thursday 18 October, 2007 and finish on Tuesday 13 November, 2007.

During the Trial and HSC examinations students are usually more stressed than normal. Being supportive and encouraging them to achieve to the best of their ability will help your child through this difficult time.

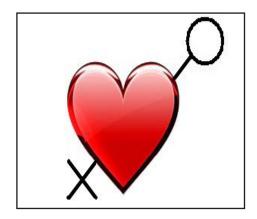
- 3. ATTENDANCE During the final term of school it is imperative that students attend every day. This will ensure that they will not miss important work being covered in class and valuable revision lessons. Many subjects will be giving students HSC style questions to help refine techniques. This will assist students to maximise their marks.
- 4. GRADUATION CEREMONY This will be held on Thursday 27 September commencing at 10.00 am in the school hall. Invitations will be forthcoming. Students will be required to attend in full school uniform.
- 5. SIGN OUT DAY Wednesday 14 November, periods 1 and 2 only. All text-books must be returned and all outstanding fees paid.
- 6. YEAR 12 FORMAL This will be held at the Novotel Northbeach on the evening of Thursday 22 November. Year 12 students (partners optional) and their teachers are invited to attend. Students are asked to finalise payment of \$85 per student and \$75 for partners, by Week 8 this term.

Thanking you for your support.

Mr J Hambly Principal

Mrs J Cobbin Year 12 Adviser

# Healthy Heart in Young Women Study





# Volunteers Wanted for Research on Omega-3 & Heart Health

Are you interested in finding out about your cardiovascular risk profile?

Are you able to participate in a clinical trial, and are you?

- · Generally healthy female
- 18-40 yrs of age

### Participation involves:

- An introductory clinic visit at the to determine eligibility
- Supplementation of diet with low doses of fish oil or placebo capsules for approximately 8 weeks
- Having blood samples taken at 5 specific times
- Other laboratory measures including weight, height and blood pressure
- Completing 3 questionnaires that assess diet, health & lifestyle

## What will you get out of this?

- Your blood lipid & blood pressure results
- Your omega-3 status
- An assessment of your diet

For more details please contact Cassie Sparkes at the University of Wollongong: cs76@uow.edu.au or (02) 4221 4504

## NAIDOC WEEK CELEBRATIONS

Warilla High School celebrated Naidoc Week with a very successful morning tea on Wednesday 27 June in the school library.

Members of the Mens' and Womens' Group based at Shellharbour Aboriginal Community Youth Association (SACYA) attended along with a good representation of Warilla High staff. Aboriginal Education Assistant, Sharon Maher, acknowledged the Aboriginal people of this area and welcomed all present. Sharon gave an interesting address in the form of a recipe which showed how the close ties and partnership the school has with SACYA are ingredients that successfully combine together to make quality education for aboriginal students.

Guest, Richard Campbell and Year 10 student, Blaan Henry, entertained guests with their didgeridoo playing.

Another highlight of the celebrations was the morning tea. All present were given the opportunity to sample an extensive range of cooking made from a mixture of Australian Native and European food. Recipes of all foods were included in a special Naidoc Week Cookbook which was available for nominal cost on the day.

We would like to thank the following people:-

- Year 11 Hospitality students, Alyce Hooke and Bronwyn Reed for preparing the food.
- Alyce Hooke, Jane Cobbin, Sharon Maher and Joan McKibbin for compiling and publishing the Naidoc Week Cookbook.
- Koori students who acted as ushers and waiters.



Gerald Brown of the Men's Group and John Sprouster sampling an interesting variety of foods.





Pictured clockwise from above:

Blaan Henry and Richard Campbell on the didgeridoo.

Sharon Maher delivering her address.

James Mulholland, Darryl Brown and Janelle Brown, representatives of the Aboriginal community.



# PRIVATE PERSONAL PROPERTY

I am writing to advise parents / caregivers that personal property which is brought to school is the sole responsibility of the individual.

- The school is not insured to cover loss and / or damage to personal property belonging to either staff or students.
- This position is consistent in all DET sites. Obviously, the school will do all in its
   power to ensure property is safe but ultimately, it is the owner's responsibility.
- John Hambly

# **National Tree Day**

Planet Ark's National Tree Day is Australia's biggest community tree-planting event and since Tree Day started in 1996 over 10.5 million native trees and shrubs have been planted by more than a million volunteers!

This year Schools Tree Day fell on Friday 27th July, with National Tree Day on Sunday 29th July. Year 11 Earth and Environmental Science students, under the direction of Mr Berry, planted trees around the school.

Tree planting makes a positive difference to our environment, and the benefits reach into schools and communities, and also help our precious native animals and plants survive in Australia's diverse natural settings.









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# ENGLISH NEWS

Year 12 Advanced will be going to see a production of William Shakespeare's 'King Lear' at the Seymore Centre, Sydney on 10th August.

#### **Assessment Tasks:**

12 ADVANCED Monday 6th August (Frontline)

12 STANDARD Speaking Task (RAW) Monday 6th August

TRIAL HSC starts Week 5

11 ADVANCED Orthello Task Week 7

(Listening/Viewing)

11 STANDARD Abuse of Power/Drama Week 7

(Listening/Viewing)

### **Competitions**

Entry is open for the Schools State Wide Writing Competition. They may enter a short story or poetry on any topic. Entries must be in by 31st August 2007. See Mrs Henry.

# **Buckley Shield Rugby League**



On Thursday 19th of July, Warilla High School played against Moss Vale High School in the Regional Final at Warilla. The team had progressed through to this stage with previous wins against Dapto and Kiama.

The boys started the game very well with a quick try after just a few minutes. This gave the side great confidence on which they would build upon as the game progressed. Moss Vale hit back strongly and were rewarded with a try late in the first half, but Warilla had built a well deserved lead going in to the break, ahead 18 – 4.

The second half was more difficult as Moss Vale came out with a better attack and a more solid defence. It was not long until they had their second try. This seemed

to spark Warilla into action as they came back with a quick try of their own. The Warilla defence eventually wore down the Moss Vale side and with some wide running they scored two tries late in the game running out victors to the tune of 32-8.

Among many good players, Daniel Curtis was a standout and was well supported by Tony Gaudiosi, Ben Sargeson and Mitchell Lawson. Unfortunately the captain of the team, Ryan McCracken was injured late in the game, fracturing his collarbone.

In the next game Warilla High travelled

to Griffith to play Griffith High as the South Coast Region representatives, .Griffith fielded a very strong and big physical team, who dominated the game from start to finish. The Warilla team did not perform well and were far from their potential and the type of form that had seen them progress to this level. Warilla were comprehensively defeated, but will gain valuable experience from this trip and will be better prepared as individuals should they reach this stage again.



Overall it has been a highly successful season and each player should be pleased with their efforts. I would like to thank the many parents who have supported the team and myself over the last two terms. I look forward to next year when hopefully we can match and perhaps better the results from this year.

Mr C Harrison Coach

# GIRLS OPEN RUGBY UNION

Warilla High School has been involved in the 2007 Richard Shaw Shield for Open Girls' Rugby uUnion.

The girls in past years have been very successful winning consecutive state titles and are well on the way to possibly attaining another. Rachelle Carey coach and PDHPE teacher at Warilla High School thinks the team can win another state title as the girls are very talented, especially in defence, and have a 'never say die' attitude which was tested against a determined Ulladulla side on the 23rd of July.

The game was nail bitting with Ulladulla having most of the ball in the first half and Warilla loosing two girls to injury. Poor discipline cost Warilla, with Ulladulla successfully converting a penalty goal to put them in front at half time 3-0. Warilla came back with vengeance. Warilla strung together quite a few phases of play where Ulladulla were penalised for not being on side and a few head high tackles.

In the dying seconds of the game it was finally decided with Emma Henderson crossing over the try line for Warilla to put the girls slightly in front. Amy Matheson confidently kicked the conversion and the final whistle sounded. The girls were ecstatic and will move into the final rounds to be played in Sydney.

### Other results so far:

The girls' were successful in winning the Austar Round Robin at the beginning of the year when they played Kiama and Shoalhaven.

21st May - Warilla defeated Kiama 22-0

8th June - Lake Illawarra was knocked out of the competition 35-0.

The team has seen a few changes from previous years due to students' graduating, but there is a lot of interest in girls' rugby at Warilla High School, so hopefully the win-







# COMMUNITY BILLBOARD

# **BODY BRILLIANCE ILLAWARRA'S LEADING TANNING STUDIO**

\* Most advanced tanning beds

\* Largest selection of Spray Tans

Formal Packages (Solarium) Buy a \$35 bottle of cream and get 80 minutes of tanning for \$20 Spray tans (full body) from \$15

> Shop 6, Corner George & Terry Sts Warilla Telephone: 4296 1611

# RHEE TAE KWON-DO

### **Ever tried Rhee Tae Kwon-Do?**

Great fun for all ages and fitness levels and you get to meet new & interesting people.

Shot

Great f HEE TAE
WON-DO
A Rhee Tae Kwon-Do?
evels and you get to meet new & interesting people.
In receives a free months training with a saving of \$45.
Itay 6-7pm at Shellharbour Primary School Hall.
John Finch on: 42621982
Dan Branch Instructor) Any person who signs up this month receives a free months training with a saving of \$45. We train Monday & Wednesday 6-7pm at Shellharbour Primary School Hall.

Contact John Finch on: 42621982 (1st Dan Branch Instructor)

# WEA ILLAWARRA

**COURSES FOR PARENTS AND GRANDPARENTS** 

50-52 Auburn St Wolongong Tel: 4226 1622

www.weaillawarra.com.a

### Sewing for your stars

Training course aimed at parents etc who sew costumes for end of year concerts or performances.

Starts: Thursday 16 August 6.30 pm

2 sessions x 3 hours \$59

### **Bike Maintenance** (age limit applies)

For those who help their children keep their bikes in working order. Starts: Wednesday 5 Septemebr 6.30 pm 2 sessions x 3 hrs \$59

### FREE Training up to \$3000 for eligible participants **Work Skills Training Vouchers**

Are you an Australian Citizen or resident; aged 25 or over, currently employed or looking for work and do not have Year 12 or Certificate 11 level or higher. You may be eligible - contact the WEA for more details or visit the website www.skillsvouchers.dest.gov.au