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3 March 2023 - Issue 1 – Term 1 – Week 6
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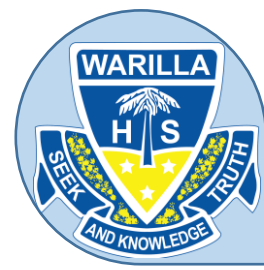
Principal's Message

Welcome to 2023 and the start of the school year. I am genuinely hopeful for a year of uninterrupted learning. The number of COVID positive cases has really slowed down to a dribble, and I hope it continues to lessen. On the other hand, it has been a fantastic start to the year, with outstanding attendance for many of our students, with 894 students having 100% attendance so far. This is an outstanding effort, and we hope to see this continue into the year!!!

The beginning of this year has been pretty hectic with the arrival of our newest group of Year 7s. It is a mixed bag, with many great hard, working and settled Year 7s, but also a handful of students who are not complying with the school's rules and expectations. Unfortunately, we have already suspended a few as we put in extra support for them to fully engage with their lessons.

Special mention of thanks to Ms Sheehan and all of the year advisors for their great work with our many new students.

Last week there was a Principal and Year 6 teacher meeting held at Warilla High, and some of our Yr 7 students were able to tell their past teachers and Principals what high school was like and how they were enjoying the challenges of this new environment.







Looking back at 2022 saw some very solid results for our Year 12 students, despite the amount of time they spent working with their teachers online and not face to face in the previous years. Huge congratulations to Morgan Garling, for getting 98 in 2 unit Mathematics Standard, Matthew Gibbs, for getting 91 in 2 unit Mathematics Standard, Ryan Scheu for getting 91 in 2 unit Mathematics Advanced and Isabella Morrison for getting 91 in 2 unit Investigating Science. This sees Warilla High maintain its HSC results which have improved for three years in a row. I must thank both our students and their teachers for achieving such wonderful results despite the amount of time that they had to converse with each other online and during lockdowns!!! This is really a great outcome, and everyone involved should be proud of these results!!!

We have just held our annual swimming carnival; it was Year 7, and competitive swimmers only for the rest of the school. I was lucky enough to be able to drop in to see part of the day, and it was wonderful. Students told me of their Personal Best efforts, and the behaviour of all involved was exceptional. I said “hello” to a few very happy parents, and it was a lovely feel for the day. The next step will be to let students know who has qualified for the Regional and District events. Warilla High has an outstanding history of representing the school at the more elite levels in swimming, and I hope that this continues in 2023. Thank you also to the staff who were part of the team who supervised and worked on this carnival. Thank you also to the Foreshore Centre for running the BBQ. At the end of the day, it took considerable effort to get the microphone off Mr Harrison and Mr Cairncross, but we did get them to “drop the mike” eventually. Luckily, we did get them to give up before they started to Karaoke us!!!

As you may be aware, the government created the Premier’s Back to School NSW program and issued vouchers worth up to \$150- per student, which can be used to pay for uniforms, excursions, fees or any cost associated with returning to school. The front office and uniform shop are both able to accept these vouchers if you wish to use them here. Vouchers are valid up until 30 June 2023.

Southern Stars for 2023 has started early preparations, and congratulations to Annika Little for being selected to be part ISE Regional Performing Ensemble.

Again, can I welcome everyone back to Warilla High for 2023? I hope that our Year 7 students and their families quickly feel like they are part of our “Warilla High” family. If you have any concerns, please call us on 4296 3055, and we can discuss whatever it may be. Remember, we can’t fix a situation if we are unaware of it, so don’t hesitate to call for a friendly chat.

With kind regards,
Ms Brook, Principal



Warilla High School Uniform Policy

Junior

School dress



White Polo



School Jacket



Navy Jumper



Navy Shorts



Skirt or Skort



Navy Trackpants



Shoes

should be predominantly white or black & be fully enclosed.



- Any unbranded uniform must be **plain navy**.
- Shorts, skirts or skorts should be mid-thigh in length.
- A **plain white** long sleeve t-shirt may be worn under the white polo .

Leggings or tights are to be worn under shorts, skirts or skirts – not on their own.

Please note this infographic is a summary. Please refer to comprehensive Uniform Policy on the WHS website.

Warilla High School, 2020



Warilla High School Uniform Policy

Senior

School dress



Senior Shirt



School Jacket



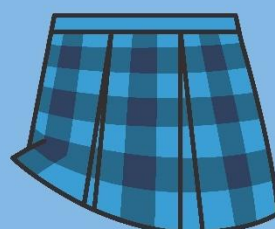
Senior Jersey



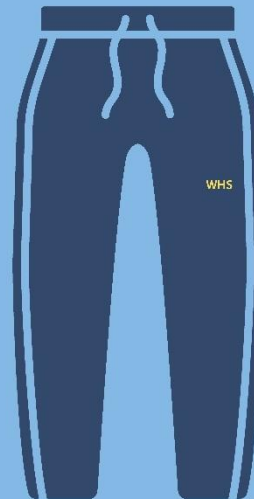
Navy Shorts



Pleated Check Skirt



Navy Trackpants



Shoes

should be predominantly white or black & be fully enclosed.



- Any unbranded uniform must be **plain navy**.
- Shorts, skirts or skorts should be mid-thigh in length.
- A **plain white** long sleeve t-shirt may be worn under the senior shirt.

Leggings or tights are to be worn under shorts, skorts or skirts – not on their own.

Please note this infographic is a summary. Please refer to comprehensive Uniform Policy on the WHS website.



Warilla High School Uniform Policy

Sport

Sport Polo



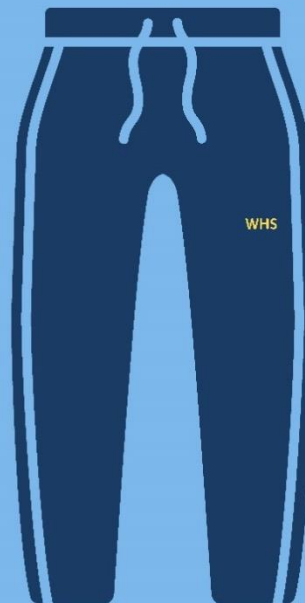
Representative Jumpers



Navy Shorts



Navy Trackpants



Shoes

should be predominantly white or black & be fully enclosed.



- Any unbranded uniform must be **plain navy**.
- Shorts, skirts or skorts should be mid-thigh in length.
- A **plain white** long sleeve t-shirt may be worn under the sport polo .

Leggings or tights are to be worn under shorts, skorts or skirts – not on their own.

Please note this infographic is a summary. Please refer to comprehensive Uniform Policy on the WHS website.

Warilla High School, 2020

Calendar

Week 7B

07/03/23	Women in Defence
07/03/23	International Women's luncheon at Bluescope
09/03/23	Regional Swimming Carnival
09/03/23	Women in Careers

Week 8A

14/03/23	Year 7 Meet & Greet
15/03/23	Yr11 Science HSC Success Skills Session
15/03/23 – 17/03/23	NAPLAN

Week 9B

20/03/23 – 24/03/23	NAPLAN
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Week 10A

27/03/23	NAPLAN
28/03/23	Year 9 Ready to Work
31/03/23	Money Talks

Week 11B

03/04/23 – 05/04/23	CHS Swimming Carnival
24/02/23	School Photo Catch-Up Day
06/04/23	Last Day of Term 1

Week 1A

24/04/23	Staff Development Day
25/04/23	Students Return for Term 2

IMPORTANT MESSAGES

LATE ARRIVAL – CHANGE OF PROCEDURES

Up until 9.30am go to the side window of the Library between 'A' block and the Library block. One of the Office Staff will record your information and give you a late slip to get into class. After 9.30am report to the front office. Arriving late 3 times **without a note from parent/guardian** will result in parents being contacted by the school and consequences will apply.

UPDATING STUDENT DETAILS

If you change your address, phone number, including mobile number, or other contact details could you please let the school know as soon as possible?

PRIVATE PERSONAL PROPERTY

Personal property which is brought to school is the sole responsibility of the individual. The school is not insured to cover loss or damage.

PARKING IN SCHOOL ZONES

Heavy fines are imposed for illegal dropping off or picking up students in school zone hours.

The school car park is for staff parking only and is not to be used for dropping off or picking up students.

RIDING A BIKE TO SCHOOL

Students who ride a bike to school are required by law to wear a helmet.

STUDENT ABSENCES

Students must bring a note to explain their absences. A green 'Absence Book' is available from the front office. Unexplained absences will appear on the student's report.

FINANCIAL ASSISTANCE

Parents experiencing financial difficulties can apply for support through the Student Assistance Scheme. Funds are available to help with subject fees, school uniform and books. All enquiries through the front office.

Canteen Workers Needed

Interested in working in our School Canteen? We are looking for people who wish to work as a casual.

If you are interested, please send your resume and details to; warilla-h.school@det.nsw.edu.au

2023 HSC Disability Support Provisions

Disability Support Provisions are adjustments in the HSC which are practical arrangements designed to help students who couldn't otherwise make a fair attempt to show what they know in an exam room.

The adjustments granted are determined by the ways in which a student's exam performance is affected by the learning barrier or disability. Disability includes, but is not limited to Autism, literacy and numeracy difficulties, mental health conditions, ADHD, colour blindness, vision and hearing difficulties, medical conditions e.g. diabetes, epilepsy, and chronic back pain. Provisions may include braille papers, large-print papers, use of a reader and/or writer, extra time or rest breaks.

Warilla High School liaises with NESA to organise provisions for students that are suitable for the Higher School Certificate (HSC). Applications are lodged online by the Warilla HS. The application may include evidence such as medical reports, writing samples and teacher comments.

Applications for support provisions generally close on the last day of term 1, 2023. Late applications can be lodged and are generally considered.

If you would like to find out more, contact Ros Gaynor, Learning and Support Teacher.

Ms Gaynor

Being Focused on Learning

Thank you to all the parents, staff and students who gave their thoughts and opinions last year in our Mobile Phone and Personal Device Survey.

Our parents told us that:

- you are concerned about young people's excessive use of mobile phones (58%)
- almost a third (30.1%) of you were concerned about cyberbullying and harassment
- you rely on being able to contact your child to know when they get home safe, to look after younger siblings, or pass on a message for them to see or respond to during break time.
- 72% of you wanted to make sure we have a strict policy for class time.

Our students told us that:

- they believed young people spent too much time on their phones (65.3%)
- they believe people are more likely to say mean and discriminatory things online to others (80.8%)
- a quarter believed their mobile phone had a negative impact on their academic progression
- 30% have an average daily screen time of more than 5 hours, with 11% identifying screen time to be more than 7.5 hours a day.

Again, thank you to all members of the community who took part in our feedback survey! We hope that we have found the middle ground that supports learning and gives you peace of mind.

Mr Harry

Library

Term 1 Update

A large, modern interior space, likely a library or community center, featuring a long, low white counter with a wooden top. The counter is surrounded by bookshelves and displays. The floor is covered in a patterned carpet with blue and green squares. The ceiling is high with exposed ductwork and lighting fixtures.

Our school library will be operational 5 days a week. The Teacher Librarian role will be shared between Mrs McInnes, on Monday, Tuesday and Friday and Mrs Atley on Wednesday and Thursday. Ms Bowden, the Library Technician, will be available every day to assist with any enquires.



Library Lovers Day



The term started off with sharing our love for all things reading and celebrating Library Lovers Day on the 14th of February. Some of our senior students tried "Speed dating with books", and others shared their thoughts about what they love about our library. We had some great conversations about some good reads and what our students would love to see on our shelves in the library. We enjoy giving students a voice in what is available for borrowing. This a reminder that students and staff can request books via the circulation desk or via email amanda.mcinnnes3@det.nsw.edu.au



Clubs and activities

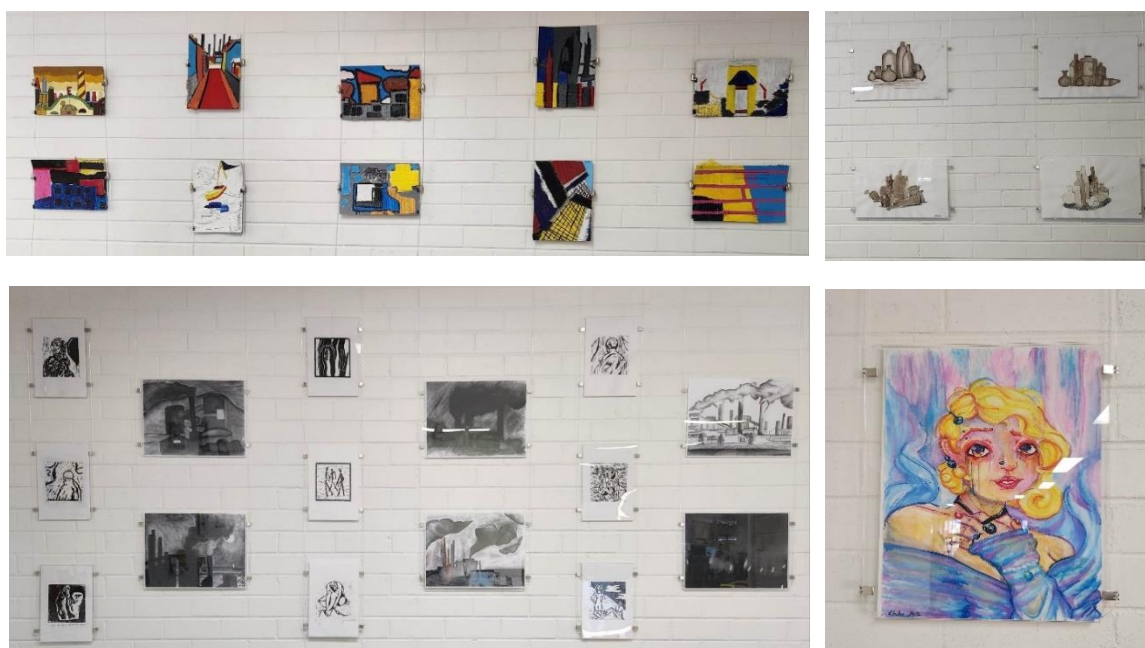
Student interest has been high again to get some clubs up and running this year. Further information will be provided in the coming weeks. Make sure you keep an eye out!



During lunch breaks, the students will be given the opportunity to participate in Mindful Monday activities, Chess club, Minecraft club and Lego. We will also be reintroducing our 'Device Free Breaks', to allow those students who aren't completing work an opportunity to connect with a friend, play some board games, read, or have some quiet time away from the screens.

Art Gallery space

Our walls are no longer bare! We are very excited to finally have a new art gallery hanging system to display and showcase some of our students' artworks. We have some very talented artists, it looks great, and the students have been very proud to see their work on show.



Renaissance Accelerated Reading

The library is currently supporting the English faculty to grow literacy comprehension and a love of reading. All Year 7 and Year 8 students are participating in the Renaissance reading program again this year. This program engages students in a reading practice structure that is proven to strengthen reading skills essential for learning across all subjects. Students will read a book, take a quiz, and receive immediate feedback to support understanding and progress towards a goal.

Taking an Accelerated Reader Quiz

The ultimate steps to achieving amazing Accelerated Reader results.

- 1 Choose a book within your ZPD**
 - Check that it is in your ZPD range
 - Look at the cover
 - Read the blurb
 - Look for authors you like
 - Read the introduction
 - Read the first page
- 2 Read your book**
 - Read for 25 minutes everyday
 - Record what you're reading in your reading log
- 3 Search for the quiz**
 - Go to your Renaissance Place and select Accelerated Reader, type in the book's quest number and click Search
 - You can find the quiz number on the AR label
 - Select how you read this book
 - Click Start Quiz
- 4 Take the quiz**
 - You will have 3, 5, 10 or 20 questions to answer
 - Read the question and all four answers
 - Ask a teacher to explain a question you don't understand
 - There are no time limits
 - Click on the stars to rate the book
 - Check your TOPS result

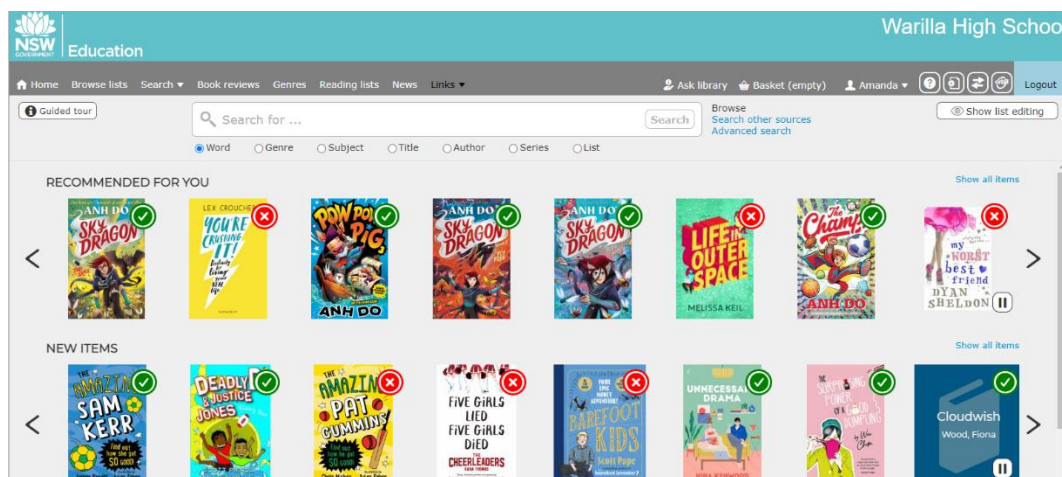
Look at your TOPS Report

100% score This book was comfortable for you, perhaps try a book higher up in your ZPD range next time.	80% score This book was a little difficult for you. Perhaps choose one of two book levels lower next time.	60% or below This book was too challenging. Perhaps try a book at the beginning of your ZPD or speak to your teacher for help.
90% score This book was perfect for you. Perhaps try one of two book levels higher or longer next time.	70% score This book was quite challenging for you. Perhaps try a book at the beginning of your ZPD range next time.	



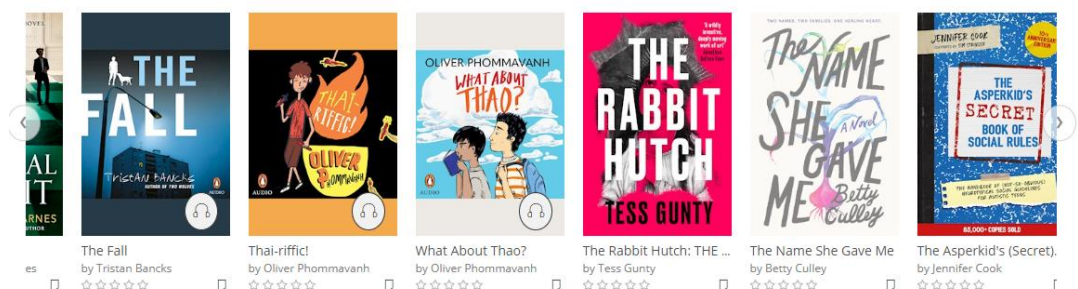
Library Access

All staff and students will again have access to both Wheelers ebooks and audiobooks, along with ClickView for 2023. Our school library database Oliver can also be accessed from any device at school or home via our Intranet page or student portal page to search for titles or check out any new additions.



Wheelers Online Books

Any Place, Any Time: You can now borrow and read 24/7 with eBooks (electronic books)! Easily accessed at school or at home by: Downloading the Wheelers eplatform app on your device, choosing Warilla High as your library, use your DET login details. For more information, see [New / Recent Releases](#) the librarians.


[view more >](#)


ClickView access available 24/7:

ClickView

Enter your email address to sign in to your ClickView account

Next

A reminder that Warilla High School has invested in ClickView for student access. Online access to our ClickView library means that every student can access clips easily at home for research, homework, assignments, and leisure.

All students can access ClickView Online by:

- Go to this link (<https://online.clickview.com.au/>)
- Enter your NSW student email address

(example:john.smith@education.nsw.gov.au)

- Select your school (Warilla High School)
- Enter your student portal username and password to login.
- Search for videos or look in your subject folders.

If you wish to stream to your phone or tablet, there is also a ClickView App

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Search for and download the ePlatform app:

Download on the App Store | GET IT ON Google play | Available on Amazon

Ask at the counter for more information about our eBooks

Wellbeing

This term, we have been very lucky to showcase our wonderful Therapy dogs in a number of ways.

On Wednesday, 22nd February the regional **Illawarra Wellbeing Showcase** was on, and Ollie was introduced to all the Department of Education wellbeing staff from the region. She socialised with both staff from schools, district office and local agencies, who all thought she was such a great asset to the Wellbeing of both staff and students in the education sector. It is always great to see how much Ollie makes people light up and feel calm. We were very lucky to showcase how important she is to the students and staff of Warilla High School.



We have also had the pleasure of introducing our therapy dogs to our future cohorts when they attend our school **Open Day**. We had Jasper and Ollie here in the Wellbeing Hub to meet and greet the new families visiting our school. It was lovely to share this important Wellbeing program that we offer here at Warilla High.



We have also had Ollie and Jasper busy visiting classrooms and getting their school photos.

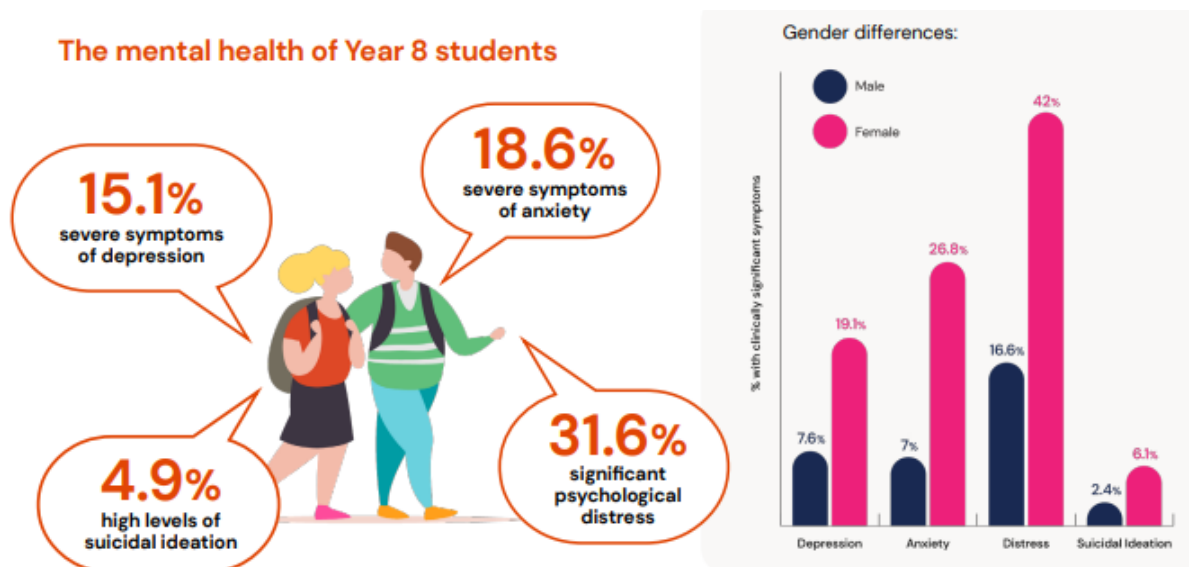


Upcoming events for our Wellbeing team this term are the **Women's Leadership luncheon at BlueScope**, the **Bulling NO WAY! Campaign** and **Harmony Day**. We will report on these events next Newsletter.

Future Proofing Study Summary of findings from Year 8 surveys (2019-2022)

In 2019, the Black Dog Institute launched the Future Proofing Study, now one of Australia's largest and most comprehensive cohort studies of adolescent mental health. A total of 6,388 high school students from 134 Australian schools are participating, with cohort demographics representative of the Australian adolescent population.

These results are about our students who participated who are currently in Year 10 however, it would still be very relevant to our current younger year groups.

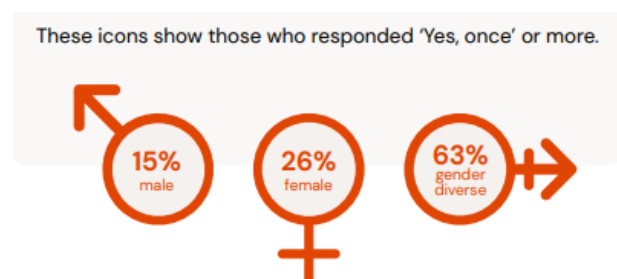


Impact of Depression

Depression isn't just low mood. When depression occurs during the teenage years, it can have a host of adverse consequences that derail a young person's academic, social, and emotional development.

Rates of intentional self-harm

Rates of intentional self-harm were high in Year 8 students. We asked: 'Have you ever actually harmed yourself on purpose? For example, have you ever cut yourself or taken an overdose, and it was not an accident?'



School and Peer relationships

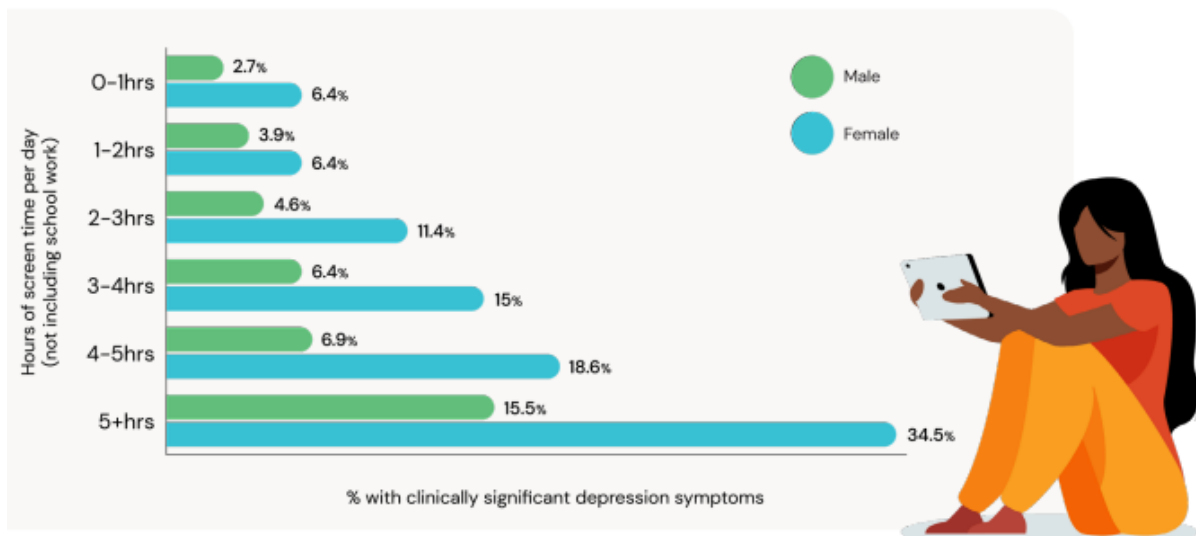
Research demonstrates that supportive relationships and connections in the school context are vital in protecting against poor mental health in adolescents. Encouragingly, for most of our students, school is a safe, supportive place.

Sleep and Mental health

We know that quality sleep is crucial for optimal physical and mental functioning. Research suggests that teenagers should aim for 8-10 hours of sleep each night. In Year 8, our students fell short of this, sleeping on average 7 hours and 45 minutes each night, with 17% of students reporting less than 6 hours of sleep each night.

Screen time and Depression

Screen time and symptoms of depression were closely linked, with more screen time being associated with higher rates of depression in adolescents, and this link was more pronounced in females.



These findings show that some of our students are spending over 5+ hours on their screens, which can be very concerning.

Overall, the findings showed that the relationships between technology, screen time, sleep, physical activity, and social relationships, can impact mental health over time.

If you are interested in more information, you can email futureproofing@blackdog.org.au

Ms Clark

Year 11 Hospitality

A massive thank you for the support in giving our Year 11 Hospitality students and Year 9 Cafe skills students a chance to be involved in a mass production of 600 chocolate chip cookies. Students made these cookies from scratch, doing everything from measuring, beating, stirring, rolling, cutting, baking and packaging.



We had overwhelming feedback from families on the cookies on how great they looked and how delicious they tasted.



We also had a small group of students Tylria, Ella and Justice, aka Cookie Project, produce a delicious sugar cookie with coloured fondant. These students baked their own recipe and designed their cookie, taking it on as an extra project. They produced a massive 200-packaged cookies. These were brought around to staff the day after as a special gift.



Thank you to all the staff who were involved in the cookie project. It was a huge effort but made possible not only by the students but the wonderful work of our staff. Thank you to Mrs Isaia for helping organise and spending all day Monday supporting the students to bake the massive 600 cookies. To Miss Armstrong for supporting the Cookie Project students on Friday with their 200 cookies. To Mr Henderson for 3D printing the stamp for the fondant. To Jane for the endless work of ordering, doing extra jobs, washing, supporting students and helping everything go smoothly. To Ms Brook and Mr Harry for supporting the students and staff to make this wonderful project happen.

Ms Dewhurst

Careers

Welcome back to 2023

The Warilla High School Careers team consists of Drew Cairncross: Career Advisor, and James Benning: Transition Advisor.

CONNECTING WITH CAREERS



www.warillahighcareers.com



Warilla High School Careers

EXCITING NEWS

The careers team has a newsletter: It is emailed to every student on a fortnightly basis. Titled “Keeping Up with Careers” it covers upcoming career events, university, TAFE, RTO’s, casual jobs, SBAT opportunities, traineeships, and apprenticeships.

UOW Discovery Day 2023.

Year 12 students have been given the opportunity to spend a day on campus at UOW. Discovery Day is held over five days, and over 6000 students from 140 schools across NSW and VIC had the opportunity to experience a day as a university students. Keynote speaker Dr Rachelle Balez inspired all students by sharing her journey to become a Neuroscientist and Artist, and how studying at UOW was an important part of this journey. Students were then sent on their way with a personal timetable to navigate the university to attend a variety of lectures or tutorial sessions. Discovery Day is an excellent day to help students make decisions on their future pathways. The 45 Warilla High students had an enjoyable day. They were great ambassadors for our school. Each student came away from the day with fresh ideas to assist them in their future. Warilla High is grateful for the experience that UOW continues to provide. Days like this assist our students in making a more informed decision on future university courses.



EARLY ENTRY

Many universities have begun their early processes. Students have a handy information pack on the year 12 google classroom that assists with this

UOW FUTURE ME PROGRAM FOR CURRENT YEAR 12

Applications are open NOW!

Future Me is a FREE program delivered through weekly sessions during Term 2 and 3. Year 12 have been emailed this information and will also invited to a lunchtime information session with the Careers Team. For more information and application links, go to:

<https://www.uow.edu.au/engage/outreach-pathways/year-12/year-12-upp/>

Applications now open for the 2023 Year 12 Future Me Program

Applications close 11.59 pm, 12 March 2023.

APPLY NOW >



YEAR 9 and 10

It is time to ensure you have a USI (Unique Student identifier). Students who have not previously obtained a USI can see the careers team. For further information about USI's go to <https://www.usi.gov.au/>.

Year 9 and 10 will have the opportunity to undertake work experience later this year.

Year 9 students will be participating in a Ready to Work workshop later this term. This program prepares the students for organising and participating in work experience. It is an opportunity to understand rights and responsibilities when engaging in work experience. For students and employers to be covered by insurance, a Student Placement Record must be correctly completed and signed by all parties prior to the work experience. This process is covered in the program.

Mr Cairncross

Sports Report

Warilla High has hit the ground running with students nominating and competing at School, Zone, South Coast and NSW All Schools Sport in the first 5 weeks of this term.

Warilla High School Swimming Carnival

This year, the Year 7 and competitors only were invited to the Swimming Carnival. Our swimming families are fantastic, and the competition in some age groups between our students is stronger than the competition at zone and even South Coast level.

The Southern Illawarra Zone carnival is Tuesday 28th, February at Dapto Pool. We have 42 students competing and look forward to seeing students and their families who always come along and support us.

More information to follow concerning School age swimming champions and those qualifying for the South Coast championships on Thursday, 9th March.

Congratulations to the following students who have qualified to compete at Southern Illawarra Zone Championships:

Alani Sims	Logan Lappala	Tahlah Baxter
Georgia Mears	Lily O'Neill	Eli Wrigglesworth
Immy Walsh	Kalani Davies	Sienna Mason
Bonnie Wrigglesworth	Jayla Puljak	Sienna Munro
Maeve Grenfell	Lillian Wiecek	Leivi Willis
Chase Albury	Baxter Devine	Storm Balmain
Tane Te Nana	Mack Elliott	Lucas Krstevski
Ryder Haines	Kobe Hayward	Noah Johnson
Evan Tepania	Maddix Burke	Harrison Ditton
Isabella Smith	Skye Bell	Kynan Burke
Peyton Willis	Ivy Deller	Angel Jones
Makayla Hill	Cooper Walsh	Alexis Bell
Campbell Thompson	Bryce Lowe	Lara Pero
Kobe Sims	Jack Thompson	Jackson Walsh
	Huntar Gittoes	

U 15 and Open Boys South Coast Tennis Trials

We had four boys trial this year, and congratulations to Cooper Simpson, who was selected. Tyson Richards was also selected as a wild card. Well done boys. They will compete at Homebush later this term. With four boys trialling, we have enough interested competitors to compete in the Stan Jones South Coast Tennis KO, for the first time in years.

Open Girls South Coast Tennis Trials

Abby Scolamiero and Chelsea Scolamiero commence their final year of high school, where they have the wonderful record of representing the South Coast every year in tennis. They have again made the South Coast Tennis team. Congratulation to these two.

U15 South Coast Touch Trials – Boys and Girls

Well done to Jordan Barlow and Kobe Hayward, Adison Corcoran and Madison Hemopo for gaining selection in these teams that will compete in the NSW CHS State Championships later this term. Thank you to all the students who trial and parents for transporting them to Fairy Meadow. Thank you also to Maddison Lewis and Kiara Kostovski, who made the day run smoothly by assisting with refereeing.

Open Boys and Girls Southern Illawarra Zone Basketball

Basketball is very competitive in the South Coast, and we were able to field a boys team organised and coached by Mr Will Dean. Our boys didn't make it past the Zone Championships. They are young and enthusiastic and will continue to improve.

Caitlin Russell and Taya Baylis did attend the girls' trial and were selected to trial for South Coast. Charlotte Giles will also trial for South Coast selection.

Southern Illawarra Zone Netball Trials

Because of the volume of girls wishing to trial for this South Coast team, trials are now held, and zone teams are selected. Taya Bayliss (Yr 12) and Zali Hodges (Yr 10) gained selection in the team and will trial on 7th March. Well done to all the girls who attended on the day.

Southern Illawarra Zone Football/Soccer Trials

Again, because of the volume of students who attend trials hoping for a place in the South Coast Boys or Girls Soccer teams, the conveners now hold zone trials and the first 2 rounds of the Puma Cup. Playing in 35 °C heat was a challenge. However, both our boys and girls' teams won through to Round 3. As well the following students have been selected for the zone teams:

Girls: Arabella de Leeuw (Yr 7), Zara Hughes & Jada Manukonga (Yr 8), Monica Gligoroska (Yr 9), Kiara Kostovski , Mariah Stefanovic & Maddison Lewis (Yr 10), Caitlin Russell (Yr 12)

Boys: Isaac Kostovski, Mladen Milosevic & Ike Matthesius (Yr 9), Cassander Grujevski (Yr 11) and Edvard Grujevski (Yr 12)

Congratulations to both teams and the students selected to trial.

Well done to our coaches and organisers, Mr Barry Jones and Ms Simone Boulton.

NSW All Schools Triathlon – Penrith

We have strong swimmers, cyclists and runners in this school and were almost able to get two triathlon teams up and running this year. It wasn't to be this year.

However, we did have 3 individuals nominate with fantastic success. After these championships were cancelled in 2022 because of flooding, Makayla Hill (Yr 8) was competing in her first triathlon. She enjoyed the experience and is motivated to continue training and compete again next year.

Alexis Bell (Yr 11) and Skye Bell (Yr 9) made the NSW All Schools Triathlon team. BOTH girls placed 3rd in their respective age groups. This is such an impressive achievement for both of these girls who train hard.

Alexis and Skye will compete in Devonport, Tasmania, next month at the National Championships.

Congratulations to the three girls. Makayla is pictured below.



Others sports to have been held so far this year include Open Boys Rugby League and South Coast Boys Cricket. Results weren't available at the time of printing and will be reported on for the next newsletter.

Attached is the calendar of events for Term 1. It does not include all the South Coast Knockouts.

Students need to listen to announcements in Roll Call, as well as check the Official School Facebook page, the noticeboard outside the PE Staffroom in E Block or come and ask in the PE Staffroom.

Term 1 2023 Zone, South Coast, CHS and All Schools key sporting dates						
Wk	Sport	Date	Event	Venue	Entries close	NomsConsent
3	WHS Swimming Carnival	Fri 10 th Feb	School	Warilla Pool	Yr 7 and competitors	Mrs Clune
4	Girls SC Tennis Trials U15/Opens	Mon 13 th Feb	South Coast	Collegians Figtree	Mon 6 th Feb	Mrs Clune
4	Boys SC Tennis Trials U15/Open	Wed 15 th Feb	South Coast	Bomaderry	Fri 10 th Feb	Mrs Clune
4	B&G Open Zone Basketball	Mon 13 th Feb	Zone	ISHS Stadium	Wed 8 th Feb	Mr Dean HSIE
4	Girls & Boys U15 Touch Trials	Tues 14 th Feb	South Coast	Fairy Meadow	3 rd February. Wk 2	Mrs Clune
4	Boys Baseball Trial	Thurs 16 th Feb	South Coast	Fred Finch Berkeley	13 th Feb	Mrs Clune

5	Illawarra Open Netball Trials	Mon 20 th Feb	Zone Trials	Illaw Stadium Berkeley	15 th Feb	Mrs Clune
5	U15 & Open Boys RL Trials	Tues 21 st Feb	Zone Trials	Croome Rd	17 th Feb	Mr Delaney
5	Open B & G Soccer gala Day	Tues 21 st Feb	School	Albion Park	Mr Jones /Ms Boulton	Mr Jones /Ms Boulton
5	OR Boys Cricket Day 2 Coast Trial	Tues 21 st Feb	South Coast	Worrigee SC Worrigee	13 th Feb	Mrs Clune
6	B&G + Team Triathlon	Thurs– Fri 23-24 th Feb	NSW All Schools C'Ships	Penrith	16 th February	Mrs Clune
6	Zone Swimming Championships	Tues 28 th Feb	Zone Swimming	Dapto Pool	Qualify from school carnival	Mrs Clune
6	Hassett Cup Boys Cricket	28 th Feb?	School	V ISHS	School team	No team
6	Boys Rugby	Wed 1 st March	South Coast	Kiama	17 th February	Mrs Clune
6	U18's Girls Rugby	Wed 1 st March	South Coast	Goulburn	24 th February	Mrs Clune
6	Boys U15 AFL Trials	Thurs 2 nd March	South Coast	Nowra Showground	17 th Feb. Wk 4	Mrs Clune
6	16 & 18 Girls Rugby League Trials	Mon 6 th March	South Coast	Croome Rd	3 rd March	Ms Spero & Ms Nolan
7	Girls Netball Trials	Tues 7 th March	South Coast	Illaw Stadium Berkeley	Selected from Zone Trials	Mrs Clune
7	Girls Soccer Trials	Wed 8 th March	South Coast	Ian McLennan Oval	22 nd February	Mrs Clune
7	B&G SC Swimming C'Ships	Thurs 9 th March	South Coast	Dapto Pool	Qualify from Zone	Mrs Clune
7	B&G Open Water Polo	Fri 10 th March	South Coast	Uni Pool	Ind Noms	No team
8	B&G Golf	Mon 13 th March	South Coast	Kiama	Fri 3 rd March	Mrs Clune
8	Boys Basketball Trials	Mon 13 th March	South Coast	Bulli HS Bulli	March 3. Wk 7	Mrs Clune
8	Boys Soccer Trials	Mon 13 th March	South Coast	Ian McLennan Oval	27 th February	Mrs Clune
8	Boys 15s/ Opens Rugby League Trial	Tues 14 th March	South Coast	Bomaderry	From Zone Trial	Mr Delaney
6	Girls Basketball Trial	Tues 14 th March	South Coast	Goulburn	From Zone trial entry or ind	Mrs Clune
8	B&G Hockey	Wed 15 th March	South Coast	Unanderra	Fri March 10	Mrs Clune
10	Lawn Bowls S&P	Thurs/Fri 30-31 st Marc	South Coast	Warilla BC Singles Thurs	Fri March 10	Mrs Clune
10	Multi Class Come & Try Athletics	Fri March 31 st	South Coast	Beaton Park		A Demertis Foreshore C
11	B&G Touch Trials	Mon 3 rd April	South Coast	Dalton Park	3 rd March/Zone team	Mrs Clune
11	Gilrs U15 AFL	Tues 4 th April	Greater Sydney	Blacktown	DASH nominate	Mrs Clune
11	U13 Boys Rugby League Country Cup	Tues 4 th April	Shaun Timmins Shield	Figtree		Mr Delaney

With another year comes our South Coast KO's that require staff to coach these teams.

New or existing staff in the school may wish to coach a team

Sport	Commencing Term:	Teacher-in-Charge / Faculty
1. Boys Basketball U15 + Opens	Opens T1	Will Dean HSIE
2. Girls Basketball U15 + Opens	Opens T1	No team
3. Girls Soccer/Football U15 + Open	Term 1	Simone Boulton
4. Boys Soccer/Football U15 + Open	Term 1	Barry Jones HSIE
5. Open Boys Touch	Term 1/early 2	Denise Clune
6. Open Girls Touch	Term 1/early 2	Loren Collyer
7. Rugby League Boys 13,15, Opens	T1	Jay Delaney, Mel Spero PDH
8. Rugby League Boys 14,16	T2	Jay Delaney, Mel Spero PDH
9. Oz Tag Boys & Girls	T1	Jay Delaney, Janine Neden. PDH/CAPA
10. Girls Rugby League 16's & 18's	T1	Mel Spero, KL Nolan PDH
11. Girls League Tag	T4	Janine Neden CAPA
12. Boys AFL	T2	Steve White - HSIE
13. Girls AFL	??	Steve White - HSIE
14. Netball U15 & Opens	T2	Paula Dewhurst TAS; Zoe Elkerton PDH
15. Water Polo Boys & Girls	T4	Mel Tregonning, Zoe Elkerton
16. Mountain Biking	T2	Sara Armstrong TAS, James Wright PDH
17. Volleyball Boys & Girls	T2	James Benning Careers
18. Tennis Boys & Girls	T1	Tash Vasos CAPA . Kirsty Chambers Wellbeing
19. Boys Hockey	T1	Sam Gillard Wellbeing
20 Open Boys Cricket	T1	Steve White
21. U15 Boys Cricket	T1	No Team
22. Surfing	T1 – T2	Drew Cairncross Careers

Mrs Clune

Foreshore Centre

Sustainable Schools Grant

The Foreshore Centre has been successful in its grant application and will be installing a 'Sustainability Hub' in the E-block quadrangle.

The purpose of the Hub is to: -

- Establish a sustainable horticulture program that will complement the existing kitchen facilities allowing harvested produce to be utilised in cooking programs.
- Develop practical skills and provide opportunities for students to engage in project-based learning around sustainable horticulture, water management, and garden-to-plate cooking.
- Establish community partnerships with local organisations such as Shellharbour City Council, Illawarra Environmental Education Centre, Botanic Gardens NSW and local horticultural societies.

- Provide additional cover and seating around the outdoor learning space for 55 Special education students to learn in a safe and pleasant environment.

The old birdcage has been removed with help from students after several decades of service.



The site has been restored to its original garden format, and the vertical gardens and covered areas will be constructed in term 2 with the plants as below.



Herbs & Vegetable Leaf



Native Plants for birds



Bromeliads



Succulents

Art

The Foreshore Centre was engaged in several art projects last year, including this mural situated on the wall of E7 classroom.

The work of art was created by a small group of students who developed the painting over three terms and completed it in term 4, 2022.

Some of the contributors include Soni Whitney, Thomas Roach, Angel Jones, and Christopher McGinnis. Artistic direction from Tricia Hannon and Colleen Palmer.





Warilla High School

Canteen Price List 2023

HOT FOOD

Flame Grilled Chicken Burger	\$5.00	Ham & Cheese Toastie on wholemeal	\$3.00	Ham, Cheese & Tomato	\$4.50
Grilled Chicken & Cheese burger	\$5.00	Ham, cheese, tomato	\$4.50	Tuna Salad Roll	\$5.00
Chicken Burger	\$4.00	Cheese & Tomato on wholemeal	\$3.00	Egg & Lettuce Roll	\$4.50
Meat Pie	\$4.00	Chicken Cheese & Avocado on wholemeal	\$5.50	<u>WRAPS</u>	
Potato Pie	\$4.50	Fetta, Avocado, tomato	\$5.00	Chicken Lettuce & Mayo	\$6.00
Sausage Roll	\$3.00	Baked Bean on wholemeal	\$3.00	Mexican	\$6.00
Burritos Beef	\$5.00	<u>SANDWICHES</u>		Chicken Caesar	\$6.00
Spinach & Cheese Roll	\$4.00	Salad Sandwich	\$4.00	Salad	\$5.00
Spinach Quiche	\$4.50	- Cheese, Tomato, Beetroot, Carrot & Lettuce		Chicken Salad	\$6.00
Vegetarian Nachos	\$4.50	Egg Salad Sandwich	\$4.50	Tuna Salad	\$5.50
Sweet Chili Chicken Wrap	\$4.50	Cheese & Tomato	\$3.00	Egg Salad	\$5.50
Meatball Rolls	\$4.50	Chicken, Lettuce & Mayo	\$4.50	<u>DRINKS</u>	
Fried Rice	\$3.50	Chicken, Cheese and Avocado	\$5.00	Plain Milk small	\$2.50
Cheesy Garlic Bread	\$4.00	Chicken & Cheese	\$4.50	Large	\$3.00
Butter Chicken (Pre Order)	\$3.50	Ham, Cheese & Tomato	\$4.00	300ml Flavoured Milk	\$2.50
Spaghetti Bolognese (Pre Order)	\$4.00	Chicken Salad	\$5.00	Juice Bomb Varieties	\$2.00
Hot Dog	\$3.00	Ham Salad	\$4.50	Chill Iced Tea	\$2.50
Hot Dog with cheese	\$3.50	Chicken & Avocado	\$4.50	Harvest Fresh Juice Poppers	\$1.50
Sauce	.40	Egg & lettuce	\$3.50	Bottled Water	\$1.50
<u>SALAD BOWLS</u>		Curried Egg	\$3.00	Up 'N' Go	\$2.50
Salad Tuscan Chicken	\$6.20	Vegemite	\$2.50	Up 'N' Go Large	\$4.50
Salad Chicken & Ham Caesar (Order Only)	\$6.20	Cheese	\$3.00	Ice Break	\$4.00
Garden Salad	\$4.50	Tuna Salad	\$5.00	<u>SNACKS</u>	
Sweet Potato Salad	\$5.50	<u>ROLLS</u>		Yoghurt	\$2.50
Roast Pumpkin Salad	\$6.00	Salad Roll	\$5.00	Carton Custard	\$3.50
Mexican Salad	\$5.50	Egg Salad Roll	\$5.50	Popcorn	.50
Ham Salad	\$6.50	Chicken, Lettuce & Mayo	\$5.50	Muffins	\$2.50
Chicken & Avocado Salad	\$5.50	Chicken, Cheese & Avocado	\$6.00	Banana Bread	\$2.50
Egg Salad	\$5.50	Chicken Salad	\$5.50	Fruit Salad Bowl	\$4.00
Tuna Salad	\$6.00	Chicken & Cheese	\$5.00	Watermelon Bowl	\$3.00
Greek Salad	\$5.50	Ham Salad	\$5.50		
<u>TOASTIES</u>		Chicken & Avocado	\$5.50	<u>ICE CREAMS</u>	
Cheese Toastie on wholemeal	\$2.50	Cheese & Tomato	\$4.00	Frozen Fruit Cups	\$1.00
		Vegemite Roll	\$3.50	Frozen Yoghurt	\$2.00

COVID-smart measures for schools

Information for parents, carers and students



We know that being together in the classroom is the best thing for our students' learning, growth and welfare. This term we will continue to implement several measures to allow us to prioritise both the wellbeing of our students and a consistent and productive learning environment.



Stay home if unwell

- If your child is unwell, you must keep them at home. If they are displaying COVID-19 symptoms, they should take a COVID-19 test (PCR or RAT) and follow the advice from the NSW Government on [managing COVID-19 safely at home](#).
- Your child should only return to school when they are symptom free.



Vaccinations

- Vaccinations for COVID-19 and other viral illnesses are one of the best ways of protecting yourself, your family and the community. Vaccination is a safe and effective way to give your immune system a helping hand against many illnesses.
- All eligible students and staff are strongly encouraged to keep up to date with their vaccinations to protect their health.
- All staff working in schools for specific purposes (SSPs) are required to be double vaccinated against COVID-19 or hold a valid medical contraindication.



Rapid antigen testing

- Rapid antigen tests (RATs) should be used if your child is displaying COVID-19 symptoms.
- Students who test positive to COVID-19 are encouraged to notify their school and register their positive test results with [Service NSW](#) to have access to timely advice and support from NSW Health.
- Schools will maintain a reserve stock of rapid antigen tests onsite for surveillance testing purposes in the event of an outbreak.



Hygiene and cleaning

- Students are encouraged to regularly wash their hands with soap and warm water, and to use personal protective equipment as required.
- Boosted day cleaning of schools will continue on high-touch areas and other hard surfaces, door handles, lockers, light switches and handrails in stairways.

NSW Department of Education

**Ventilation**

- Fresh air is the most effective form of ventilation to minimise the risk of transmission.
- During the warmer months, cooling will be used together with ventilation methods to balance thermal comfort.
- All learning spaces in government schools have been checked to ensure appropriate levels of ventilation and air purifiers have been provided where needed.
- Using outdoor spaces will continue to be encouraged where possible.

**Masks**

- Mask-wearing is strongly encouraged where possible for all students, staff and visitors, particularly indoors and/or when physical distancing is not possible, and if they have been exposed to COVID-19.
- Mask-wearing is required at all times for staff, volunteers and other workers who support our students who are at greater risk of serious illness should they contract COVID-19, whether they be in schools for specific purposes (SSPs), support units or mainstream classrooms.

**Visitors**

- Visitors can attend school sites regardless of their vaccination status.
- Visitors who are engaging directly with students in certain higher-risk settings for school operations and curriculum delivery and allied health partners for the wellbeing of students, may be required to wear masks.

**Activities**

- Health and safety risk assessments will be integrated when planning activities, including excursions and overnight camps.
- Parents and carers will be made aware of the risk of exposure and will need to give permission for certain activities.

**Responding to local situations**

- Schools will work with the department's Health, Safety and Staff Wellbeing case management team to respond appropriately to local situations, including outbreaks of viral illness.
- In some cases, schools may temporarily introduce additional measures as a 'circuit breaker', including requiring mask-wearing, postponing or limiting non-essential activities and directing cohorts to learn remotely.

**Learning remotely**

- Schools continue to have access to digital, guided and printed learning resources to support students who need to learn remotely.

For more info, visit education.nsw.gov.au/covid-19/advice-for-families

Telephone interpreter service

If you need further information please call your school principal. If you need an interpreter to assist you with your enquiry please call the Telephone Interpreter Service on 131 450 and ask for an interpreter in your language. Tell the operator the phone number you want to call, and the operator will get an interpreter on the line to assist you with the conversation. You will not be charged for this service.

The NSW Government is committed to ensuring school operations continue while prioritising the safety and wellbeing of students and school staff.





Warilla High School UNIFORM SHOP

Order Sheet

ITEM	PRICE	SIZE	QUANTITY	TOTAL
Girls				
Senior Girls Blouse	35.00			
School Dress	68.00			
Senior Tartan Skirt	48.00			
Girls Skort	40.00			
Boys				
Senior Boys Shirt	35.00			
Unisex				
Unisex Shorts	35.00			
Junior Polo	35.00			
Fleecy Jackets (limited stock)	20.00			
Softshell Jacket	73.00			
Sloppy Joe	45.00			
Sports				
Microfibre Jacket	65.00			
Sports Shorts	35.00			
Trackpants	45.00			
Sports Polo	38.00			
Accessories				
Scarf	12.00			
Junior Tab Tie	8.00			
Senior Tab Tie	8.00			
Boys Tie	20.00			
Girls Tie	10.00			
Others				
Reusable Tote Bag	1.00			
TOTAL AMOUNT \$				
<p>Wednesday 12:00-5:00pm Friday 8:00am-1:00pm</p> <p>Shop phone number: 0401 680 325 (only switched on during open hours)</p> <p>Purchase online: https://www.daylightsportswear.com/warilla - pick up from uniform shop</p> <p>WE ACCEPT MASTERCARD, VISA, AND EFTPOS</p> <p>NO CHEQUE PAYMENTS</p> <p>* Prices are subject to change without notice</p>				



Warilla High School



www.hp.com.au/byod

Access Code: Warillahs

All Prices Include: Free Delivery & 3 Years Onsite Support

Optional Accidental Damage Protection Insurance:

For HP ProBooks Only \$97 (\$0 Excess Fee)

For HP EliteBooks Only \$264 (\$0 Excess Fee)



For any assistance please call
your friendly HP BYOD specialist
Fidoh Natividad 0403 944 111



~~\$1,565~~
\$1,087
SAVE \$478

HP ProBook 445 G9 14"

AMD R5 + 3yr Onsite Support
8GB RAM / 256 GB Storage



~~\$1,737~~
\$1,187
SAVE \$550

HP ProBook 440 G9 14"

Intel i5 + 3yr Onsite Support
16GB RAM / 256 GB Storage



~~\$2,007~~
\$1,387
SAVE \$620

HP ProBook x360 435 G9 13.3"

AMD R5 + Pen + 3yr Onsite Support
8GB RAM / 256 GB Storage



~~\$2,095~~
\$1,457
SAVE \$638

HP ProBook x360 435 G9 13.3"

AMD R5 + Pen + 3yr Onsite Support
16GB RAM / 256 GB Storage



~~\$2,243~~
\$1,587
SAVE \$656

HP ProBook 440 G9 14"

Intel i7 + 3yr Onsite Support
16GB RAM / 512 GB Storage



~~\$2,539~~
\$1,787
SAVE \$752

HP ProBook x360 435 G9 13.3"

AMD R7 + Pen + 3yr Onsite Support
16GB RAM / 512 GB Storage

STEPS TO PURCHASING ACCIDENTAL DAMAGE PROTECTION INSURANCE

Purchase Device

Register your interest to
purchase ADP



Wait 4 Days

To receive an email quote



Pay For Add-On Insurance

Enter serial number and
payment details





Warilla High School



www.hp.com.au/byod

Access Code: WarillaHS

Student ready devices direct from
HP at discounted Prices

BYOD Program

Buying directly from HP ensures your child has the right device and support to work in the school environment. Importantly, it guarantees the latest learning devices at affordable pricing. All devices have been selected to meet the schools minimum device requirements.

How Do I Purchase?

The easiest way is to purchase online at www.hp.com.au/byod and use your school code. You can also purchase via the HP Call Centre 1300 725 017 (Mon - Fri 9am - 8pm AEST)

Payment Options?

- Pay with Visa, Mastercard, American Express, PayPal, G Pay, Apple Pay
- Latitude Pay Finance Interest Free for 24 or 36 months contact for more information

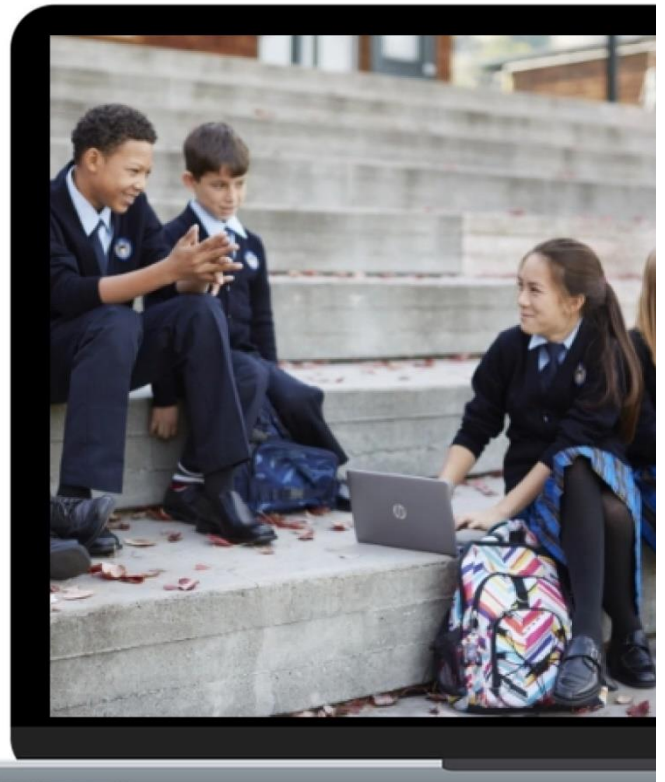
What is Accidental Damage Protection (ADP)?

ADP covers the device against accidental drops, spills or damage. Zero excess for three major claims over 3 years. E.g if a student were to drop their device and crack a screen we will come to site to repair at \$0 excess including parts and labour.

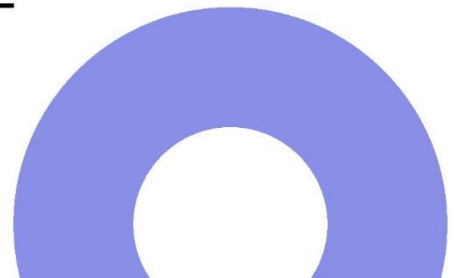
IMPORTANT UPDATE REGARDING THE SALE OF ADD-ON INSURANCES !!!

The Australian Securities and Investments Commission has introduced new regulations regarding the sale of add-on insurance products. These regulations now require a 4 day 'pause' between the purchase of a device and any add-on insurance associated with that device. We are still more than happy to assist you to purchase once that time has lapsed.

BE SURE TO CLICK YOUR INTEREST and we will contact you.



For any assistance please call your
friendly HP BYOD specialist
Fidoh Natividad 0403 944 111





NSW Police Force

Lake Illawarra

POLICE OPEN DAY

**Family friendly event
showcasing various
NSW Police Force units**

**Saturday 25 March 2023
From 10am – 2pm
Lake Illawarra Police Station
6 Pioneer Drive, Oak Flats**

BBQ (gold coin donation to a chosen charity who will be cooking the BBQ)

Gold coin entry donation to a chosen charity who will be working voluntarily at the event to collect donations

**Police units
in showcase:**

- Police Dog Unit
- Aviation Command: PolAir landing, display and take off
- Mounted Police Unit
- Police Rescue
- Marine Area Command
- Traffic & Highway Patrol
- Police Band
- Police Recruitment
- Guided police station and custody tours
- Cst Charlie Mascot



Event to be cancelled upon weather conditions.

For further information regarding this event, please check the official Facebook event via



<https://www.facebook.com/LakeIllawarraPD>

NSWPF/2023/16320



Warilla High School

Keross Ave, Barrack Heights, NSW, 2528

PH: 02 4296 3055 | Fax: 02 4257 1825

warilla-h.school (@) det.nsw.edu.au

Web: <https://warilla-h.schools.nsw.gov.au>

Facebook: <https://www.facebook.com/WarillaHigh>

Sentral: <https://warilla-h.schools.nsw.gov.au/portal2>